

### **Rainbow Room Infant Daily Schedule (Classroom open 7:00 AM - 5:00 PM)**

- 7:00 Arrivals; Free Play and Indoor Focus Activity
- 8:30 Snack
- 9:30 Outside/Gross Motor Play and Outdoor Focus Activity
- 10:15 Free Play and Indoor Focus Activity
- 11:30 Lunch
- 12:00 Lunch clean up; tooth brushing; diapering  
Focus Literacy/Self-Selected Book Activity
- 12:30 Quiet Time/Naps, Snacks, Free Play and Focus Activity
  - \* Infant naps are dictated by individual schedule
  - \* Snacks are available as infants wake up
- 3:15 Preparing for Outside Play
- 3:30 Outside/Gross Motor Play; Free Play; Departures

#### **Descriptions of Targeted Experiences:**

Free Play – Infants are allowed to self-select experiences presented in all areas of the classroom within the confines of safety and supervision. During free play times children’s individual routines and needs are met as they come up by the caregivers in the classroom.

Indoor Focus Activity – This experience is planned daily and presented to children multiple times during free play. The focus activity may be presented one-on-one to an infant, to a pair of infants, or a small group. The number of infants present during the activity is determined by interest of the infants and these potential group experiences are always self-selected (an infant’s interest dictates length, duration, and repetition/variation within an experience).

Outdoor Focus Activity – This focus activity is presented in the outdoor environment (weather permitting). This may be an opportunity to take a walk/stroller ride around campus to explore the environment, engage in a gross motor experience, examine our natural world on a different level, or experience the variety of sensory options available outdoors during different seasons.

Focus Self-Selected Book/Literacy Experience – Infants are provided with a special opportunity to focus on language, literacy and exposure to a variety of interest literature. This experience is self-selected, meaning that children can choose to participate in the guided experience or another quiet experience as children transition to quiet time/naps.