On-line book buying
Students now have options

By Becky Perkovich
Bear Facts Staff

It's that time again. Book buyback time. So tell me, what are you going to do with your books? Sell them for 60% of the price you paid, keep them in hopes of one day needing a resource or maybe give them away. It is a hard choice if you're the one shelling out the cash; and since you know you won't get all your money back, why not spend less. Here is some information that might make the choice a little easier. Let's imagine...

You're new at DMACC and your going to take Psychology 101. You'll need to purchase the required textbook. You go to the Knowledge Knook bookstore on campus and discover that you need the fifth edition of *Understanding Psychology* by Robert S. Feldman. Moment of choice: you A) buy it for $66.25 new or B) spend about 30 minutes searching on the Internet to purchase the required textbook. You go online and find that DMACC has the best used book in stock, you'll soon learn that when searching *WWW.BESTeDEAL.com. All you have to do is type in the book name and author or identification number and voila! You have everything you need to know right in front of your face.

Suggested retail price for *Understanding Psychology* is $75.30, but it sells for as little as $60.64 at *WWW.Rainyday.com. You must remember to add on the cost of shipping at $3.90. This still puts the price lower than DMACC but not by much. Shipping ranged from free to $19.95, depending on how soon you wanted the book. Surprisingly, size, weight, and quantity were not big variables in the fluctuation of the price. While searching through *Amazon.com, Barnsandnoble.com, Bigwords.com, Rainyday.com, Textbooks.com, and Varsitybooks.com*, along with 43 other internet sites that had the book in stock, you'll soon learn that DMACC has the best used price for this text at $49.70.

According to Dee Murphy, a DMACC bookstore sales associate, "The number of books on the buyback list is determined by what we have in stock, if that edition of the text will be used next semester and the predicted enrollment in a course."

If your books don't appear on the official buyback list you could sell them to Doris Wickman, a wholesale buyer for Nebraska Book Company, who will have a table set up outside the bookstore next week. She buys used college text and clean workbooks to be reused by other schools around the nation. "A book's value is graded on a sliding scale," says Wickman. "Copyright and use determine the grade given to any edition; then you are paid up to 30% according to the value determined."

So how can DMACC pay students twice as much for their buyback books? "It's about the same price as we would pay if we had to purchase used books from a wholesaler," answered Murphy. When asked if she thinks Internet buying will affect DMACC sales, she replied, "Yes in some ways. It has increased phone calls of people wanting book information," Murphy said smiling, "However, we don't charge a sales tax on textbooks and how easy is it to return a book online?"

Can you return a new on-line textbook? Good question. It just depends on where you buy it. Some companies have return plans where the buyer pays shipping, sometimes the seller pays shipping and some just aren't returnable.

So, buyer beware. DMACC policy on returns is as follows; students can return any new textbook with a receipt within 30 days and get a full refund. If your psychology book is highlighted or written in, it only qualifies for a $29.82 buyback price. So, if you buy a used *Understanding Psychology* on campus for $49.70 and sell it back at 60% for $29.82, that's $19.88 to use a book all semester, and that's not bad!

Over 500 have registered so far
Classes filling for spring semester

By Mandy Olson
Bear Facts Staff

Finals, last minute Christmas shopping, and selling your books back are all swirling around in your head as things that need to be done before winter break. There's one more thing to add to that list, spring registration. How can we be thinking about spring (registration) before winter break?

Simple, the time is now. The last day to register or add classes is January 14, 2000. That is four days after DMACC begins spring classes. According to George Silberhorn, academic advisor and counselor, "We are up in enrollment from last year. We have 474 students registered at Boone Campus for spring classes, as of December 2."

Right now, six new or returning classes are on the Boone Campus roster for next semester: Emerging Technology, Creative Writing, Systems Analysis, Network Literacy, Biology of Aging, and Commodity Marketing. Creative Writing has been offered in the past and is back in the schedule for spring semester.

Certain classes fill up sooner than others. For example, there are two different biology classes that are filled. All together six classes are full. (Note, this is a week prior to publication of this issue.) We started registration on November 1, 1999; those six classes were filled within the first three weeks," said Silberhorn.

