

Bear Facts

Des Moines Area Community College, Boone Campus "Voice of the Boone Campus" January 29, 1997 Volume XXV, Issue 8



Kriss Phillips, Executive Dean of Boone Campus, gets into the fiesta spirit for the International Year of Mexico modeling an authentic sombrero. Sharon Hughes, DMACC student, contributed the sombrero for the celebration.

Disfrutemos de la Fiesta de Mexico "Let's Party!"

By Melinda Gorman
Bear Facts Staff

"It makes me happy to see ... institutions try to understand the differences between cultures and try to overcome them. If you know the small differences, it will unify us"

Emma Mallarino, Boone Campus Spanish Instructor

The Boone Student Action Board will host a Mexican Fiesta (party) for all DMACC students, faculty, staff, families, and the community at the Boone Campus in the L.W. Courter Center, February 14, 1997, from 6 to 11 p.m.

Jeanne Roth, co-coordinator of the event said, "This is the first all-DMACC celebration."

Free salsa and chips will be provided by Boone's Taco John's. Tacos, burritos, fijatas, and other authentic Mexican foods will be provided by El Tapatio at a price range of one or two dollars. Free drinks will be provided by Pepsi and DMACC. Door prizes donated by area merchants will be awarded throughout the evening.

Ann Watts, the Boone Campus librarian and organizer of the children's activities at the fiesta says there will be three crafts: a yarn ornament, a weaving craft, and tissue flowers. The children's crafts will go from 6 to 8 pm

Watts said, "All ages will have fun. I

hope we have lots of kids participating."

Jesse Villalobos and his band will provide "Salsa" music from 8 to 11 pm. The Boone SAB will provide the music from 6 to 8pm.

Decorations are being made by the Boone Campus International Club. They have been making tissue flowers said Roth, AAC instructor and advisor of the Boone Campus International Club. She said, "It's been surprising. People tell me 'I'm not artistic I can't do this,' then after one or two they get into it. It's caused a few people to stop by and chat, some make a few flowers."

Emma Mallarino, Spanish instructor at DMACC said, "I'm happy to see DMACC is organizing this party and all the other international activities every year. I think it shows an openness to learn about and accept other cultures. It makes me happy to see people and institutions try to understand the differences between cultures and try to overcome them. If you know the small differences, it will be able to unify us."

Display cases of Mexican artifacts will be located in the hallway between the main entrance and the L.W. Courter Center. In the lounge near the auditorium there will be videos of Mexico.

Watts added, "We really need a party in February. Winter's getting pretty old by then."

Boone Campus students begin second semester

By Sharon Hughes
Bear Facts Staff

According to the DMACC Boone campus Dean, Kriss Phillips, "All the figures aren't in yet, but it looks like enrollment for spring '97 semester has increased by 1% when compared to the spring of '96 enrollment figures. Enrollment is down when you compare fall '96 enrollment to spring '97, but that is almost expected."

District wide, the average age of a student on campus is approximately 26. Class size ranges between 10 to 35 with the average class having 17-18 seats filled. The majority of students enrolled are high-school graduates.

Dean Phillips said, "DMACC does some advertising on television, radio, and in newspapers. We also do some athletic recruiting. All the teachers recruit. And we count on our current students (like you) to talk about how it's good for them. Word of mouth."

"Everyone is an ambassador for the campus," added academic counselor, George Silberhorn.

Dean Phillips explained about enrollment figures for non-traditional students "The term 'non-traditional student' is pretty much invalid anymore here on our campus. Fifteen years ago an older student might have stuck out like a sore thumb, but now we have many more and they blend in."

Silberhorn agreed adding, "One of the absolutely unique things about this cam-

pus is that you will see faculty sitting down to visit with students. Younger and older students (all nationalities) sitting together side by side, tutoring, studying, and helping one another. Everyone enjoys being together here. We're like a big family."

Rich Finnestead, DMACC adviser added some advice for returning students: "One of my favorite quotes is by Charles Curalt, 'To put yourself in a position to have fate shine favorably upon you.' In other words don't miss class ten times in a semester. As life unfolds for us we might just as well put ourselves in a position for fate to shine favorably upon us."

Lee McNair, sociology professor had the following study suggestions: "Plan ahead as far as getting to class and finding time to get the assignments done. Review the whole course (mainly notes) periodically (every two weeks) not just before the exam, and mentally, when studying and reviewing for an exam, put yourself in the place of the instructor, and ask yourself, 'If I were the instructor what would I think was important?'"

Students experiencing trouble on the Boone Campus can get help in the Academic Achievement Center "To make this semester easier, we have handouts and videos available on test anxiety and study skills," said Cindy Albertson of the AAC.

Students will be going straight through this semester until March 7, 1997, when they have a day off for faculty and staff to meet on the Boone Campus for an in-service day. Then the last week in March, classes will be suspended for the traditional spring break.

Get involved with SAB

By Charles Whiteing
Bear Facts Staff

"As the primary student representative body, the Student Action Board promotes college spirit, provides a focal point for discussion between students and college staff, and gives students a representative voice in college affairs. This government body is responsible for making recommendations regarding the assessment and dispersement (sic) of student activity fees. With these funds, the Board plans activities and provides services to enhance the social, personal, and professional life of DMACC students." This definition is quoted from the DMACC Student Action Board Guidelines and Procedures (Rules

and Regulations).

