DMACC questions necessity for African American History Month

By Cainon Leeds
Editor-in-Chief

African American History Month is nearing its end. Some of Boone Campus’ students and faculty believe African American History Month was and still is necessary to teach everyone about racial discrimination. To them, it’s a time of celebration, education and recognition. Others, however, believe that it has run its course and is no longer needed.

Assistant basketball coach Ben Walker said, “Black History Month has been everything. It’s the reason why I’m here.”

Walker spoke of his gratitude for those who paved the way to racial equality so that he could be in the position that he is today.

Career counselor and instructor Rita Davenport said that, “In an institution of higher education, it’s critical to know where you came from.”

DMACC invited several people to educate students about the contributions that African Americans have made. Speakers like Kyla Lacey, Preacher Moss and Iggy Mwela visited DMACC Boone Campus and raised awareness for the work of blacks.

According to Steve Krafcisin, the director of the Student Activities Council, SAC events usually cost between around $200 and $2,000, and February hasn’t seen a significant rise in spending. Although Krafcisin said that the African American History Month and the Martin Luther King Jr. Day events don’t generate larger audiences than usual, he believes that, “The awareness is what you bring to the campus.”

She recalled George Santayana’s famous quote and said; “Those who forget about their history are doomed to repeat it.”

Social science instructor Sean Taylor also shared his views on African American History Month. He stressed the importance of portraying African Americans in a more honest, positive light instead of how

See MONTH, page 3

Performance enhancing drugs pump up debate on campus

By Josh Stevens
Staff Writer

The issue of whether substances should be used to enhance athletic performance has muddled its way onto the DMACC campus.

Fundamental differences exist around the college regarding the use of substances such as protein, creatine, pre-workout powders and pills, testosterone boosters, pro-hormones, human growth hormones and steroids to improve sports performance.

DMACC’s policy is governed by the National Junior College Athletic Association, which authorizes testing for banned substances, such as steroids. The school does not regulate performance-enhancing drugs that are not on the banned list.

Boone Campus Provost Tom Lee said, “Plain and simple I don’t think they should be used.”

The pressure to be an elite athlete has created a vacuum effect on athletes from high school to the pros sucking some of them into the belief that without these substances they will not be elite. Professional athletes who have faced the consequences of taking PEDs include Barry Bonds in baseball, Jessica Hardy in swimming, Andre Agassi in tennis, Lance Armstrong in cycling, Rebekah Brunson in basketball, Brian Cushing in football, and Nick Diaz in mixed martial arts.

The media attention from the fall of these sports idols has given rise to the glaring reality that faces today’s athletes: You train for a sport that gives you fame and fortune, but if you’re not using PEDs, you will be passed by. Imagine spending 10, 12 or 15 years training for a sport, excelling and then the athlete next to you starts to catch you due to using PEDs.

Kyle Hanna, head baseball coach, spoke to the temptation of the player. “Stop and think to

See PEDS, page 4
Fit in fitness
Classes offer quick work outs at noon, morning

By Kodie Butterfield
Staff Writer

The Fitness and Sports Management program at DMACC-Boone campus are now offering open exercise classes for students and faculty. Individuals within the program are organizing and teaching the classes to any people who come. There is no sign-up for the classes it is an informal process.

Cardio Dance is being offered on Tuesday from noon-12:30 p.m. Boot Camp is offered on Thursday from noon to 12:30 p.m. Yoga is being taught on Monday from 7:00 a.m. to 7:45 a.m.

Student Jolynne Carlson teaches the Cardio Dance and Boot Camp exercise classes. “Those of us in the program noticed a need among the students for more physical activity,” said Carlson. Carlson said it is recommended that people get at least 30 minutes of physical activity a day. The exercise classes offer students a free and fun way to get those 30 minutes in. The classes are informal and provide a friendly atmosphere for students to exercise.

Student Aaron Collins who took part in Carlson’s Cardio Dance exercise class said “I wanted to see what it was like and see if it was something I could incorporate into my routine.” Collins said that he felt he benefited physically from the class and was able to learn some new dance moves.

Smartphone apps for health, fitness

Cruise Control
WHAT: A unique option in a glut of running apps, Cruise Control matches music selections to the pace users want to run. There are four options — Free Run, the app automatically selects music to match your running rhythm; Pace lets users pick a target speed and if they match their running rhythm to the music, it keeps them there; Heart Rate is much like Pace, if runner matches steps to the rhythm of the music, it will get the user to the targeted heart rate; and Cadence has users pick target stride rate and the app adjusts the songs to play at the same tempo.