Classes don't always "go." If there aren't at least 12 people enrolled in a class, it may be cancelled. Boone Campus Executive Dean, Kris Phillips said, "If the class is part of a program, and there are fewer than the official number, it is up to us to decide if it goes or not. Most times, the class is needed as a graduation requirement; so I will let the class run with five or six [students] in it.

The sooner students register, the better chance they have of getting the classes that they want. Last spring's final enrollment count was 1050 students.
Boone Campus
donates 25 pints

By Scott Cue
Bear Facts Staff

The blood mobile stops here at DMACC regularly and receives generous donations of blood from students, staff, and faculty. On November 30, 1999, 32 people responded to the need for blood at the Boone Campus generously donating 25 units of blood. Of those donors, 7 were in their first time. Not only did these people donate blood and get free food and drinks; they also were in the running for some prizes donated by Wal-Mart in Boone and by DMACC.

Many have donated but still the need for blood is great. There could never be too many donors, and next time the organizers hope to see a bigger turn out. If you are unsure about giving blood or feel a little leery about it, it is totally safe, and there is absolutely no way to contract disease through giving blood.

Many people you know will require the help of a donor’s blood sometime in their lives. Most elderly need the blood to help them through surgeries and blood transfusions.

The way The Blood Bank of Iowa sees it is that you are in college and have a lot of stress, so you have a couple of million extra blood cells to give. Because you make 17,000,000 red blood cells per second, and seven times that amount when you are stressed out, as you can see, it isn’t unhealthy at all. In one pint you only give up 2.4 trillion red blood cells, and the human body can make that much in 9.3 minutes. Of those donors, 7 were in their first time.

Many people you know will require the help of a donor’s blood sometime in their lives. Most elderly need the blood to help them through surgeries and blood transfusions.

For those who did donate, the blood that was drawn from your arm was shipped to labs where it is thoroughly inspected. Also it gets separated there into three different sections: red blood cells, platelets and plasma. It is then delivered to the hospital blood bank and given to the patients who are in need. Did you know that blood is needed every three seconds? Who knows, you may require some yourself someday.

December 13-17
Monday-Wednesday 8:30 a.m.-6 p.m.
Thursday 8:30 a.m.-4:30 p.m.
Friday 8:30 a.m.-12 noon

Knowledge Knook Bookstore
Book Buyback Sale!

Prizes announced for DMACC
Boone Campus fall blood drive

DMACC BOONE—Barb Gano, nursing instructor and coordinator of the recent blood drive, has announced the following winners. Please pick up your prizes in the nursing department on the second floor:

<table>
<thead>
<tr>
<th>Winner</th>
<th>Item</th>
<th>Donor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jane Burrack</td>
<td>Green cap</td>
<td>DMACC</td>
</tr>
<tr>
<td>Collette deFauw</td>
<td>Yellow cap</td>
<td>DMACC</td>
</tr>
<tr>
<td>Michael Chow</td>
<td>Red cap</td>
<td>DMACC</td>
</tr>
<tr>
<td>April Richards</td>
<td>Blue cap</td>
<td>DMACC</td>
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<tr>
<td>Jan LaVille</td>
<td>$5 gift certificate</td>
<td>Wal-Mart/Sam’s Club</td>
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<td>Mary Jane Green</td>
<td>$5 gift certificate</td>
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<tr>
<td>Josh Keller</td>
<td>$5 gift certificate</td>
<td>Wal-Mart/Sam’s Club</td>
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<tr>
<td>Elainea Davis</td>
<td>Dinosaur beanie</td>
<td>DMACC</td>
</tr>
<tr>
<td>Clare Kostelnick</td>
<td>Tweety key ring</td>
<td>DMACC</td>
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<tr>
<td>Cindy Cory</td>
<td>Martian key ring</td>
<td>DMACC</td>
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<tr>
<td>Connie Booth</td>
<td>Minnie key ring</td>
<td>DMACC</td>
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<tr>
<td>Chris Saunders</td>
<td>White medium DMACC shirt</td>
<td>DMACC</td>
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<tr>
<td>Amie Hull</td>
<td>Teal large DMACC shirt</td>
<td>DMACC</td>
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<tr>
<td>Jackie Seeman</td>
<td>Large planner</td>
<td>DMACC</td>
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<tr>
<td>Harriet Simmons</td>
<td>Medium planner</td>
<td>DMACC</td>
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<tr>
<td>Mikiyoung Lee</td>
<td>Small Weekly planner</td>
<td>DMACC</td>
</tr>
<tr>
<td>Joanne Temple</td>
<td>DMACC stickers</td>
<td>DMACC</td>
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</tbody>
</table>

Try our famous secret recipe pancakes. M-F 5 a.m.-2 p.m., Sat. 5 a.m.-11 a.m.

