If you had an unlimited amount of money to spend over your spring break, where would you go for vacation?

- **Jim Dose:** I would fly to Australia on a private jet with my wife and children. We’d spend a week on the beach in New Castle.
- **Kelley Burkhart:** I would go to Greece. I would want to tour and see the culture. It is really beautiful there.
- **Lang Truong:** I’d go to Hawaii, hang out and do everything I can that they offer.
- **Christine Allen:** Ireland, I would meet a sweet Irishman, fall in love, get married on St. Patty’s day, and drink green beer.
- **Zak Clipsham:** I would go to Vegas and spend my time like they did in the Hangover.

**Veishea is in April; Lazerfest is in May**

Stories by Lacy Stevenson

Treat your mom to a little Five Finger Death Punch this Mother’s Day. That rock band is one of 13 to 14 bands scheduled to appear at Lazerfest in its new location just east of Boone at the Central Iowa Expo on May 13. “They were looking for something different this year for the location of Lazerfest. Wanted flat ground, drainage, and good parking. The Central Iowa Expo had all which was great,” said Ryan Patrick program director at Lazer 103.3.

The past two years Lazerfest has been held at the Indiana Balloon Grounds. Patrick said the Central Iowa Expo grounds are built for thousands of agriculture people but now will fill up with thousands of rock fans. Lazerfest has attracted around 20,000 people each year.

Hot Chelle Rae is the top entertainment for Friday April 20 and Saturday April 21 in the evening at the Molecular Biology Parking Lot, starting at 6 p.m. both nights. Tickets are on sell for all entertainment and are available to buy through Iowa State’s ticket office or on Ticketmaster.

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Both stories continued on page six
DMACC - Des Moines Area Community College (DMACC) student Sarah Woods of Boone has been selected to travel to the National Aeronautics and Space Administration's (NASA’s) Jet Propulsion Laboratory in Pasadena, Calif. May 1-3 to work at the Jet Propulsion Laboratory. Woods is enrolled in Aerospace Engineering. Earlier this month, she was selected to the 2012 All-Iowa Academic Team. Woods has been inducted into the DMACC Boone Campus chapter of the Phi Theta Kappa (PTK) International Honor Society. She is also the Tau Phi Chapter Vice President.

Woods is among the 92 community and junior college students from across the nation selected to be part of the National Community College Aerospace Scholars program. The program is a three-day on-site event at the Jet Propulsion Laboratory or the Johnson Space Center in Houston and offers students from across the nation the opportunity to interact with each other as they learn more about careers in science and engineering. Woods will be a member of a team that will establish fictional companies pursuing Mars exploration. Each team will develop, design and build a prototype rover, then use their prototypes to navigate a course, collect rocks and water and return to a home base.

The on-site experience includes a tour of NASA facilities and briefings from agency scientists and engineers.

Students recognized for academic excellence

Nine Des Moines Area Community College (DMACC) Boone Campus students from Boone were recently inducted into the Tau Phi Chapter of the Phi Theta Kappa (PTK) International Honor Society. The inductees include: Kodie Duckett-Butterfield (front row, left to right), Larissa Parr, Pamela Sargent and Brandi Botkin; Richard Puski (back row, left to right), Christina Johnson, Pamela Van Pelt, Matthew Kirby and Courtney Bunting. They were among the 26 DMACC Boone Campus students who attended the recent induction ceremony on the DMACC Boone Campus. PTK has recognized academic excellence in two-year colleges since 1918. To be eligible, a student must be enrolled in a two-year college, have completed at least 12 hours of coursework leading to an associate degree program and have a grade point average of 3.5 or higher.

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The on-site experience includes a tour of NASA facilities and briefings from agency scientists and engineers.

With this program, NASA continues the agency’s investment in educational programs that attract and retain students in science, technology, engineering and mathematics, disciplines critical to NASA’s future missions.

For additional information, please contact Deborah Hutchings, National Community College Aerospace Scholars program manager at 281-483-8625 or deborah.hutchings-1@nasa.gov.
**Bear Briefs**

**Blood Drive**

There will be a Life Serve Blood Drive on Wed., April 4 from 9:30 am to 12:30 pm. This will be held in the Courter Center. This is sponsored by the Students Activities Council.