HOW MUCH: $4.99
FOR: iPhone, iPod touch, iPad

Arzunic Fitness Trainer
WHAT: A big developer of health and fitness apps, Arzunic added Fitness Trainer to its catalog in December. The app gives users more than 600 exercises and more than 100 home workouts — including seven body-part specific workouts — using only body weight, dumbbells or resistance bands. Sport specific workouts for skiing or cycling, for example, are offered as in-app purchases.

HOW MUCH: $2.99
FOR: iPhone, iPod Touch, iPad
Has Black History Month served purpose?

MONTH, con’t from p. 1

they are represented in popular culture.

“The images you see in the shows portray them as rappers and gangsters,” said Taylor.

History instructor Charles Irwin shared similar views, saying, “20 years ago, you would have seen very few lead black charac-
ters in TV shows.”

Taylor said that African American History Month is a way to present children with successful blacks who became doctors, lawyers, inventors, teachers and more.

Walker also shared concern for children learning the import-
ance of the role that African Americans have played in the shap-
ing of American history.

“For our youth, I think it’s important to have Black History Month to remind them of the past,” Walker said.

According to Taylor, blacks were treated like second-class citi-
zens until the 1960s, and over the years people have become more accepting of people of different races.

“You young people aren’t racist like your parents were, and your parents weren’t racist like your grandpar-
tens were,” he said.

S t u d e n t

Taylor Linder said, “Some of the things going on today are a positive outcome of what happened in the past.”

Bear Briefs

Lunch & Learn

On Feb 27 from 12:20 p.m. to 1:15 p.m. in Room 156 there will be a Lunch & Learn session.

The topic will be wellness if your finances. How Healthy is your Dough? It is free to all current students, faculty, and staff.

Seven Oaks

Feb 28 from 4 p.m. to 9 p.m.

DMACC Students Activities will pay for a free ski or snowboard lift ticket at Seven Oaks. You can bring up to 5 family members or 1 guest. Must bring some form of DMACC ID.

Hypnotist

Charles Jones will be performing his hypnotist act in the Courter Center from 12:10 p.m. to 1 p.m.

Exercise Classes

On Mondays from 7 a.m. to 7:45 a.m. there will be Yoga classes.

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On Thursday from noon to 12:30 p.m. there will be Boot Camp classes. All of the classes will take place in the gym.

Illustration by Stacey Walker

History instructor Harold Meyer said, “History was focused on the white male, but that’s changed dramatically over the past 40 years.”

He retraced African American history from slavery before the founding of the United States to the passage of the 13, 14 and 15 Amendments after the Civil War, which outlawed involuntary servile-
tude, extended full citizen-
ship to African Americans and allowed them to vote for the first time. He also made the point that not all blacks could vote until the passage of the Civil Rights Act of 1964 and the Voting Rights Act of 1965.

“To enjoy inclusion in Amer-
ica, you have to be able to vote,” Meyer said.

However, Meyer also said that African American History Month has “run its course” and doesn’t seem to be necessary in modern American society.

“I think it has served its purpose,” he said.

He said it was very help-
ful and neces-
sary for a time, but that time seems to have passed.

I r w i n shared a similar sentiment about African American History Month when he said, “I think things, over time, do tend to lose their signifi-
cance.”

“I think sometimes we go overboard with recognition,” he added.

Irwin’s answer to the issue was to “celebrate all of our differ-
entness throughout the year.”

“He added.

Others be-
lieve that Afri-
can American history does not need special treatment be-
cause it is includ-
ed in American history already.

“Black History Month is a waste of time because they try to make it a separate history when it ties into all history.”

Meyer said, “Real historical equality will exist when we don’t need Black History Month.”

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2.27.2013
Page 4

Campus spars over supplements

“...there’s no point in us all being freaks on the court because it takes away from what you do personally.”

- Jasmine McCoy

point guard

PEDs, con’t from p. 1

If you’d give me $2 million if you do a cycle of anabolic steroids, you’d think really long and hard about it. It’s easy for anybody to say “oh no I’ll never cheat” but that’s a lot of money. And if you’re talking about the guy who’s a year away from retirement or he takes this stuff, he’s five years away from retirement. You’re talking $50 to $100 million that those guys are getting over that amount of time.