Is the stress of end-of-the-semester campus life wearing on someone you know?

Then buy an affordable soul-satisfying Care Package filled with homemade goodies from Phi Theta Kappa

Friday, December 10
9 a.m. until gone, L.W. Courter Center

The Grove Cafe
124 Main St.,
Downtown Ames

"Just like home. You don’t always get what you want!"

Try our famous secret recipe pancakes.
M-F 5 a.m.-2 p.m., Sat. 5 a.m.-11 a.m.

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By Joshua Keller
Managing Editor

The academic achievement center is a benefit within itself. In the AAC students can get help with homework from peer tutors, do make up tests and study in a quiet atmosphere. Tutors outside of DMACC can range from $5-$15 per hour, depending on the tutor and a quiet study place is priceless.

Also offered to students are a variety of leisurely activities. These include dances, sports games, comedians, musicians, a pool table, a television in the many different tax forms will be available to students.

Aside from all the information found in the library, there is a wide selection of videos that students can check out. The library offers 2000 videos from which to choose, for a list of videos turn to page #. Students can save up to $3 every time they check out a movie from the library rather than a movie rental store.

For those students that want to stay fit DMACC offers a fitness center located in the gym. It comes complete with a squat machine, treadmill, a stepping machine, bench presses as well as a universal machine. The gym itself is also open for student to use for jogging or practicing basketball. In addition, those students taking the swimming course have free access to the pool at Heartland fitness center.

For the cultural craving student DMACC offers one play every semester (fall/spring) that is free to students that show their library card, whereas it is $5 to non-students.

Department Store Madness

By Joshua Keller
Managing Editor

Christmas is a time of joy and love, a time of family and friends, a time of mad rushes to get the last Furby from the shelves of an overcrowded department store.

Christmas time has become almost a war zone for those people who are trying to get that special gift. No longer the season of giving, Christmas has become a time of hoarding and gathering.

The day after Thanksgiving takes us to ground zero. At 4 a.m. the parking lot. The employees are forced to enter the store through the cargo loading doors because of the eager consumers. By 6 a.m. carts are laid out, special “sale” items line the rows.

The first customer in quickly grabs a shopping cart with a 19” television set already in it and continues to literally run down the main aisle. Shouts are heard as the merchandise is ripped from the shelves and thrown into carts. A few arguments start up about who was at the football tables first. Eventually, one of the customers gives in, too busy shopping to deal with the loss.

After about three hours, the main attractions are completely taken from the shelves. This is when the true Christmas spirit is shown. A phone call comes in for the manager, it is a customer who wants one of the football tables. Unfortunately, they have been gone for quite some time now.

The customer gets upset, he starts to blame the manager for not stocking to meet the needs of consumers. Words are shouted, “coward, idiot, liar, thief”, and then the man says that he will sue the store for their incompetence. He hangs up.

Meanwhile, a man in a wheel chair is doing his best to maneuver through the mob of customers to get to the toy section. All he wants is a Furby. One of those annoying little creatures that resembles a gremlin. He manages to find the last one and puts it in his basket. On his way to pay, another customer decides that she deserves the Furby a little more, and she snatches it out of the man’s basket. Helpless

------Opinion------

The Editorially Independent Voice of the DMACC Boone Campus
December 8, 1999
Narrowing an American century of happenings to pinpoint a single, most important news event or most significant contribution is an impossible task. We are a chain reaction society, and if we are to benefit from the accomplishments—and the mistakes—of our past, we must, with an open mind, carry a host of memories with us into the next millennium.

During the 1990's, who better demonstrated this attitude of learning from our past to better our future than Rev. Dr. Martin Luther King? One need only throw a dart at the enigmatic decade of the sixties to land on a significant event that will forever influence our American culture. We engaged in what would be the longest, and most controversial conflict in our nation's history, average citizens took to the streets in moral protest, and we saw our world leaders, who led his people down a wiser path. His peaceful wisdom paved the way to a rebirth of civil rights—of an ideal that all humankind is created equal.