Summarized it means that the SAB controls the student budget and its distribution, with the approval of the Executive Dean. But it also provides a chance for all students, as well as faculty and staff, to attend the meetings and have a voice as to where the money will be allotted.

There was concern at the January 21 SAB meeting, held in the Courter Center at 12:00 p.m., that neither students nor faculty and staff are taking advantage of the benefits of involvement with the SAB. Terry Jamieson, SAB co-advisor, informed the members that students, as well

Continued on page 4

DMACC Foundation Scholarships Available

By Lorraine Powell
Bear Facts Staff Writer

Do you ever wonder where all that money comes from that you get when you qualify for a DMACC foundation scholarship?

In talking with Rich Finnestad, Boone Campus Scholarship chairman for 26 years, he states that there are 50 different organizations that have given to the foundation.

Board Foundation members are as follows: Bob Flynn, Jack Gano, Wanda Goeppinger, Mark Gustafson, Cay Herral, Al Jensen, Lois Lehmkuhl, John F. Peterson (Boone Foundation President), Dr. W. E. Rouse, M.D., Jeannine Schaub, and John Wassenaar.

There are five DMACC personnel on the Board who are as follows: Pat Butin, Fred Gilbert, Kriss W. Philips, Rich Finnestad, and George Silberhorn.

The Foundation Board meets, on the average, once a month, to approve qualified scholarship recipients. Because of the time and responsibility involved in selecting qualified recipients, a scholarship committee was formed.

Members of the scholarship committee representing the Boone Campus are Rich Finnestad, Counselor, Maggie Stone, Coordinator for the Displaced Homemakers, and Terry Jamieson, Athletic Director.

Out of the 150 applicants this past year, 90 were selected. Scholarships are based on different criteria but definitely academic standing and financial need play the biggest part in the selection.

Because of all the different organizations involved in the foundation,

it allows students to be eligible for all different types of scholarships offered. The foundation board decides which scholarship is most appropriate for each qualified applicant.

Those who have received a DMACC foundation scholarship are automatically eligible to be reviewed for the following semester.

Follow these easy steps when applying

The steps involved in applying for a DMACC scholarship are as follows:

- 1) Have your high school and previous college transcripts sent to DMACC.
- 2) Pick up a DMACC scholarship foundation application from front office file folders or any scholarship committee member.
- 3) Complete a one page information sheet about yourself and your reasons for applying.
- 4) Check back with the scholarship committee chairpersons as to the status of your application.

Finnestad states that all scholarships given have "been well worth it because it gives the student a chance." He says that there is "an open door policy" at DMACC that will not turn away anyone who wants to apply.

Finnestad reports that it is very important for all applicants to get their application in by the deadline. The deadline for the coming fall semester is April. However, he does encourage students who need financial aid to apply even if the deadline is past.

Rezoomers off to a good start

By Lorraine Powell
Bear Facts Staff Writer

The Rezoomers Club had their first meeting of the semester on January 22. The Club is open to all adult students (those who are returning to formal education after being away for two or more years).

The Club's purpose is to provide support, friendship and information to all adult students attending DMACC.

Meetings are held twice monthly on the first Wednesday and the third Tuesday of the month in the SW corner of the Courter Center from 11:30 A.M. until 1 P.M. Members usually eat lunch together and stay as long as their schedules permit.

Joanne Dudgeon is this year's President and Dennis Christensen is Vice President.

It was announced at the meeting that the deadline for the three \$200.00 Rezoomer scholarships that are being offered is January 31. Scholarship recipients will be announced February 14.

A possible family get-together was discussed for this semester to allow adult students the opportunity to acquaint their family with the school.

Also discussed was the existence of an emergency fund which would be made available to students who faced emergency financial situations.

The Club will be planning programs of interest to adult students as the semester progresses.

Parking tickets

DMACC 35675

Date: _____ Time: _____ A.M. / P.M.

Lic. # _____ State _____

Make of Car _____ Color _____

Permit # _____ Lot _____

Student Staff

1. PARKING IN HANDICAPPED STALL \$25.00

ILLEGAL PARKING 5.00

IN PARKING ONLY 1.00

PERMIT DISPLAY 5.00

TOWED AREA 25.00

TOWED AREA 25.00

PLEASE READ INSTRUCTIONS ON REVERSE SIDE YOU MAY NOT NEED A PERMIT.

NON-EXPIRING PARKING PERMITS

Name: _____

Address: _____

Street _____ City _____ State _____

Indicate the number of permits needed: _____

Auto, Pickup, Van _____

Motorcycle _____

Soc. Sec. # _____

Zip _____

Date: _____

easily avoidable

By Melinda Gorman
Bear Facts Staff

Oh no, a parking ticket, now what?

Many parking tickets are avoided by picking up a free parking permit at the office. A minimum of information is required when getting a parking permit such as name, address, social security, and number of permits needed.

A copy of the DMACC parking and traffic regulations will be given out along with a speech. "Park in the back lot. The front parking lot is for staff only. You may park on the street but not on the grass." The one exception to the front parking lot rule is Saturdays when there are fewer students and only the main door is unlocked.