The Boone YMCA bans all substances from its weight room because of the abuse of pre-workout supplements by high school kids.

Makayla Brinkley, the senior program director of the Boone YMCA said, “Unfortunately we have a lot of high school students that are misusing different types of substances and they are hurting themselves and their bodies. They are destroying their lives.”

Brinkley said the Y set its policy to protect itself and its members. “Unfortunately we were having a lot of pills coming into the facility and the pills were being spilled, and we cannot have our other members, the younger members, picking those up as that could be potentially life threatening.”

The stance on PEDs around DMACC is not as clear-cut.

Eric Sellers, a student and user of pre-workouts and creatine, said, “Real steroids I would say are bad or illegal, but certain other ones like the ones that help with recovery or healing, I don’t think that’s wrong.”

Hanna stated his feelings on PEDs: “I know there’re guys that think that’s wrong.”

Mary Beth Hanlin, an anatomy and physiology professor, said, “If you take them and you leave it at a level, what happens when you stop? The body’s going ‘woah, what’s going on here.’” She points to Stallone and Schwarzenegger as examples of the steroid dependency. The struggles of these two well-known actors have been documented as they try to maintain their physiques while staying clean.

Mary Beth Hanlin, an anatomy and physiology professor, said, “I feel like that’s not fair for someone like me who doesn’t take anything,” she said. “For me personally I think it’s just how I grew up, my morals and values. I just feel I need to work harder. I want to earn it.”

But based on media reports and sales of performance enhancements, the PED trend doesn’t appear to be going away.

Brinkley said, “I believe that supplements and performance enhancing substances have become a huge problem in today’s society of fitness, wellness and sports because people don’t have the knowledge in how to use them.”

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Phi Theta Kappa inducts new members


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2.27.2013
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Bears seek revenge

Volleyball team starts spring with memory of hard loss

By Jessica McNeese
Staff Writer

Bromhindia Bailey sets her alarm for 6 a.m. every Tuesday and Thursday now that spring volleyball season has started. She is in the gym by 6:30 a.m. with the memory of the last game on her mind.

Last year, the 18 players of the DMACC Bears women’s volleyball team lined up opposite of their archrivals, the Kirkwood Vikings. They ended up playing Kirkwood Community College for the Regional Final game. This game would take them to the national tournament.

They lost in four sets. Every game was neck and neck; they had two games that were within two points of each other. “Being a freshman I didn’t understand the rivalry, but in the finals it touched me. Everyone came together. It made the team realize how important it is to beat them [this fall],” said Bailey.

Bailey, a freshman, played as DMACC’s outside hitter last season. She will be returning to play next season and is seeking revenge on Kirkwood.

Head Coach Patty Harrison remembers that Regional Finals game and knows what it takes to achieve a win.

“I was proud of the girls to be right with them. The program is there. The game could have gone either way. The girls fought till the end,” said Harrison. “My returning players will know what it takes next season.”

Bailey uses this to fuel her expectations. The loss to Kirkwood is her motivation for when she returns to the court this fall.

“My expectations are to beat Kirkwood and better ourselves as a team. We need to learn to play better together,” said Bailey.

Iowa State sophomore Hope Wadle went to Kirkwood last school year and played on the volleyball team there for a year.

“We looked at DMACC as our best competition in the conference. Playing them was probably the most important game in the season, besides the game to go to nationals,” Wadle said.

The DMACC team started its spring season Feb. 1. Freshman Sara Jesse is returning in the fall as a setter for the DMACC Bears.

“So far we are doing open gyms and workouts in the morning. When basketball ends we will get in the gym more,” said Jesse. “We are just at practice working hard to get better every day.”

The team’s record was 28-15 last season and they were fourth in the conference.

“We need to work on serve receive and our defense. It all starts with a pass,” Jesse said.

Assistant Coach Darcy Christensen agrees with Harrison and her thoughts on what to improve on.

“We need to work on team work, coming together, and being able to handle situations during game time. We also need to know whom to score big points,” said Christensen.

Teamwork is a challenging concept to work with at a community college. When the sophomores leave, Harrison has half the team to recruit back.

“I’m a little worried about next season. Our main passers are sophomores and our middles will be completely new coming in,” Jesse said.