**Dodgeball**

The 4 on 4 dodgeball league begins on Mon., April 2, starting at 9 pm in the gym. The league games will be on April 2, April 5, April 9, April 12, April 16 and April 19. This is sponsored by the Students Activities Council.

DMACC Foundation scholarships

Make sure to apply for the DMACC Foundation Scholarships for the Summer and Fall 2012 terms. The link for the scholarships is http://go.dmacc.edu/foundation/pages/scholarships.aspx.

The deadline for the Prairie Trail Scholarship is Mar. 30 at 4 pm. The deadline for other scholarships are Summer: Apr. 6 at 4 pm and Fall: July 13 at 4 pm.

**Dash for Dollars**

The Students Activities Council will be sponsoring the Dash for Dollars gameshow on Wed., April 4 starting at 12:15 pm. This will be held in the Courter Center.

DMACC offers free income tax help

Free income tax help is available at DMACC Ankeny, Boone, and Urban campuses through April 15th. Federal and Iowa individual income tax returns will be prepared by DMACC accounting students who have been certified by the Internal Revenue Service. At the Boone Campus, help is offered Thursdays from 10 am to 2 pm and on Fridays, 9:30 am to 3:30 pm. Call (515) 433-5029 to schedule an appointment.

**FAFSA**

Be sure to fill out your FAFSA for the 2012 - 13 academic year as soon as possible.

**DMACC DOCUMENTARY SERIES—BOONE CAMPUS**

“Bag It!” a revealing documentary focusing on plastic and its influence on the world, will be shown in the DMACC Boone Campus Theatre, Monday, April 16 at 7 pm. A brief discussion will follow the film.

**DMACC Celebration of the Literary Arts**

DMACC’s tenth annual Celebration of the Literary Arts will be held April 2 - 4 with classroom visits to all six DMACC campuses by area writers and literary arts specialists.

Meet up with your friends & family & take a break from cooking! Check out your favorite sports team on our big screen TVs!

Go to our facebook page to see what’s up at the Pig!

113 West Walnut Street
Ogden, Iowa 50212
(515) 273-9946

**DMACC SOFTBALL TEAM WINS TWO OF THREE GAMES ON OKLAHOMA TRIP**

DMACC - The Des Moines Area Community College (DMACC) women’s golf team will begin its fall season with participation in the South Central Kansas Invitational March 19 and 20 at Winfield, Kan.

The Bears won three championships and never placed lower than third in five tournaments in the fall, meaning expectations are high for the spring season.

DMACC BASEBALL TEAM ROUTS MARSHALLTOWN CC, 18-7

DMACC - Freshman Xavier Morris of Golden, Colo., drove in five runs with a pair of home runs and three other players also homered as the Des Moines Area Community College (DMACC) baseball team defeated Marshalltown Community College (MCC) 18-7 March 14 at the DMACC baseball diamond.

DMACC WOMEN’S GOLF TEAM OPENS SEASON AT SOUTH CENTRAL KANSAS SPRING INVITE

DMACC - Freshman Kelcie Burke of Algona shot an 84 to lead the Des Moines Area Community College (DMACC) women’s golf team to a second-place finish at the South Central Kansas Spring Invite March 20 at Winfield, Kan. The tournament was the first of the spring season for the Bears.

DMACC BASEBALL TEAM IMPROVES TO 8-8 WITH SWEEP OF LONGVIEW CC

DMACC - The Des Moines Area Community College (DMACC) baseball team leveled its record at 8-8 after sweeping a pair of games against Longview Community College (LCC) March 10 at Lee’s Summit, Mo. The Bears took the opener by a 7-3 score to end a seven-game losing streak, and came away with a 5-2 decision in the second game.

DMACC SOFTBALL TEAM TAKES TWO GAMES FROM SIMPSON COLLEGE JV

DMACC - The Des Moines Area Community College (DMACC) softball team improved to 5-1 for the season with a pair of wins over the Simpson College junior varsity March 15 at Indianola. Game scores were 24-10 and 6-2.
Help available for aid forms

By Cainon Leeds
Columnist

DMACC Boone will be providing help for students with filling out their Free Application for Federal Student Aid (FAFSA) on Wednesday, March 28, from 9 a.m. to 1 p.m. Doreen Jamison, a financial aid specialist from DMACC Anceny, will be assisting students in filling out their online applications in the northwest corner of the Courter Center.