The fire lanes are never to be parked in and students who do so for fifteen minutes or longer will find their cars towed away.

Gary Johnson, grounds superintendent, said, "We're not here to make your life miserable. If I would never have to write a parking ticket, it would suit me just fine."

Students receiving parking tickets need to take the payment to Vicki Lauzon or Martha Ballentyne at the Business Office. All fines must be paid before grades can be received.



Dean's Comments

What is the process involved in the decision to close DMACC because of bad weather?

My decision is made between 5:30 A.M. and 6:00 A.M. for that day. It is done independently of other DMACC campuses. It is reported to the following radio stations: KWBG-AM (1590) Boone, KCIM-AM (1380) Carroll, KKRL-FM (93.7) Carroll, KDLS-AM (1310) Perry/Jefferson, KDLS-FM (101.7) Perry/Jefferson, KLSN-FM (98.9) Jefferson, KEZT-FM (104) Ames. I will also be adding KASI-AM (1430) Ames.

It is not given to any television stations. There is a Boone Campus telephone message line also.

When school is delayed 2 hours, that means that any classes that start before 10:00 A.M. are canceled.

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Just your typical nontraditional

By Patrice Harson
Bear Facts Staff

"What is Iowa without its people?" Gov. Terry Branstad asked this question in his Condition of the State speech a week ago Tuesday. He went on to say that we are a state of immigrants, hardy pioneers who braved nature's cruelest elements to build homes and farms, and raise families. He spoke of our parents and grandparents who faced the sting of winter winds, never turning back, and building a life that revolved around work, family and faith.

Although the circumstance of our challenge is varied, to some extent nontraditional students have become the hardy pioneers of the nineties. In our ever-changing business and personal worlds, necessity often outweighs choice when considering further development of academic skills. We all must face those cold winter winds from time to time. Reigniting the fire and warming up our brains can be a bit overwhelming. It can also be exciting and a privilege appreciated more by those who had been denied educational opportunity immediately following high school.

Kriss Philips, Executive Dean of DMACC's Boone Campus, was first introduced to the term "nontraditional" 25 years ago. He recalls that seeing a 40-year-old student in the college hall back then was considered unusual. This is no longer the case. Originally, a student was considered nontraditional if not directly out of high school. The definition was then stretched to include students 23 years and older. Today the average age of a DMACC student on Boone Campus is 26 years, according to Janet Bryan, Administrative Secretary for Student Services at DMACC's Ankeny Campus. No matter in what stage of the journey we currently find ourselves, building a life that revolves around work, family and faith continues to involve commitment and determination.

What would DMACC be without its wonderful diversity? I hope your initial contacts have been as enlightening as mine. I have witnessed American students voluntarily assisting our modern immigrants with their understanding of assignments and our confusing language. I've discovered that the young and the not-so-young mingle quite well in mutual respect. Returning students have done their part in acquainting me with new surroundings. Faculty and staff have demonstrated patience and guidance above and beyond requirement.

In future articles I will be sharing the experiences of adult learners from Boone and other campuses. Our knowledge of life's lessons--where we've been and what keeps us from turning back--carries benefit for students of all ages. Recognizing this insight gifted from various backgrounds, I am grateful that I have landed at DMACC and been given an opportunity of becoming a member of this marvelous community.

Korean Vs. American food habits

By Woo-Im Jang
Bear Facts Staff

I am an international student. When I came here, I had culture shock because of the different food menus and some ingredient for main dishes like turkey.

From that time, I felt that American food had high protein, saturated/unsaturated fat and high calories for me. For example, breakfast at the cafeteria has a variety of eggs, sausage, bacon with pancakes, waffles and cereal. Most students drink a couple glasses of milk, orange juice, grape juice and some of tea or coffee.

At lunch, they eat hamburgers, pizza and sandwiches. Three of these foods contain meat, sausage and ham products with a little vegetable.

At dinner, they eat steak (pork and beef), chicken, turkey and spaghetti with a piece of bread. For lunch and dinner, they usually drink Coke, Pepsi and 7-up. In comparison, a Korean food menu is not different three meals per day. This means that a Korean menu has the same main dishes for three meals like rice, soup and Kimch (kind of vegetable; favorite food for Korean, so they eat it every meal). And a Korean menu has side dishes like meat, poultry, sea food and other various vegetables (basically side dishes can be 6-7 kinds). We just change the side dish for each meal.

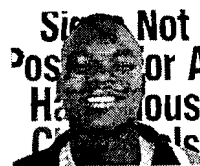
In addition, we just drink water (NO POP). Therefore, we eat low-calorie food because of a little protein product and huge fiber food without oily or fatty dressing. However, I think that most American students eat not enough fiber food like vegetables. Of course, it depends on individual differences.

When I eat American food, I try to consider the calories because I do not

want to gain weight. In my country, I never considered calories because most Korean food did not use cheese for topping, butter and many kinds of dressing like French dressing, Thousand island dressing and so on. All these things help toward good taste, but they also have many calories.