Out of the 18 women on the team, five are returning. They also have a transfer and a manager coming in to play.

Harrison has four recruits that have signed and a lot more interested in DMACC for the fall.

“A lot of recruits are holding off but we have a lot of offers out there. A lot of coaches seem to be in the same position. We have some really good middle hitters coming in and hopefully by March we will get the last couple of girls to finish off the team off,” Harrison says.

The transfer student that is going to play with the team next year is Baris Menezes. She is transferring from Texas to play with her sister Sheila Menezes who is one of the outside hitters this fall.

“It feels good to see people coming in and proving that they are good enough or better than the girls that played those positions previously,” Bailey said.

Recruit Carissa Rainey from Ankeny High School feels just as excited to play this fall as Bailey feels.

“I’m excited to play. I like the coach and the players. They are really nice. They have a good group of girls who seem to have a lot of fun. I am also excited to live in the apartments with the team,” said Rainey.

After a hard loss to a rival team in the finals, the DMACC Bears are working hard now to prepare for the fall. They have several tournaments lined up this spring.

“We need to get the team mentally and physically prepared for the regional final game. We want to get back to the national tournament. I think we will be a top contender this year,” Harrison said.

Sports Roundup

Men return to winning ways with victory over NIACC

Jones Jr.’s 28 points catapults Bears to victory

Freshman forward Brandon Nazione, left, 24, scores two of his 18 points on his layup in Saturday’s win over NIACC. DMACC returned to the win column with a 5-point win over the Trojans. Darby Jones Jr. led the way while posting a double double with 28 points and 10 rebounds. With the win the Bears record now stands at 17-12 (6-7) with one game remaining in the regular season. The Bears have off until March 5 when they take on Kirkwood in the season finale.

Five game winning streak snapped with three point defeat to NIACC

Trojans too much despite strong play of Freshman Carlee Schumacher

Freshman point guard, Jasmine McCoy, left, 32, stretching the court in Saturday’s 71-68 loss to NIACC. Carlee Schumacher led the team in scoring and rebounds for the second straight game after putting up 19 points and eight rebounds in a losing effort against the Trojans. The Bears record fell to 21-7 (10-4) with two games left in the regular season. DMACC travels to Marshalltown Wednesday to take on Marshalltown Community College.
Learn from Black History every day, not just 1 month

Most of us, if not all of us, know the famous story of Rosa Parks and the bus seat but what about W.E.B. Du Bois, Louis Armstrong, John Russwurm, and Thurgood Marshall? If you know about all of these individual I applaud you, but if you don’t then you are far from alone. These are a very few of the many influential African-Americans from history. February is coming to a close and the question on my mind as I write this is, what have we done to remember Black History month as a school? I know that DMACC has done a great job this past month of bringing in presenters of different race but that is just about it. I am sure there have been informational sessions but how many of us really go to those? The concept behind them is great and it is awesome that DMACC wants to create more diversity but that should be a goal year round.

As individuals I don’t feel we do much either. Most of us will say that yes Black History Month is important but do we actually do anything to support that opinion? Do we take time out of our day to remember Black History? Personally I know I haven’t done anything differently this month compared to others. I will admit that I’ve seen myself as too busy to really pay much attention to it. When I was in middle school and high school I always remembered Black History month because it was a part of my curriculum. I remember doing different projects each year in middle school and I still remember the individuals I did my reports on but I don’t really think of them as Black History. I think of them as influential individuals who achieved something but I don’t think of them as Black History.

Black History Month takes February and makes it a specific time period to learn about Black History. It’s a great concept to help learning opportunities. Something people need to realize is that black history is American history. I don’t believe we have to have a month dedicated solely to their history. I’m not saying that African-Americans didn’t have it or don’t still have it hard but I am saying we share a common history as a nation.

We should be incorporating Black History Month into our history lessons. I think that college textbooks do an adequate job of having diversity in them. The problem is that there is only so much we can know. We need to remember that when history was being documented many people were incredibly racist and didn’t see a need to include people of color. Since we don’t have the information to be taught we can’t properly teach.

There is however one particular idea that I think we should all take out of Black History Month in general. That idea being that these individuals we learn about overcome racism and a numerous other obstacles in their life and were able to make something out of the lives they were given. Today we all sit around and complain about how horrible our lives are but think about how any of us would have survived racism and being enslaved under abusive masters? I know I couldn’t have.