King was not laid to rest on a bed of roses. Upon exiting the '60s, Vietnamese destruction and the loss of human life continued to enter our living rooms and poignantly changed our view of war. The Iranian hostage situation forever altered our examination of the nightly news, and visited our headlines while an embattled America, once again, lowered its eyes in disbelief. World war and the self-inflicted inflation of the '70s, along with an incredible rise in divorce rates, drove women into the workforce in record numbers. After decades of proving themselves worthy, women continue to battle outdated stereotypes in their quest for an equal wage. Too often—after putting in the same long hours outside the home as their male counterparts—cleaning, cooking, dishes and laundry continue to carry the label of "woman's work," and our neglected youth rebel with guns and bombs while we "adults" scratch our heads.

Decades after viewing the destruction of Hitler, we argue over the viability of entering ethnic wars abroad. Peaceful protests, designed for the good of humankind, are, once again, turned ugly by an updated combination of tear gas and riot gear as good-intentioned citizens are peppered and those of less moral fiber, in profound contradistinction, pillage and set aflame our city streets. The bombing of the Federal Building in Oklahoma City brought terrorism home while the Unabomber and the Des Moines pipe bombs force us to question what lessons were wasted.

Yet, we are a species slow to lose hope. We clench tight our sense of human decency as we fight disappointment with good humor and celebrate our nation's present state of wealth with good music, good food, and good causes. By day we energetically demonstrate our strong work ethic while at night we stimulate our brains further with varying versions of the electronic screen. Our democratic attitude allows us a variety of choices: a news magazine show, sporting event or an entertaining sitcom on TV; a movie in exaggerated proportion viewed in the dark of a theatre or one replayed at our convenience via the VCR or DVD; a private, mind-expanding journey through the Internet or a stimulating chat with a stranger hundreds of miles away; and for those who wish to envision creation in a quieter, more personalized way, a mental walk through a park, a museum or a good book, thank God, remain options.

We are a wonderfully diverse society continually blessed with a capacity to claim individuality while embracing those who share our dreams and ideals. With our wonderful differences in mind, the Bear Facts staff, along with faculty members and other DMACC Boone Campus students, offer the following “Best of the Century” viewpoints as we reflect on the last 100 American years and look forward to the new millennium.
The century

The best book
I have a quote in my office from Charles DeLint, which says, "The question is more important than the answer." When the question is as difficult as choosing the best book of the century, the quote certainly holds true!

The Modern Library Board generated great controversy when they named their list of the 100 best earlier this year (see http://www.library.dmacc.cc.il.us/news/modern.htm), and email and breakfast table conversations have been interesting at my house since I started talking about the issue. Choices have ranged from Neil Gaimon's Good Omens to Dr. Seuss's The Cat in the Hat and Dr. Spock's Baby and Child Care. And, reference librarian that I am, I discovered the best-selling author of the century (Agatha Christie), the best-selling book of the century (Guinness Book of World Records), and the book that stayed on the New York Times Best Seller List the longest (M. Scott Peck's The Road Less Traveled). But my own choice for the best book? It has to be Richard Power's The Gold Bug Variations. I've had to buy four copies of it, since every time I lend it to someone I lose it. It's also the only book about which I've written a web page (http://pc11028.dmacc.cc.il.us/libs123/ric_hard.power.htm). It's a novel that interweaves two love stories, DNA, Bach, codes, musical notation, art, physics, computers, and that stars a reference librarian. What more could anyone ask for?

Ann Watty
Boone Campus librarian

The best car
What is the greatest American car? The Ford Mustang! The Ford Mustang is the American Pony Car. This car is the symbol of prosperity in American society. It is Henry Ford's vision, the perfect car: sleek, stylish, safe, reasonably priced, and dependable. It was chosen by Car and Driver and Motor Trend as car of the year on many occasions and has always lived up to its reputation in the automotive industry. The Mustang—whether it be the Shelby or the Cobra, a 302 or a 429 Boss, automatic or straight stick, always a two-door super-station—has carried her name with pride and dignity. Whoever said perfection is unattainable was wrong!