In my case, I just have eaten salad without dressing and I have eaten pizza without cheese powder. By the way, American food is good for me when I need more energy because Korean food has less energy. Therefore, I think that American food is helpful to children and adolescents, but Korean food is helpful to adults because they do not need as much energy.

If you can try to mix Korean and American style eating, perfectly, you will not need to worry about your weight.



Daily Grind

by columnist formerly known as Moses

Hello you shiny, happy people! Are you thinking of direction and why you got it? Well what do you know? A new year, new semester, a new haircut (I went zero) and new name. Well... sort of. If you are confused as to what zero means, let me briefly explain. Zero is the term used in my vernacular referring to when someone shaves all the hair off. In actuality I was really trying to be like Mike.

Now the name thing. Since the artist formerly known as .. disposed of his musical name, I figured I should do the same and adopt a symbol for a name. Exclamation! That carries with it a little too much excitement. Then, I thought of question mark. But then everyone would be saying huh? What? Finally I stumbled on to something that would suit me just dandy. @! This is where it's @.

How about we dip into that sauce called '96 and taste some of the sweet and bitter moments. Bitter first: all wars, diseases, snakes, mean people, and the discontinuation of Calvin and Hobbes. Now for the sweet: Olympics, graduation from high school, bubble gum toothpaste, meeting no one famous, Seinfeld, and Hootie and the Blowfish.

It's '97 and things look promising. Cartoon network (Speed Racer), I discovered potato pancakes and Perkins is open 24 hours. So until next time dig and be dug.

Where oh where are those school cancellations

By Mark H. Williams
Bear Facts Staff

The snow was blowing. It was 10 below zero, with a wind chill of 50 below. I wondered if we would have school or not on a day like that.

Many of the DMACC students and staff were also wondering whether to brave the elements on that cold January day. The question then became, how to find out if we had school. Not an easy task for most people on January 16.

None of the television stations had the answer, even though they carried many notices from other schools. None of the radio stations that I listened to, or that other students and staff listen to, knew the answer either. All of these stations were asking for someone to call in and let them know what DMACC was doing. No one notified them that day.

Some called the DMACC campus phone line to see if they could get any information on classes that day. Those who got through found out that classes had started at 10.

The main problem is that the radio stations many of the students listen to are not the same ones that receive the notifications for DMACC. A simple solution would be to include some of the more popular stations that students and staff listen too.

The radio stations on the list are the local stations, but how many students and staff listen to them? With out the list in front of you, you may have no idea where to look on the radio dial. Some didn't happen to have a copy of the Bear Facts or office memo in front of me on January 16.

Why are there no TV stations on the list? One of the first things I do in bad weather is to turn on the TV to see how bad it really is outside. In the morning, before my brain has had time to kick in, I need a visual. Put it in writing in front of me.

If it had just been me not being able to find out, I would have said, "oh well, goofed again," and let it go at that. The problem is though, that I, and many of the Bear Facts staff herd this complaint from all over campus.

Maybe the problem is that no one has told any of the administration about this problem.

The solution is a very simple one, and has two simple parts. 1. Put at least a couple of the Des Moines based radio stations that the students listen too on the list. I would suggest KKDM (107.5) and KGGG (94.9). 2. Add at least one TV station to the list, if not all of the stations in the effected areas.

These steps would be easy to implement and make the students and staffs lives a bit easier.

And another problem that has been brought up, how do you find out when your kids get out of school early? Primary schools are often dismissed or canceled when DMACC is still holding classes. If anyone has a possible solution to this problem please let us or the administration know.

SAB

Continued from page 1

as staff, have been approaching him regarding raising more money for their programs, clubs, or special interest groups. Jamieson's reply was, "The people who are belly aching about not having money for their programs need to get more involved with the Student Action Board and realize that they can help." Jamieson then recognized Theresa Johnson, president of the SAB, saying, "Theresa has bent over backwards to put on these SAB meetings, and students and faculty don't take advantage of them." Johnson was concerned when she said, "If you need money for your programs come to the meetings and express your concerns and interests. If you don't come, you're not going to get any money."

Meeting attendance was another concern of the Board. All members of the SAB must be in attendance at the meetings unless an excused absence has been previously discussed with the president of the Board. Two elected members have unexcused absences for the majority of the scheduled meetings. This was discussed, and consequently, it was unanimously voted that Joel Cox and Stacy Strovers would be dismissed from duty as members of the SAB. The remaining members will appoint replacements to fill the vacancies.

During the meeting's business proceedings, the NSU (Nursing Students United) were unanimously presented with \$100.00 out of the student budget. The NSU, each Christmas, adopts an underprivileged family in the Boone area and presents them gifts. This past Christmas, the NSU withdrew the money from their own budget. Since they were pressed for time, they did not ask for the funding from the SAB, so in order to bring their account up to budget, SAB assistance was necessary.

Chris Abbott, elected SAB member, resigned his position on the board this semester after being accepted to the University of Northern Iowa. Patty Fehr, also an elected member, was the SAB's acting alternate, and will be replacing Abbott this semester.

The SAB will be hosting the February 14 Mexican Fiesta Night and cordially invites all to attend and enjoy.

