

## **Bistro**

**Cost: \$17.00** 

All entrées served with your choice of beverage, soup or salad, and dessert Menu subject to change

## Soup or Salad

#### **Sweet Potato Soup**

Crème fraiche, cumin, crispy chickpeas

#### **Autumn Salad**

Arugula, parmesan, lentils, roasted sweet potato, red onion maple vinaigrette

Gluten free, vegetarian

## **Buffet Themes**

Oct 22-24: Southern BBQ

Oct 29-31: Mexican

Nov 5-7: Greek

## <u>Entrées</u>

## NY Strip Steak and Frites \*

Cognac peppercorn sauce

#### **Shrimp and Butternut Squash Fried Rice**

Soy caramel, crispy garlic *Contains shellfish* 

#### Chicken Cordon Bleu

Mashed potatoes, roasted cauliflower and broccoli, mushroom sauce

#### Wild Mushroom Fettuccine Alfredo

Parmesan cream, chive *Vegetarian* 

#### Fried Cod Fish Tacos

White corn tortilla, spicy slaw, chips & salsa

# Artisan Grilled Cheese and Roasted Tomato Bisque

Fontina cheese, sourdough, fresh herbs *Vegetarian* 

Voluntary gratuities are appreciated and help support student learning experiences, including educational meals, trips, and events for ICI students. Please note that gratuities are not distributed to individual students or staff.

#### **Consumer Advisory:**

The Iowa Culinary Institute prides itself on providing students with the highest quality educational experience possible. The ICI Bistro is, first and foremost, a classroom in which every part of the guest's dining experience is provided by the students. We, as culinary educators, believe that our students will be well-equipped to support the workforce locally and beyond if our kitchen focuses on the foundations that are paramount to the industry: safety, professionalism, hospitality, teamwork, and consistency.

<sup>\*</sup> Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain conditions.