Becky Parkovich
Bear Facts Staff

The best music
One of the greatest inventions and interventions in medicine this century is the development of immunizations. They can help to prevent the spread of disease and illness. Among the many are vaccines for polio, diphtheria, tetanus, measles, mumps, rubella, Hepatitis B and many others. When used in the greater portion of the population, they can be very effective. The side effects are very minimal, and the benefits outweigh the risks by far. Some illnesses are even obsolete, as we go into the new century.

Jenny Earles
First-year nursing student

The best in sports
So many incredible sporting events have taken place over the last 100 years that it seems menacing trying to pick down one event that serves to be the single greatest. Bear in mind such events as the U.S.A. hockey victory over the Soviets. The Doug Flutie pass to polish off the Miami Hurricanes. The 7 Gold Medals won by Mark Spitz in the 1972 Olympics. The unbelievable Tour De France victories of both Greg Lemond and Lance Armstrong. The Thriller in Manila. The Kirk Gibson World Series home run. The amazing Michael Jordan and his last second shot to dump the Utah Jazz. Joe Montana to Dwight Clark. A whole parade of events could be included, and there are just as many that can be said to have had a huge impact on our nation.

One event, however, stands out to me as the single greatest. Baseball is a sport that has survived all our nations' pain and growth. It is a game that is the fiber of children's dreams, and it is certainly a powerful part of our culture. So, it is fitting that I choose a moment in this sport.

When Mark McGuire belted number 70, I had tears. Do you realize the substance of his feat? Maris and Ruth are absolute baseball giants, and the home run record is one that seemed as distant as a star. I turned to my eight-year-old son and said, "It actually happened in my lifetime." Like the record held by Pete Rose, the new iron man of baseball, Carl Ripkin Jr., these are the records that seem to have followed the very soul of our 20th Century. Mark McGuire has set a standard that could well last until my son says to his son, "It happened in my lifetime."

Terry Jameson
Boone Campus Athletic Director

The best in medicine
One of the greatest inventions and interventions in medicine this century is the development of immunizations. They can help to prevent the spread of disease and illness. Among the many are vaccines for polio, diphtheria, tetanus, measles, mumps, rubella, Hepatitis B and many others. When used in the greater portion of the population, they can be very effective. The side effects are very minimal, and the benefits outweigh the risks by far. Some illnesses are even obsolete, as we go into the new century.

Catherine (Cutie) Houghton
Bear Facts staff

Best TV series and best motion picture
I was torn between two TV series for "The Best of the Century." When I was younger, I would have sworn to you that it was the Smurfs. They were so cute and so blue. Okay, so the Smurfs didn't really teach any lessons; I mean who is ever going to have to repair the dam after a large monster has stepped on it? They did, however, teach little kids (and me) how to share, be polite and make friends. As for now, I would definitely say ER. Not only do you get to see real life (fake) "traumas" but you also get to see how things work in a hospital. My favorite episode had to be on Thanksgiving night one where Carol Hathaway (Julianne Margulius) has her twin daughters.

Best Movie of the Century would have to be Gone With the Wind. I know that all you males are groaning right now, but, come on, have you really ever sat down and watched it? I didn't think so. Gone With the Wind gave me a visual of what the Civil War was like in the South. Not to mention the fact that it was probably the first movie I ever saw that, in the beginning of the movie portrays women as love-struck ninnies, then shows them as strong-willed, able-to-take-care-of-themselves ladies.

Mandy Olson
Bear Facts Staff

The most important conflict
In my opinion, the most important conflict of the century was the recent school shootings. Far worse than the horrors seen in either World War, we now must see children killing children, rather than adults killing adults. In addition, the killings today come without apparent warning, and--it seems--without cause; it is this lack of knowledge that makes these shootings so devastating.

Because of these happenings, our eyes have been opened, whether we wanted them to be or not. We are now faced with the idea that our children are not as safe as we once thought that they were. As more and more shootings take place, we are thrown backwards in the fight to end violence. On Monday, yet another school shooting took place. In Oklahoma City a 13-year-old boy emptied the rounds of a nine-mm pistol. The assailant shot three boys and a girl. If we continue down this path of social self-destruction, future generations will be forced to live in a world of paranoia and mistrust. The children are the future, if they continue to grow up in such a violent world, the future may not be as bright as we hoped it would be.