Members in attendance at the meeting include Amie Herrick, SAB secretary; Charles Whiteing, Bear Facts SAB delegate; Fehr; and Johnson. Others present were George Silberhorn, SAB co-advisor and Jamieson. Dana Hesser, SAB member, was absent due to a scheduling conflict with classes.

The next meeting will be scheduled after Johnson receives class schedules from all members. Further information will be posted on the campus bulletin boards.



Joy Weidow

I would need to know first if anybody else in government had the right to wait or if there is a law stating that this cannot be done. If there were, then I would say to wait. But if not, then if the rest of the United States is required to go to trial when called, even if they are "busy", then, as a U.S. citizen, he should be required also.



Cindy Miller

I think it should be dropped. It should have happened when it occurred.

If you are a Boone DMACC student and are interested in filling a vacancy as an at-large-member on the Boone DMACC Student Action Board, contact Theresa Johnson in person, or E-mail her at TMJ2101. Please let her know by 12:00 p.m. on Friday, January 31

Talk Back

Do you think that President Clinton should go to trial for sexual harassment charges against him while he is in office?



Jeni Carr

I don't think he should have immunity, but I think the media makes too much of it. I think it should wait until he is out of office.



Jaclyn Kelley

They should wait till after his presidency. She is just trying to get publicity.

Recognize the signs of stress

By Moses Lueth
Bear Facts Staff

Imagine you are in a new environment, you don't know anyone, you're having trouble finding your way around, and the whole unfamiliarity of your new situation is overwhelming and very stressful.

Stress is an everyday problem for most people. Whether it is too much burden from work, relationship problems, or unfamiliar surroundings, stress is usually the result of change or adapting to a new situation.

Contrary to the belief that stress is caused by the surrounding external environment, General Psychology instructor Jane Martino says that stress is the result of "how you internally deal with opportunities and challenges in your environment."

There are many signals of stress. Since not all people are the same, stress affects some people more than others. Martino says that some are more stressed because they have a more difficult time adjusting to changes, while others are

better adapters.

Some signs of stress are: feelings of anxiety, depression, withdrawal, irritability, and increase or decrease of appetite. Stress also has physical effects on the body. When there is stress, the immune system is more likely to be susceptible to illness than when not stressed.

In times of major crisis such as a death in the family, divorce, injury or illness, and loss of a job, stress is prevalent.

Although stress is a permanent part of life, there are ways to reduce and cope with it. A major part in learning how to deal with stress is to be ready for change, advises Martino. Another component to reducing stress is to get physical exercise and have a healthy diet. "Deal with relationships in your today," says Martino. "Talk things out in a constructive way." Balancing activities is important. All work and no play leads to plenty of stress. Martino says that it is important to have some time for fun everyday.

Stress is only a problem if it is left to become one, but what does not kill you, only makes you stronger.



Iowa poetry contest announces deadline

By Charlynn McFerren
Bear Facts Staff

The Iowa Poetry Association will be holding its 52nd Annual Poetry Contest. This group is looking to promote Iowa poets and has several cash prizes awaiting talented writers.

The association is open to membership, and its annual dues are \$5. The anthology, *Lyrical Iowa*, is published annually, and contains 300 or more poems by Iowans who have won these contests. This is a great opportunity to break into the world of poetry.

The deadline for the 1997 contest is February 15, 1997, and the winners will be announced in mid-June. For a copy of the rules, come to the *Bear Facts* room.

Evita

Eye and ear candy at its best

By Mark H. Williams
Bear Facts Staff

"Don't cry for me Argentina. The truth is, I never left you," but the memory of this movie probably will. With Madonna as Evita, and Antonio Banderas as Che, I thought this movie had all the makings of a major disaster. I was pleasantly surprised though.

Eye and ear candy at its best, *Evita* is not historical, nor is it a great movie, but it is fun, energetic, and full of talent brimming over in every scene. A night full of entertainment and music, which does get repetitive and sounds an awful lot like all the other Rice/Weber scores, is what is in store for the view.

On the first thought of Madonna as Evita, I was very apprehensive. Does she really have the talent to pull this off? Then, upon further reflection, I realized these two women are very similar, both using others for their own gains. To top it off, Madonna can sing the songs, and, even convinces you that she is Eva Peron.

Then the question was Antonio Banderas as Che? Yes, he is good looking, but this is a musical. Well, he can sing, and was quite affective as he smirked and sneered at Evita's ways, taunting her with the questions that only he dared to ask her.

If only this movie did not look and feel so much like a two+ hour music video for Madonna. This is the biggest flaw of the movie. The movie is made for the MTV generation; Cut...Cut...Cut.... Yes, it's energetic, but by the end I was longing for just one good pan shot.

Even though the movie is based on the life and events of Eva Peron, this is definitely a fictionalized account of her life, not a historical perspective. The story of how a poor illegitimate girl rises from poverty, to dance hall slut, to movie star, to becoming one of the most powerful and adored women in the world, is a fascinating and enjoyable experience.

A very slick movie has been made here. Maybe that's its other problem, nothing to stick to, a Teflon movie, lots of fun, but no substance under the surface; easily forgotten in time, if not for the great acting.

A definite must see for those interested in modern pop culture. As I viewed it, Evita's climb up the social ladder earns her an enthusiastic ☺☺.

