



For More Information Contact:



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BIO

Anne Hytrek received a Bachelor of Science degree from the University of Nebraska-Lincoln in Lincoln, Nebraska, and completed a dietetic internship program at the University of Nebraska Medical Center in Omaha, Nebraska. Anne also attended the University of Kansas where she received her Master of Science in Health Education and Sports Nutrition degree. Anne previously worked as an inpatient and outpatient dietitian as well as in management roles within hospitals in the Kansas City area. Prior to working with Hy-Vee, Anne worked at a diabetes center at Providence Medical Center in Kansas City, Kansas. Anne is a Certified Diabetes Educator and has worked with patients having diabetes and heart disease for over 16 years. Anne is a member of the national Academy of Nutrition and Dietetics and the Iowa Academy of Nutrition and Dietetics.

Anne's specialties include diabetes, heart disease, weight loss and basic nutrition counseling. Anne believes in assisting people to develop healthier lifestyles one step at a time. It is her goal at Hy-Vee to increase awareness in the surrounding community of the impact nutrition can have on our well-being and quality of life. Anne offers a wide range of programs and services at your Ankeny Prairie Trail Hy-Vee - personal nutrition counseling, supermarket tours, food allergy information, disease-specific needs and more!