



Bistro

Cost: \$18.00

All entrées served with your choice of beverage, soup or salad, and dessert

Menu subject to change

Soup or Salad

French Onion Soup

Sourdough crouton, Gruyère

Harvest Fall Salad

Spring mix, apple cider vinaigrette

Gluten free

Buffet Themes

Sep 16-18: Breakfast

Sep 23-25: Japanese

Sep 30-Oct 2: Mediterranean

Entrées

Korean BBQ Hanger Steak *

Acorn squash, cucumber salad

Gluten free

Grilled Chicken Breast

Orzo, lemon Boursin cream sauce,

grilled broccolini

Seared Sea Scallops *

Creamy corn purée, asparagus,

red pepper and corn succotash

Gluten free

Pistachio Parm Crusted Halibut

Pan-seared halibut, basil chimichurri,

sautéed asparagus, lemon olive oil couscous

Contains nuts

Spicy Cheddar and Apple Veggie Sandwich

Cheddar cheese, honey Dijon mustard, assorted pickles, jalapeño, arugula, honey crisp apple, Parmesan fries

Vegetarian

Sweet and Spicy Tofu

Sautéed pepper, carrot, broccoli, snap pea,

udon noodles

Vegetarian

Honey Ginger Pork Tenderloin

Fried Brussels sprouts, butternut squash purée,

tomato emulsion

Gluten free

Voluntary gratuities are appreciated and help support student learning experiences, including educational meals, trips, and events for ICI students. Please note that gratuities are not distributed to individual students or staff.

Consumer Advisory:

**** Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain conditions.***

The Iowa Culinary Institute prides itself on providing students with the highest quality educational experience possible. The ICI Bistro is, first and foremost, a classroom in which every part of the guest's dining experience is provided by the students. We, as culinary educators, believe that our students will be well-equipped to support the workforce locally and beyond if our kitchen focuses on the foundations that are paramount to the industry: safety, professionalism, hospitality, teamwork, and consistency.