“We encourage students to get their FAFSA applications sent in before April 1 because that’s the priority deadline,” Jamison said. FAFSA applications take time to process and need to be sent in advance of the fall semester. Applications are accepted after April 1, but the processing will take longer.

While historically, Jamison said participation in these sessions is low, students can benefit from them.

“If I didn’t already have people to help me out, then it would be a lot of help,” DMACC student Nate Andersen said.

For those seeking assistance, only tax information and a Social Security number will be needed to fill out the form. Dependents will need to bring a parent’s tax info and Social Security number as well; but other than that, everything else is provided.

Even if students have already filled out their FAFSA forms, Jamison may be able to answer questions about how FAFSA works or explain its many benefits.

DMACC student Sam Titus plans to fill out his own application. For some students, waiting until March 28 to fill out the form is cutting it a little too close to the April 1 priority deadline.

“The sooner you do it, the better,” Titus said.

Warm weather means softball

By Stacey Walker
Editor in Chief

In the early weeks of their first season, DMACC’s softball team has standing record of 11-6. The softball team went head-to-head against Iowa Central on Sunday, March 25, and lost both games. The team beat Ellsworth a day earlier on March 24.

“We didn’t play as well as we played the day before against Ellsworth,” said coach Bob Ligouri. “Iowa Central is probably our biggest rival right now, but we want to do well against everyone in our conference really,” said Lee.

The women play their home games at the Boone Little League complex. There are no softball facilities on the DMACC campus.

“We’re just going to keep pushing ourselves. I’d like to see us making it to Nationals and setting the bar extremely high as the DMACC Legacy softball team,” said Lee.

Third level of new apartment building goes up over spring break

Mother Nature has provided construction crews with excellent weather as progress continues to be made on the new apartment complex that crews are hoping to have completed by Aug. 1. This new unit will house 32 students on the second and third floors. The first floor will be set up with an honors classroom. This room will have all of the same technology features as a regular classroom, including 15 hard-wired desktop computers.

On the first floor there will also be a quiet study area with six hard-wired desktop computers and a student lounge that will consist of lounge furniture, a flat screen television, vending machines and microwaves. The parking lot will be expanded to make room for more student vehicles.

Pending approval, there also will be an apartment on the first floor for an assistant housing director or an academic advisor that is in charge of registering all of the honors students into the housing complex.

The first floor of this building will be set up for use by all of the honors students and other residents of the apartments at the Boone Campus.
DMACC - Five members of the Des Moines Area Community College (DMACC) men’s basketball players have earned All-Region XI recognition.

Sophomore Nate Mason of Cincinnati, Ohio, was named to the all-region first team, sophomore Rico Saldana of New York City, N.Y., and freshman LaTrell Visor of Aurora, Ill., were named to the second team and sophomore Kurtis Phillips of Adelaide, Australia and freshman LaTrell Russell of Napoleonville, Ill., garnered honorable mention recognition.

Mason, a guard, led the Bears in scoring this season with 500 points and a 15.2 average. He also grabbed 135 rebounds in 33 games for a 4.1 average.

Saldana scored 291 points on the season, averaging 8.7 points a game. He was the team’s top rebounder with 217 and averaged 7.2 rebounds a game.

Visor scored at a 7.9 clip with 260 points in 33 games. He led the Bears in assists with 162 and averaged 4.9 assists a game. Visor also topped the team in steals with an average of 2.5 per game.

Phillips scored 299 points on the season, averaging 9.1 points a game. He finished the year with 192 rebounds, averaging 5.8 rebounds a game.

Russell scored 278 points this season, averaging 8.7 points a game. His 164 rebounds gave him a 5.1 average per game.

DMACC finished the season with a 25-8 record overall. The Bears had a 9-5 record in the Iowa Community College Athletic Conference (ICCAC), good for a fourth-place finish and a No. 4 seed in the Region XI Tournament.

DMACC - Six members of the Des Moines Area Community College (DMACC) women’s basketball team have earned Region XI all-region honors.

Sophomores Sam Thrapp of Davenport and Ashley Hagedorn of Irwin were named to the Region XI first team, sophomores Joscelyn Coleman of Shenandoah and Ann Walker of Exira garnered second-team honors and sophomore Carrie Wood of Martell and freshman Jon- don Wood of Monroe received honorable mention recognition.