Joshua Keller
Bear Facts Managing Editor

Found: Valuable Ring
Check with Vicki Lauzon at Business Window for this or other lost items.
Dr. Jane Martino
Empowering students to learn about life

By Rosie Fuentes
Contributing Writer

Upon entering her classroom, you will immediately feel an aroma of warmth and laughter. In the background, one will often hear the sound of Bach, Mozart or Handel playing softly. The music, she says provides a relaxing and less distracting atmosphere for her students to work, especially in times when her students are at a high stress level. Neatly stacked under her computer is a collection of numerous instrumental CD’s that can be heard from the speakers of her computer. The music varies from classical to “drumming music.” She says, “Music is welcoming.” Most students really enjoy the music she plays. It adds to the environment when they walk into her classroom.

Her personality automatically drew me in when I first met her. She has a knack for relating to students on a personal level. In the mornings she is in the hallways waving at students or in her office, which is grand central station for the students. Inside you’ll find hamster cages lined up against the walls from door to door. The squeaking sound of hamsters running around in exercise balls is a familiar scene from day to day. A jar of this month’s candy sits on a file cabinet for the students to enjoy. The office is small and crowded but the students don’t seem to mind.

If you haven’t guessed by now you can find her teaching General Psychology 101, a required course for many students at the campus. Her name is Dr. Jane Martino. Jane stands about 5 feet tall, and has short dark brown curly hair. With an infectious laugh, and an easy going, laid back personality she is a favorite to many students.

Dr. Jane Martino has a very unique way to teach. She makes it fun with amusing labs and makes students want to learn. She is a great teacher.” One will find that is the opinion of a lot of students who have taken her classes. Jaret Mortlan, also a first year student at DMACC says, “Jane is very good about breaking students preconceived notions of their intelligence. She makes them feel that there are no limitations to what they can do.” When teaching a class, Jane seems to have a special tactic for helping students remember and relate difficult information to real life issues. While introducing new material, she always seems to relate psychology terms that her students may find boring to real life stories that her students can understand. When asked about her teaching techniques, she said, “Psychology is fun! I want students to see their life as a creative forward-looking experience. I want them to see that you can truly create your own future. I also want my students to feel welcome and encourage them to want to be there.” Jane also teaches Human Sexuality and Gender Roles, Developmental Psychology, and An Introduction to Ed.

She has a BA in Psychology and Secondary Education from Clark University, an MA in Women’s Studies from the University of Iowa, and a Ph.D from ISU in Child Development. She first started at DMACC for teaching experience while finishing her Ph.D. When asked how she feels about teaching at the Boone Campus, she says, “I love it,” but admits that when she first started teaching at DMACC, she thought it would be a temporary thing, and she could move on to bigger and better things. “I never meant to fall in love with this place, but I just kept coming back and convincing them (DMACC), that it was a good idea to give me more and more hours, and before I knew it, I was in love.” She is married to Nick, and they have two daughters Jen, 22 and Laura, 21. They live in Greene County where Nick is county attorney. Jen is in her first year of teaching, following in her mother’s footsteps, and Laura is a senior at Loras in Dubuque.

Outside of DMACC Jane enjoys gardening flowers. “Grandiosity becomes me,” she says. Her garden now takes over a third of the yard. Jane says that the reason she enjoys gardening so much is because throwing dirt is cathartic for her and helps to relieve the stress of the day. Gardening is “an addiction” for her. Jane also enjoys knitting Christmas stockings for every family member and playing on the computer. She says her number one priority is still parenting. She keeps a journal for each of her kids and likes to spend quality time with them. Jane has two dogs and as you can imagine lots of hamsters. After the hamster races are over for the semester, Jane takes the hamsters that aren’t given away home with her.

Jane has worked in many other areas pertaining to her field. She has worked on a contract program with the state, evaluating and helping set up state grant preschools, which she said she didn’t like because it was too removed from families. She also worked with the migrant Head Start for one month and has written a couple of grants. Jane comments, “No matter where I went to work, I always came back here to DMACC.”