Boone Campus writers asked to submit work

By Charlynn McFerren
Bear Facts Staff

The desire to create. How can I describe the feeling it gives to create something that is entirely your own? When we are recognized for making something or doing something new; it gives you an "edge" over others. The excitement caused by writing, especially writing poetry, is one that often compels me to do more. With each new piece I create, I strive to make it greater than the last.

We are looking for poets and other creative writers here at *Bear Facts* because we want to publish your writings. If you express your creativity through poetry, prose, or short stories (fiction and non-fiction), you can submit your writings to our office for publication in future issues. Who knows where it may lead!

Submit writing to Jan LaVille, Bear Facts adviser, or place them under the door of RM 210, clearly labeled with your name and phone number.

The Mountain

By Charlynn McFerren

I looked up at the Mountain.
Standing with all its brilliance
against the backdrop of the shining sun.
As a child standing on the ground,
this filled my vision, and it was the only thing I saw.
I spent my life planning and preparing
for the day when I would start my ascent
up the mountain path.
And as I grew, I became stronger and wiser.
I became fearless.

At the beginning of my journey
I started up the mountain
and my heart was full of happiness
because I was fulfilling my life's destiny.
But as a little time passed, I noticed that
the footholds I had counted on were nowhere to be found,
and in places, the path was dark and obscured.
Nonetheless, I continued on.

I made it halfway when I noticed
That with each step I took, the path was getting steeper
and I was sliding backwards.
I began to struggle,
but the harder I fought, the faster I fell.

I had spent all of my life preparing
for this momentous expedition,
but in all of my planning,
I had never imagined that I would fail.
It was here, at the very bottom,
where I cried.

But as the tears dried, I looked around.
I could still see and feel the warmth of the sun,
and I knew my climb was not over.
So I took a deep breath, and slowly
slowly
pulled myself up off the ground.
I stood
this time no longer a child,
and for the first time,

I looked past the mountain and saw all
the beauty and mystery that the world offered.
I saw oceans and valleys
and mountains bigger than my own.

It was in this moment that I realized
that there were more obstacles out there for me.
Each one was not meant for me to conquer,
but each one was there for me to try.

*An Arabian aphorism***“He returned with Honain’s shoes”**

By Helmi Jazem -- Bear Facts Staff

It is said that someone called Honain was a business man in his small town. One day, he wanted to go out of town for a business trip. He did so, and returned with a camel full of goods. On Honain’s way back, a thief saw him and his camel with the goods; so, he thought of a way to steal the camel.

The thief took one of his good looking shoes and threw it in Honain’s way. After a half mile or so, and on the same way, he threw the other shoe. When Honain passed by the first shoe, he did not care.

“It is like new, but it does not have its mate,” said Honain, and he kept going. However, when he saw the other shoe, he said, “Oh, if I had taken the first shoe, I would have a perfect pair by now.” Honain then tied his camel to a rock to move faster back to the other shoe. As soon as Honain got far enough, the thief came out of hiding and took the camel and the goods.

When Honain finally made it back to his town, people asked him “What did you return with, Honain?”

“A pair of shoes,” he replied.

Since that day, the Arabian aphorism “He returned with Honain’s shoes” has been called anyone who intends to do something, but will not get what is expected: people who travel for business, but are unlucky, like Honain was, or students who go to school but do not get the full benefit.

Mike will pay several hundred dollars for his classes, but he will not attend all of them regularly. Teresa, on the other hand, will be satisfied with a D grade since she does not like the class, or the class as is elective. It is a pity that students will spend all of this money and time just to get credit added to their records.

We should know that every class we take in school is considered a new experience for us, and a new challenge that we have to pass successfully. Therefore, the more time we spend studying and attending the classes, the better grades we get, and the more information and experience we gain too.

I advise everybody to enjoy school and the classes he or she is taking. I advise them also to get the utmost benefit from every class to get more experience which for sure will help them in their career life.

As the new semester is beginning, I wish the best of luck to every one; and remember: do not return with Honain’s shoes.

The DMACC Boone Campus would like to express their condolences to Dan Ivis’ family on the death of his father. Ivis is the DMACC Media Relations Liaison who provides the *Bear Facts* and other local papers with news releases.



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Melinda's Musings

Did anyone else have a problem with the after holidays blu hoo blues?

From Thanksgiving to Christmas when non-student people are buying or making Christmas gifts, we the student people were finishing up assignments and preparing for finals. After finals we all breathed a sigh of relief, but it didn't last long.

There was freedom from assignments but not work. There were gifts to buy and cleaning to be done. After all four months of neglect had to be cleaned up before Christmas, decorations to put out and a Christmas tree to put up and decorate. The little one's Christmas dress needed made. Gifts needed wrapped. Cards needed sent. Children got out of school and the house needed recleaned. Not one gift was going to be unwrapped until the house was clean enough for pictures.

On Christmas Eve there were stockings to be filled. On Christmas Day there was dinner to be cooked, the ham, fresh rolls, sweet potatoes, green bean casserole topped with almonds, and pies baked(pumpkin and blue berry).