Thrapp led DMACC in scoring with 399 points and a 13.3 scoring average. She also topped the team in assists with 123 and a 4.1 average. Thrapp also averaged 2.4 rebounds and two steals a game.

Hagedorn scored 365 points this season and averaged 12.2 points a game. She also grabbed 111 rebounds and averaged 3.7 rebounds a game. Hagedorn led the Bears in steals with 109 to average 3.6 steals a game and she dished out an average of 2.3 assists a game.

Coleman was DMACC’s top rebounder with 240 and averaged eight rebounds a game. She scored 359 points and averaged 12.2 points a game.

Walker finished the season with 179 points and a 6.0 scoring average. She had 54 rebounds and 75 assists on the season.

Carrie Wood averaged 3.1 points and 2.6 rebounds a game. She also finished the season with 43 assists.

Wood also topped the team in steals with 188 and averaged 5.6 steals a game. She averaged 12.2 points a game after scoring 168 points for the season.
By Jessica Kinnetz
Staff Writer

For the tenth year in a row the literary arts festival is once again taking place on the DMACC campuses. This year the Literary Arts Festival will be held on April 2-4.

The purpose of this celebration is to bring well-known fiction and poetry writers to the six DMACC campuses to read their work and interact with students. What had once started off with local writers has now expanded into a campus wide celebration.

Maxine Dickinson, head of the festival, said he wants to expose students to a whole other world they never knew about.

Dickinson states they have four national writers coming in to do a series of readings along with one on one conferences and a Q&A afterwards. Most of these authors are fiction writers, but there are also non-fiction writers at times. Most professional writers do multiple genres.

“We do this because a lot of students have an interest in the arts,” said Dickinson. “But they don’t really know where to go or who to talk to. This is an opportunity for them.”

He along with a group of volunteer students and teachers pick the writers. They must go through a series of tests to see how they qualify. One of the qualities is that they have to be a professor/teacher so they can relate and help people in the audience. Another quality is to see how diverse and unique they are and what they write.

“We want a balance in each region so we can get a nice mix,” Dickinson said. “We schedule where they go to see where they might fit in the best.”

Every campus features at least one female and one male author. The Boone Campus this year gets fiction writer Charles D’Ambrosio from Portland State University and poetry writer Dorianne Laux from North Carolina State University. They will read on Monday April 2 at 11:15 p.m. to 12:15. It will be held in room 173, which is located down in the hallway by the gym.

Veishea cont. from page 1

Veishea will offer music entertainment there is always a musical during Veishea. This year the show is “Rent.” There are many dates and times that “Rent” is being performed. For more information check out the Veishea website, www.veishea.ialustate.edu.

The variety of the entertainment “gives Veishea a positive image,” Bargfrede said.

Lazer cont. from page 1

Veishea cont. from page 1

DMACC hosts Celebration of the Literary Arts

DMACC - DMACC will host the first ever Iowa Veterans Career Retreat called “After Military Service: Achieve Your Education & Career Goals” on Wednesday, April 4 on the DMACC Ankeny Campus. Registration starts at 8 am with the program starting at 8:30 am. The sessions will run until 3:30 pm in the FFA Enrichment Center.

The day-long workshop will feature guest speakers from various industries who are either enrolled in College or have recently been hired. They will offer useful tips and share unique resources to help Veterans achieve their career goals.

The Iowa Veterans Career Retreat will feature a keynote presentation by jobs coach and career expert Cassandra Halls, entitled “Stand up and Stand out. Getting Hired in Today’s Economy.” There will also be breakout sessions on various topics from launching a small business to matching personal interests to a great career. In addition, there will be employer breakout sessions where company representatives from various industries will give advice and insights into getting hired.

The session will close with a panel forum made up of veterans who are either enrolled in college or have recently been hired. They will offer useful tips and share what they’ve learned about getting hired.

DMACC to host Iowa Veterans Career Retreat
March is Multiple Sclerosis Awareness Month

By Lori Harvey
Health Writer

Many students don’t think about Multiple Sclerosis when they are attending college. Many see themselves as invincible others see their vulnerabilities. But the truth of the matter is that MS can hit at any age but is most commonly diagnosed between the ages of 20 and 40. It affects women more often than men.