Most students’ overall impressions from having Dr. Martino as a psychology professor is that she genuinely cares about her students and is very effective in making learning fun. There is never a class that has gone by that the students don’t learn something while having fun. She is nurturing and understanding and makes her students ask questions. She wants them to come out of the course questioning the world around them. Isn’t that what psychology is all about?

Pokémon, season holiday craze

By Catherine Houghton
Bear Facts Staff

Soon thereafter, in the United States, the trademark was changed to Pokémon. The new name stemmed from half of the word “Pocket” and half of the word “Monster.”

Pokémon has evolved from just a Nintendo Game to an array of assorted products. Pokémon is the name on trading cards, a movie, sheet music, battle figures, books, a TV cartoon, fruit snacks, and toys at Burger King.

Burger King started an eight-week promotion on November 8, 1999, introducing 57 toys in 56 days, in all kid’s meals. For most of December, Burger King will host a Tuesday trading night for children as well as parents to come in and trade cards with other Pokémon lovers.

The Pokémon craze has drawn concern with parents and schools. At Boone elementary schools, as well as others across the nation, Pokémon trading cards have been banned.

Beth Schultz, a mother and a student at DMACC Boone, says, “Pokémon trading cards do not belong in the schools. Teachers should have the right to take in cards away from the kids, but then they should return the cards to the children, after school is over,” states Shultz.

Shultz also commented that the craze and controversy surrounding Pokémon products teaches the kids many good lessons.” Some sources say that Pokémon trading cards are a distraction from learning and also may teach kids to gamble.

With every product craze comes the good and bad. Pokémon is one of the most wanted gifts for children this holiday season. If you’re lucky, you can find these products by seeking them out on the Internet, using major search engines or finding them in major discount stores, or check out the official Pokémon website at www.pokemnon.com.
Money & Food
Don't leave home without them

By Jay Cue
Bear Facts Staff

Because the college season is nearly a semester old, and I have spent two others just like it, I have come to the conclusion that to the college student, only two things matter...money and food. After spending my entire life having an abundance of both due to the fact that I paid no rent and had my fabulous mother to cook for me, I have realized how important these two items are in everyday college life.

Food is good. Unfortunately, the number two cause of the dreaded "freshman 15" (second only to beer) is food. College kids generally give themselves permission to be lazy, because for the first time in their lives, they can.

Depending on how far away the fridge is, their newest pastime generally becomes consumption of the foods their mothers spent a lifetime telling them were bad. And so the unfortunate cycle begins. A student who used to enjoy lying back in their recliner to watch college football must now sit more erect in able to see the NCAA final four over their now protruding gut. It's a sad dilemma.

The only other drawback to food is that it costs money. This money could usually be spent on something more productive like partying, cable TV, or sometimes even the utility bills (depending on how high the financial aid check was).

Most students figure they can beat the system. They deduce that if one simply doesn't eat, he or she will not only lose weight, but have extra money as well. This seems to the student to be the perfect plan. So the student vows not to eat,foregoes buying groceries for the week and goes a day or two living on Mountain Dew and Twizzlers. Eventually the student realizes when his vision is blurred and he begins to realize there are no groceries in his place, the student then orders a jumbo, stuffed crust, meatlover's with extra cheese. The when the nice Pizza Hut lady tells the student it will be about 40 minutes until delivery, the student heads to Hardee's for a couple Monster Burgers to tide him over until the pizza arrives. Total cost: $16 for the pizza, $6 for the burgers and $4 for the Pepto-Bismol for a total of $26, enough for a weeks worth of groceries (Ramen Noodles and Mac & Cheese). Not to mention the 15-point quiz the student missed out on because he was lying in bed sick as a dog sweating pure cholesterol.

Yes, it is a vicious cycle. But I think I have found the perfect food to break this unfortunate trend. The food you wonder, Little Debbie's. I am convinced that the Little Debbie Company was formed by a couple of fat guys who were sick of the same old expensive trend. So to cure this atrocity, they invented a food that not only tastes good, but also comes at around a buck a box.

Seriously, let's look at the pros. The snack cakes come in about a million or so varieties. They are individually wrapped to ensure freshness, and best of all, they can be eaten right out of the box. This means no dirty dishes to wash later. How ingenious is that!