After Christmas day this writer was beyond exhaustion-- and talk about a bad attitude. For three days it didn't matter what the children got into. The toddler dumped a whole box of cereal on the floor and began to eat it. So what! The dishes stayed undone, the laundry piled up. Someone else can do it. The children watched as much television and movies as they wanted and it didn't matter. The promised gingerbread house never got made. In fact no baking got done this year.

If there is a moral to the story, it might be to keep from overextending oneself. Can that be done? It's doubtful. Perhaps just take one day at a time and collapse when it's over.

Weather Cancellation Awareness

If weather conditions in the early morning hours warrant, the decision to cancel classes due to inclement weather will most generally be made around 6 am. As soon as a decision has been made to cancel Boone Campus classes, the radio stations listed below will be contacted.

Listen to the following area radio stations for weather cancellations:

KASI-AM (1430) AMES
 KWBG-AM (1590) BOONE
 KCIM-AM (1380) CARROLL
 KKRL-FM (93.7) CARROLL
 KDLS-AM (1310) PERRY/ JEFFERSON
 KDLS-FM (101.7) PERRY/ JEFFERSON
 KLSN-FM (98.9) JEFFERSON
 KEZT-FM (104) AMES

Cancellation announcements will also be recorded on the Boone Campus telephone system. The announcements on the telephone system can be accessed by dialing 432-7203 directly or by contacting the Boone Campus through the toll free number 1-800-362-2127 and pressing 3 for Boone Campus.

If the weather conditions during the school day warrant an early dismissal the Dean will make the decision, notify staff and notify the radio station as soon as possible. The decision to cancel evening classes will most generally be made by 4:30 PM.

Packers bring Lombardi Trophy back to "Titletown"

By Jon Yanders, Bear Facts Staff

Last Sunday brought a close to the '96-'97 football season when the Green Bay Packers beat the New England Patriots, 35-21, in Superbowl XXXI. Not only did they win the Superbowl but they managed to topple the Dallas Cowboy bandwagon. Yes, all the fair-weather fans leaped to safety and they fell in the comforting arms of the seemingly forgotten Green Bay Packers. Now anywhere you go you can find people covered in head-to-toe cheese. The green and gold has even managed to find its way into the Boone DMACC, with each passing day you see more and more people sporting the classy elegance of Green Bay attire. You can hardly turn your head without seeing unfettered coats and hats gleaming with their newness.

As a true Packer fan of many years I have to congratulate myself, this is the first year of my life when I can say that I'm not a liar. You see, ever since I was a kid and someone would ask me, "Who's going to win the Super Bowl this year?" I would respond, without hesitation, the Green Bay Packers. And finally after years of loyal dedication they did it. But along with the Super Bowl ring, comes new found fans who want to share in the glory. I can only hope that none of these fickle fans turn their ankles jumping on and off of bandwagons.

But that's enough crying about the fan issue, I mean the Packers won the Super Bowl, what more could I ask for. I'll tell what I could have asked for. A half way decent half-time show would have been nice. All it was, was a bunch of old rockers trying to re-live their glory years by lip-synching their songs that were dug up from the grave. I mean look at them, they recreated the Blues Brothers by having Belushi's little brother stand in. And I don't know why John Goodman was there. Oops. ZZ Top forgot to plug their guitars in. And I'll just leave James Brown alone, that one is self explanatory.

After it's all said and done I have to say I'm happy with the outcome. I can manage to take the good with the bad when the good consists of a Packer victory. Reggie White's smile, Bret Favre's grin, and Desmond Howard's runback, and knowing that they are NFL's reigning champs makes it all worth while.

DMACC -BOONE BEAR HOOP SHOOT!

Hoop Shoot will be at each home game.

(Rules will be explained at the Shoot.)

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John Smith, DMACC baseball head coach

Smith enters IHSBCA Hall of Fame

By Jon Yanders
Bear Facts Staff

When you think of fame, what do you picture? Do you think of people living someplace far away? Well you don't have to look any further than right here on the Boone DMACC campus. Baseball coach John Smith was selected for the Iowa High School Baseball Coaches Association (IHSBCA) Hall of Fame and will be inducted on Feb. 8 in Cedar Rapids.

Smith is entering his 24th season as DMACC head coach. During his 23 years Smith has had over 40 players drafted into the professional ranks and many more that have moved on to Division I college stature. In 1989 Smith was recognized as the Junior College Coach of the Year and has led his teams to state, regional, and national tournaments. But if it's success in numbers you want, here's a taste of that. Smith boasts 613 wins and only 373 loses as head coach. That's a 62% winning record!

Smith played amateur ball in his home place in Herrick, SD, before going to college, earning his Masters Degree from the University of Northern Colorado. Coming to Boone as a college accounting professor, he was asked to become DMACC's baseball coach. Smith had had some coaching experience before coming to Boone, but not in baseball. But he has had plenty of baseball experience in his time. He has played amateur baseball and played across Europe with the military. "I've been playing ball since I was a kid. Really all my life." Smith said.

Smith gave a positive outlook for the up coming season, "(Next Season) looks good. We had a good fall and we have some good kids coming back." Smith hopes to continue his success as DMACC head coach. Good Luck, and congratulations!