Simply put black history is a very important part of history because it shows that we think it needs its own separate month. We should take the ideals of Black History Month and use them in our daily life. As a nation we have done a good job of incorporating all history into our curriculum but until L. Douglas Wilder managed to wound as many as 10 of them the job is far from done.

The concept behind them is great and it’s awesome that DMACC wants to create more diversity but that should be a goal year round.

2.27.2013

Opinion

Kodie Butterfield
Staff Writer

Most of us, if not all of us, know the famous story of Rosa Parks and the bus seat but what about W.E.B. Du Bois, Louis Armstrong, John Russwurm, and Thurgood Marshall? If you know about all of these individuals I applaud you, but if you don’t then you are far from alone. These are a very few of the many influential African-Americans from history. February is coming to a close and the question on my mind as I write this is, what have we done to remember Black History month as a school? I know that DMACC has done a great job this past month of bringing in presenters of different races but that is just about it. I am sure there have been informational sessions but how many of us really go to those? The concept behind them is great and it is awesome that DMACC wants to create more diversity but that should be a goal year round.

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We should be incorporating Black History Month into our history lessons. I think that college textbooks do an adequate job of having diversity in them. The problem is that there is only so much we can know. We need to remember that when history was being documented many people were incredibly racist and didn’t see a need to include people of color. Since we don’t have the information to be taught we can’t properly teach.

There is however one particular idea that I think we should all take out of Black History Month in general. That idea being that these individuals we learn about overcome racism and a numerous other obstacles in their life and were able to make something out of the lives they were given. Today we all sit around and complain about how horrible our lives are but think about how any of us would have survived racism and being enslaved under abusive masters? I know I couldn’t have.

Simply put black history is a very important part of history because it shows that we think it needs its own separate month. We should take the ideals of Black History Month and use them in our daily life. As a nation we have done a good job of incorporating all history into our curriculum but until L. Douglas Wilder managed to wound as many as 10 of them the job is far from done.
To agree or disagree? That is the question.  
Answer it 
on the Banner News Facebook page
Today’s Birthday (02/27/15). Confidence is yours, and money keeps coming in, even though it requires vigilance. Home is where your heart is; stay rooted until a breakthrough. Vigilance. Home is where your heart is; stay rooted until a breakthrough.

Aries (March 21-April 19) — Today is a 7 — Enter a two-day negotiations phase with a balanced approach. Having a reasonable and efficient plan helps. Get partners to help with the load if you choose.

Gemiini (May 21-June 20) — Today is a 6 — You’re beginning a generally lucky and cuddly phase. Don’t wait a second longer to enjoy the game. Play full out, especially in matters of love. Sizzle the day.

Cancer (June 21-July 22) — Today is a 9 — Take the lead, especially in your professional life. Some important decisions need to be made. Take one step at a time, and don’t sweat the small stuff.

Leo (July 23-Aug. 22) — Today is an 8 — Study all the angles today and tomorrow, and you’ll discover how valuable you are. You’re an information sponge now. Use your powers well. Don’t pour your profits down a rat hole.

Virgo (Aug. 23-Sept. 22) — Today is an 8 — It’s a good time to travel right now. Figure finances out. Make sure that you’ll make enough to pay expenses. A magnetic female appears onstage.

Libra (Sept. 23-Oct. 22) — Today is a 9 — You’re getting stronger and could have an impatient tendency. Your energy surges. Make sure you’re protected. Reject a far-fetched scheme in favor of a practical solution.

Scorpio (Oct. 23-Nov. 22) — Today is an 8 — You’re lucky in love. Rekindle a commitment and finish up old projects. Travelling isn’t as easy now. Your dreams can inspire a shift for the better.

Sagittarius (Nov. 22-Dec. 21) — Today is a 7 — Better check with the family before making a date with your friends. When you stop thinking about yourself, you can really hear what others are saying. Love thy neighbor.

Capricorn (Dec. 22-Jan. 19) — Today is a 9 — What you say has tremendous impact. You may want to think twice before you post it to the four winds. You’ll be tested for the next couple of days. Sing a song of sixpence.

Aquarius (Jan. 20-Feb. 18) — Today is a 7 — You’ll rather play than work, but you’ll need to find the right balance. Relax to increase productivity. Saving is better than spending now.