Now sure, they may contain enough sugar to make a keg of Kool-Aid, but that's one of the good things about them. You see the sugar acts as a food monitor. Just when you think you're hungry enough to devour half of the McDonald's chain, the Snackin' Roll lady tells you it will be about 40 minutes until delivery, the student heads to Hardee's for a couple Monster Burgers to tide him over until the pizza arrives. Total cost: $16 for the pizza, $6 for the burgers and $4 for the Pepto-Bismol for a total of $26, enough for a weeks worth of groceries (Ramen Noodles and Mac & Cheese). Not to mention the 15-point quiz the student missed out on because he was lying in bed sick as a dog sweating pure cholesterol.

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Although my insight may have you stocking up on Little Debbie's fine cuisine, I do want to stress how important it is to eat healthy. So I encourage you to go see your mothers and fathers once in a while on the weekends. It seems like a fair trade: your parents get to see you and in return you get a healthy seven-course meal that doesn't have to be boiled, microwaved or unwrapped. Boy, I'm getting hungry. I can't wait until Saturday; I think mom's making pork chops.

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**Horoscopes**

**By Mandy Olson**

**Capricorn**

Dec 22-Jan 20

Very good Capricorn! You didn’t over spend on those holiday gifts. Finals are coming, get ready. Be confident on your nurse’s exam. If you are, it will go well. Check your wallet twice, Santa may have given you a little extra this year.

**Aquarius**

Jan 21-Feb 19

Take advantage of your local “Angel Tree.” Talk your friends into joining you in brightening someone’s holiday. It will make all involved very happy. Be wary of your speech final—if you don’t prepare ahead of time, you won’t make the grade.

**Gemini**

May 21-June 21

Don’t take too long on that finite math problem on the final; it’ll give you a headache. To be outside, put up your holiday lights, or choose a tree to decorate. Still have a little extra energy? Visit with a new friend at the hospital by becoming a candy striper.

**Scorpio**

Oct 24-Nov 21

New “college” traditions for the holidays. It will help to keep you grounded. Study hard for finals; you’ll have plenty of time to party hearty later. December holds many surprises for you—be sure to keep your eyes wide open.

**Virgo**

Aug 24-Sep 22

Don’t worry about your finals—you’ll do fine. Get out—go play. Do some holiday shopping, decorate some trees. All that work is hard on a soul. Find a friend to take with you. Being with a friend is always better than being alone.

**Libra**

Sep 23-Oct 22

Finally, do what your friends have been bugging you about forever! Don’t wait until the last minute to study for finals—your grades will show it if you do. Get others into the holiday spirit by singing them a carol.

**Sagittarius**

Nov 23-Dec 21

Be brutally honest with yourself about old traditions. Some need to be cleaned out. Begin new ones! Winter break will give you a chance to catch up on someone familiar. Finals will brighten your days—they’ll be over soon!

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**Shopping Madness**

From page 3 to stop the theft, the man calls for management and explains the situation. Sadly, the thief can not be found.

The manager calls the associates to the back and asks if any of them have seen a Furby, everyone answers in the negative. He explains what has happened and an associate speaks up, “I have a Furby on lay-a-way, he can have mine.”

And so the man in the wheelchair gets a Furby after all. Thanks to the true Christmas spirit.

As the day slows down, and the merchandise dwindles to almost nothing. The associates do their best to reorganize the store. It has been a crazy day, and it will continue to be until well after Christmas has ended. For after this comes the madness of the returns.

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**Talk Back**

**“What are you doing to prepare for Y2K?”**

**By Joshua Keller**

Managing Editor

**Aree Baker**

Part-time Student

“Nothing, it is just a number change, 1999 becoming 2000.”

**Merrick Havens**

Freshman

“I just hope my plane doesn’t crash on the way to New Orleans.”

**Erry Hermawan**

Freshman

“I am not doing anything. I am pretty sure that nothing will happen.”

**Jenny Ertz**

Part-time Student

“I don’t know yet. It is too soon to start making plans.”

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**Thanks**

On Friday, December 3, PBL members decorated a Christmas tree for all DMACC students to enjoy this holiday season in the Courter Center. We would all like to thank Terry Jamieson for his help in getting the tree and the great maintenance department for all their help. Members of PBL had fun making the homemade decorations for the tree. Stop by the tree and see the unique ornaments. We hope this tree will help get everyone in the holiday spirit.

Mark Potter for PBL