Carlson takes over as women's coach this term

By Moses Lueth
Bear Facts Staff

DMACC Women's basketball has a new head coach, Kim Carlson. Carlson was handed the reins when Terry Jamieson, coach to both women and men, decided to focus on coaching one team.

Carlson a 26 year old is from Roland-Story has experience with basketball both as a player and a coach. Carlson played at Roland-Story High School and also at Iowa Lakes Community College. She coached at Roland-Story for two years.

Carlson's hiring process was unique in that she asked Jamieson if could help, and was hired as an assistant. Over the break, Jamieson made the decision to coach the mens, team and Carlson was asked to be the women's coach.

Carlson says the team's attitude is positive and the women are working hard in practices and games. Carlson also said that the players are working on improving their weaknesses and also improving their strong points. Carlson says there is overall improvement in all aspects of all the players' skills.

Carlson commented on the things that the team needs to work on. It changes from game to game, but overall the most difficult is the depth factor. The team only has eight players, and so they must work on conditioning and endurance. The team, like any other team, is nothing without fans. "We need all the fan support we can get," says Carlson.

Men's basketball sees return of Mann

By Moses Lueth
Bear Facts Staff

Cody Mann, men's basketball player from Arkansas, has returned to the team. Mann a freshman averages 14 points and 11 assists per game. The DMACC men's basketball team has a record of 4 wins to 12 losses.

There is reason for optimism though. All the current players are freshman and are likely to return next season. "The kids are putting it together," head coach Terry Jamieson said, speaking on the effort the team is giving.

Jamieson said one of the things that the team needs to work on is size, which can only be remedied by recruiting. Jamieson looks to recruit more people of size for next season's roster.

Also in store for next year for the program is the addition of a junior varsity team.

MATH HELP IN AAC Essay Contest Offers \$8,000

Need help with Math? The AAC staff will be glad to help you with arithmetic, algebra, and Business Math any time on a walk-in basis.

If you need help in Finite, Math for Elementary Educators, Trig, or Statistics, we have a math instructor available about 17 hours a week.

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Thursday 9-12:30

If you would like a peer tutor for additional help, please let us know. There is no fee for any of these services! Just come to the Academic Achievement Center in Room 102.

Through a national essay competition known as PROJECT: Learn MSTM '97, college freshmen, sophomores, and juniors can compete for an \$8000 scholarship award and raise funds to assist those suffering from Multiple Sclerosis. Sponsored by the Multiple Sclerosis Association of America, PROJECT: Learn MSTM '97 encourages students to write a 500-1000 word essay on Multiple Sclerosis, its effect on the

family, and how society can improve life for the physically challenged. All essays must include an official registration form, \$7.50 in prepaid sponsorship, and must be postmarked by April 11, 1997. Students are encouraged to raise additional sponsor money to win various prizes. For an official registration form, call MSAA at 1-800-LEARN MS.

Known as the most common neurological disorder of young adults, multiple sclerosis affects as many as 500,000 Americans. Symptoms can include blindness, extreme fatigue, tremors, and varying degrees of paralysis.

At present, there is no known cause, cure or prevention for MS. MSAA is a nonprofit health care agency providing direct patient care programs and services to assist those suffering from MS.

For more information, contact Peter Damiri, Public Relations Director, 609-488-4500 or the Multiple Sclerosis Association of America, 706 Haddonfield Road, Cherry Hill, NJ 08002.

Black Hawk County scholarship offered

The Margaret Short Memorial Scholarship program is designed to recognize, encourage and support outstanding Black Hawk County students who have selected the field of Leisure Services or Recreation for their careers. The criteria used for consideration will be based on the student's dedication, experience and commitment to the field of recreation, in it's broadest sense.

Residents of Black Hawk County who are full-time students (2nd year and beyond) enrolled in accredited institutions of higher education with a declared major in Recreation or Leisure Services are eligible.

Eligible students must complete the Margaret Short Memorial Scholarship application form and return it to the Director, Waterloo Recreation and Arts Commission, no later than Monday, April 7, 1997. The Scholarship Committee reserves the privilege of an interview if deemed necessary.

Submit applications by April 7 to: Vicki Collum, Scholarship Coordinator, Waterloo Recreation & Arts Commission, 225 Commercial Street, Waterloo, Iowa 50701.

Notice: Transfer students

College and University admission counselors and representatives will be in the Courter Center on Wednesday, February 5, from 9 A.M. - Noon to visit with students about transferring. Represented will be Iowa State University, University of Iowa, University of Northern Iowa, Drake University, Grand View College, Simpson College and Central College. ISU will also be represented by their International Student Office. On February 12, from 9 A.M. - Noon, ISU will have a representative from every college in the Courter Center, including their International Student Office, to speak with all interested students.

Bear Facts

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Editorial Policy

The *Bear Facts* welcomes all letters in an attempt to provide a forum for the many diverse views of the campus. The views expressed in the *Bear Facts* are not necessarily the views or endorsements of Des Moines Area Community College or the *Bear Facts* editorial board.

Letter Policy

Letters should be no longer than 200 words, signed and brought to the *Bear Facts* Room 210 and slipped under the door or mailed in care of the college. The *Bear Facts* reserves the right to edit as necessary for libelous content, profanity, copyfitting, grammatical or spelling errors and clarity.

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