MS is when the sheath covering the nerve is damaged. This can cause signals to slow down or stop. This damage is caused by inflammation which is when the body’s immune system attacks the nervous system. This can occur anywhere along the nervous system. From the brain to the spinal cord right down to the nerve endings themselves.

MS can affect anyone but those most commonly affected are people who live further from the equator. Those who live north of the 37th parallel get less sunlight than those who live south of this line. This line is along the North Carolina northern border that goes straight across the U.S.

A study done on a patient by Dr. David Brownstein showed that increasing a patient’s vitamin D3 intake, a patient was able to reduce her dependence on a wheelchair, her pain from the symptoms of MS was greatly decreased and she was able to go back to work full time.

Episodes of MS attacks can last for hours, days, weeks or even months. The severity of these attacks can vary as long as the attacks vary. These attacks can alternate with periods of no symptoms.

Things like fever, stress and hot baths can trigger symptoms. Even when a person has no symptoms, their disease can continue to get worse.

Since MS attacks the nervous system, it affects different parts of the body differently. The way MS attacks the muscular system is loss of balance, loss of coordination, tremors in the legs, numbness/tingling in the legs, problems with walking.

The excretory system is affected with urine and stool leakage. The eyes are affected with double vision, loss of vision and rapid eye movements.

The brain and nervous system are affected with decreased attention span, depression, difficulties with dizziness, balance, reasoning, solving problems, as well as memory loss and judgment. There is hearing loss associated with MS as well.

Since MS can look like other nervous system diseases, these can be ruled out by tests that are ordered by your doctor. Your doctor may suspect MS if you have too separate areas of your nervous system that are affected at the same time. This may include reflexes that are abnormal, loss of sensation in more than one part of your body or your ability to move one part of your body is decreased.

In your eyes, your vision field is decreased, the pupils have abnormal reflexes, you have a problem with the inside part of your eye or when your eye moves it triggers rapid eye movements.

There are some other tests that are used to diagnose MS are a spinal tap and an MRI.

There are no known cures for MS at this time. There are treatments to slow the progression of the disease and to relieve the symptoms. These include certain drugs, physical therapy, good exercise and a healthy diet.

By Dan Becker and James Gerstenzang

MCT - The drill-baby-drill Exxon-Mobil with a wish list under the guise of cutting the price of gas. But the truth is we’re already on the way to reducing what we spend on it.

In this political season, we’re hearing the broken-record answers to $5 gas: Drill baby, drill; build the Keystone XL pipeline; and raid emergency reserves. None will solve the price problem today or in years to come. Each feeds the United States’ oil addiction. Each risks damaging the environment or destabilizing Middle East countries. And importantly, this noisy debate over supply misses the point: Nothing will cut gas prices right now. But by reducing how much gas we use, by reducing demand, we are already on the road to cutting fuel bills.

With 98 percent of the world’s oil reserves in the hands of other countries, and an international cartel exerting a powerful hand on prices, the United States cannot control what we pay each day at the pump. Under President Obama, drilling is already up 12 percent. Nonethe- less, prices have risen. Even new drilling everywhere that has the oil industry painting will not provide enough to reduce prices significantly.

The U.S. Energy Information Administration estimates that new drilling on the outer continental shelf would not affect prices over the next decade and would cut them by only three cents a gallon in 2030.

As Oppenheimer & Co.’s top oil analyst, E adel Gheit, told CBS News, “If we drill in the middle of Manhattan and ev erybody drilled in their backyard we would not have enough oil to move the global market.”

The proposed Keystone XL pipeline is also a dry hole. It would pump heavily pollut ing low-grade tar sand oil from sandlocked Alberta, Canada, to Texas portside refineries. Most of the finished product would be loaded onto tankers _ and sent to foreign ports, rather than U.S. gas stations. We’d shoulder the poten tial environmental pain _ pipeline spikes and refinery pollution _ for little domestic supply gain.

Tapping the Strategic Petroleum Reserve makes no sense. It is threatening to shatter the Strait of Hormuz, through which nearly 20 percent of the world’s oil passes each day. Do we want to reduce our emergency reserve just before we might need it? Besides, the modest amount that it would add to supply would have only a small and short-lived im pact on prices at the pump. It’s another non-starter.