Pisces (Feb. 19-March 20) — Today is a 7 — Focus on your work, and solve problems as they arise with grace. Financial aspects are looking brighter after a long winter. Celebrate with friends later.

Los Angeles Times Daily Crossword Puzzle

2/25/15

Edited by Rich Norris and Joyce Lewis

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ACROSS
1 Apt. parts, in ads
4 Talking head
10 Big name in ATMs
13 Charged particles
15 Black-and-blue mark, e.g.
16 Suffix for pay
17 Soft hit that barely makes it over the infield
19 Cranberry-growing area
20 Africa’s Sierra
21 Fed, retirement
22 “T” on a test, usually
23 Like dodos and dinosaurs
24 Gator’s kin
25 Skier’s way up
26 Foray
28 Archaeological age-determination process
31 Testing units: Abb.
34 Rowboat mover
35 With greater
36 “How was __ today?”
37 Abrasions
40 Lawyer’s
41 Not exactly robust
43 Simpsons
45 Completely absorbed
46 Ultimate
48 Binoculars user
49 Lawyer’s
50 Accessory often carried with a wallet
51 Made in China,
52 Look after
54 Merle Haggard’s
55 N.J. neighbor
56 Libertarian
group
growing area
57 Lightened
58 Libertarian
59 Sign in a limo that absorbed
60 Stooge with a gold crown logo
61 Pack animal
64 Statistician’s input
67 Figs.
67 APT parts, in ads
68 Talking head
72 Big name in ATMs
75 Black-and-blue mark, e.g.
76 Suffix for pay
77 Soft hit that barely makes it over the infield
78 Cranberry-growing area
79 Africa’s Sierra
80 Fed, retirement
81 “T” on a test, usually
82 Like dodos and dinosaurs
83 Gator’s kin
84 Skier’s way up
85 Foray
87 Archaeological age-determination process
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98 Simpsons
100 Completely absorbed
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102 Binoculars user
103 Lawyer’s
104 Accessory often carried with a wallet
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106 Look after
107 Merle Haggard’s
108 N.J. neighbor
109 Libertarian
group
110 Growing area
111 Lightened
112 Libertarian
113 Sign in a limo that absorbed
114 Pack animal
115 Statistician’s input
116 Figs.

DOWN
1 The Good Book
2 Pricey watch with a gold crown logo
3 Nose-in-the-air type
4 “How was __ today?”
5 Ocean State sch.
6 Convent dwellers
7 Nut
8 Manhattan is one
9 Golf ball’s perch
10 Choice you don’t have to think about
11 Geological state of elation
12 Violent anger
13 Former (and likely future)
14 Seattle NBA team
15 ‘10s Fed. retirement
16 Lug
17 Gator’s kin
18 Skier’s way up
19 “How was __ today?”
20 Complete absence
21 Long-armed primates
22 Comprehends
23 Tick off
24 Went down swinging
25 Thick end of a stick
26 From a 12-footed primate
27 Saliva
28 Foray
29 “How was __ today?”
30 Abrasions
31 “How was __ today?”
32 Went down swinging
33 Touchdowns
34 Advantage
35 Advantage
36 Advantage
37 Leonard __: Roy Rogers’s birth name
38 Mountain top
39 Advantage
40 Sinus doc
41 Not exactly robust
42 Mountain top
43 Simpsons
44 Security
45 Completely absorbed
46 Ultimate
47 Big bomb trials
48 Binoculars user
49 Lawyer’s
50 Accessory often carried with a wallet
51 Made in China,
52 Look after
53 Icelandic sagas
54 Estimator’s words
55 Lightened
56 Libertarian
57 Lightened
58 Libertarian
59 Sign in a limo that absorbed
60 Stooge with a gold crown logo
61 Pack animal
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Saturday’s Puzzle Solved

IMBU EATS RAH MEAN STALLUME EY AORT PSYCH CONTAINER SAEB LLE J G BOB RENNAULT O K A S \ TRACT ECT RIAE VIA DE T AVA RAY AO AR P Y G Y M C H I M A N Z E E E S E T N E M P O U Z O D E S AIR TRAIN RIGOR MORAL ADONISES HUBBLE NOTGUITYL MOLAR CLAII M BOUTS H S I T ION SKEET

By Don Gagliardo and C.C. Burnikel

2/25/13