In short, we’re in a hole. We can’t drill or pump our way out. That is why cutting demand is imperative for a country that gulps 20 percent of the world’s oil production each day.

Taking the biggest single step we can to cut our oil addiction and global warming pollution too, the Obama administration persuaded automakers to double the fuel efficiency of cars and light trucks. As a result, increased drilling, the administration’s new mileage and emissions standards won’t cut prices today. But unlike drilling, this would forestall the impact of future price hikes by weaning us off oil.

Cars and light trucks average 20 mpg now. That’s like finding a vast new oil supply _ under Detroit.

Bowl for Boobs
Bowl for a Cure

By Lori Harvey
Health Writer

With our own head librarian, Michelle Tedro, fighting breast cancer our campus has become more aware of this type of cancer. This event will help raise money to help raise awareness on breast cancer and also help raise money for those who can’t afford the yearly screenings for this cancer that is quickly becoming a killer for many women.

Last year 150-160 people participated in the event and raised about $5,000. Je Mortvedt said that she is surprised by how much have signed up so far. Bowling for Boobs has returned to Story City at Carousel Lanes. The dates for this event is April 13th thru the 15th. This event is open to men, women and children. The cost is $15 per event and t-shirts are $15 each.

For more info contact Je Mortvedt at 515-231-5800 or email her at jo.mortvedt@gmail.com. You can also contact Carousel Lanes at 515-733-2145.

Bowl for Boobs
Bowl for a Cure

We’re interested in what you have to say. Submit your thoughts to the Banner News at bannertvnews@dmacc.edu or in our mail box near the Courier Center.

03.28.2012 Page 7
Domino is a staff favorite, most likely due to his handsome looks and great personality. When Domino first came to the shelter, he wasn’t quite sure whether he liked us or not, but after much bonding and special one on one attention, he has decided that it’s just about the sweetest girl here. She has a great personality and is amazing with children. She knows sit, down and paw and has a fantastic ball drive. She loves to play fetch and will jump all over the place to try and catch the ball mid-air. She is just a VERY happy girl who would do well with any family. Willow gets along with other dogs and should do fine with cats as well. Domino would be best suited for a house with no small children.

Willow is about 5 years old and is just about the sweetest girl here. She is amazing with children. She knows sit, down and paw and has a fantastic ball drive. She loves to play fetch and will jump all over the place to try and catch the ball mid-air. She is just a VERY happy girl who would do well with any family. Willow plays well with other dogs and should do fine with cats as well.

Today’s Birthday (03/28/12). You’re beginning to realize a purpose and a deeper meaning. Rather than just leaping spontaneously, it would be better to let the big changes simmer, and soak up all the implications, long-term consequences and far-reaching impacts on others. Use friends for balance and guidance. Then follow those dreams.

To get the advantage, check the day’s rating: 10 is the easiest day, 0 the most challenging.

Taurus (April 20-May 20) -- Today is an 8 -- The ball is in your court, and the shot’s wide open. Stay light on your feet, and repeat signals if they get garbled in translation. Play all out, and remember: It’s a game.

Scorpio (Oct. 23-Nov. 21) -- Today is an 8 -- One last check for avoidable errors, but why not live spontaneously, it would be better to let the big changes simmer, and soak up all the implications, long-term consequences and far-reaching impacts on others. Use friends for balance and guidance. Then follow those dreams.

Things clear up today. Listen to a family member who can provide new opportunities and see something you can’t.

Romance follows you around. Say your lines. You've practiced. Relax.

Sagittarius (Nov. 22-Dec. 21) -- Today is an 8 -- One last check for costume, hair and makeup, and you're onstage. You don't have time for nerves, so stay in the moment, and say your lines. You've practiced. Relax.

Cancer (June 22-July 22) -- Today is an 8 -- Y ou’re dreaming of a place, a captivating place. Is it your next vacation destination? A future study opportunity? Or a new job relocation? Consider it carefully.

Capricorn (Dec. 22-Jan. 19) -- Today is an 8 -- Things clear up today. Listen to a family member who can provide new opportunities and see something you can’t.

Now a distributor of Kent pet foods

Sponsored by:

Boone Area Humane Society

Pet Feature

Domino

Willow

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