

September 21, 1994

Vol. XXIII-Issue #1

Bear Facts

Des Moines Area Community College-Boone Campus

Addition taking shape

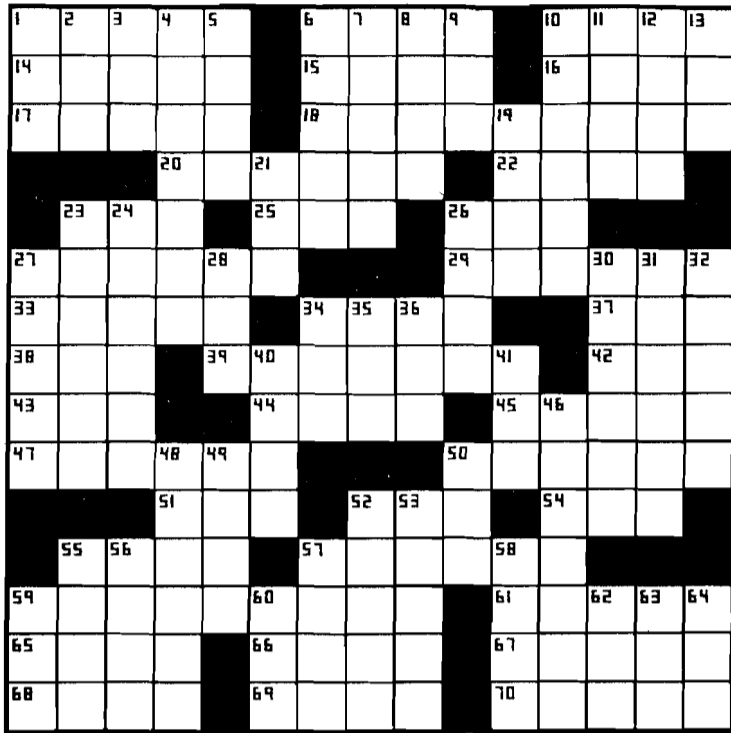


Cover Story-Page 4&5, Enrollment Numbers, Banned Book Week, New Librarian-Page 6, NFL on Fox, Baseball Strike,
College Football Playoffs?-Page 7, Old Codger, Stone Examines SAB-Page 3, Crossword Puzzle, Dear Right Hand
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CROSSWORD

ACROSS

- 1 Amphitheater
- 6 _____ upon a time . . .
- 10 Tablecloth fabric
- 14 *Learn the _____*, 31D quote, part 1
- 15 Follows three
- 16 "Yes, _____!" (2 wds.)
- 17 Inn
- 18 *Into the _____*, 31D quote, part 3
- 20 Dormant
- 22 Hwys.
- 23 Enemy
- 25 Tax agcy.
- 26 Friend
- 27 Pound parts
- 29 _____ play (2 wds.)
- 33 Vitals (abbr.)
- 34 *And don't _____*, 31D quote, part 2
- 37 Neither's pal
- 38 Baseball pro
- 39 Kleenex
- 42 Be in debt
- 43 "_____ you coming?"
- 44 *And is _____*, Euripides quote, part 4
- 45 Kept at a safe distance (2 wds.)
- 47 Withdraw
- 50 Babel and Eiffel
- 51 Pa partners
- 52 Yes
- 54 Aged
- 55 Former TV host
- 57 Gil, former Dodger
- 59 *Is a _____*, 26D quote, part 2
- 61 26D quote, last word
- 65 Laborer of old
- 66 Brief letter
- 67 Removed seeds
- 68 Pierre's summers



- 69 Michael Jordon, for one (abbr.)
- 70 Warms on stove

DOWN

- 1 _____ or nothing
- 2 _____ Grande
- 3 Beginning's opposite
- 4 *Whoso _____s learning*, Euripides quote, part 1
- 5 *On the briny*
- 6 Propose
- 7 People, places, things
- 8 Rudely brief
- 9 Sea eagle
- 10 A _____ learning, 26D quote, part 1
- 11 What prompter gives (2 wds.)
- 12 Automobiles
- 13 Dir.

- 19 Formerly Persia
- 21 _____ the season . . .
- 23 *For the _____*, Euripides quote, part 5
- 24 "Not _____!" (3 wds.)
- 26 Famous Alexander, English author
- 27 Movie award
- 28 Time abbr.
- 30 Peace or literature prize (2 wds.)
- 31 Famous playwright
- 32 Three-spots
- 34 _____ E, elec. engin. deg.
- 35 Amer.
- 36 Pies kids make
- 40 Famous March days

- 41 _____ Paulo, Brazil
- 46 Goody _____s (hyph., sl.)
- 48 Mirrors reflect these
- 49 Infrequent
- 50 Mark
- 52 *In his _____*, Euripides quote, part 2
- 53 Antique car
- 55 *Loses the _____*, Euripides quote, part 3
- 56 _____ Frank, diarist
- 57 Owl cry
- 58 Cut into glass
- 59 Actress Sandra
- 60 Cellular material
- 62 Irish grp.
- 63 Clear, as profit
- 64 Merchandise (abbr.)

Dear "Right Hand"

Advice is something we can all use at one point or another. Write me. Letters can be dropped off at anytime at the *Bear Facts* RM 210 or the main office slot labeled *Bear Facts*. Let me know your problems and concerns, and I'll help in finding solutions.

Dear Right Hand: I have a problem with my so called best friend She spends all her money on her scummy boyfriend instead of paying our rent She is also running up a huge phone bill because he calls her collect when he's drunk and calls her names. I have to pay the bills in order to keep the apartment and phone. This is a friend of nine years. How do I deal with her and still keep her friendship?

Answer: Try sitting down for a heart to heart talk. After talking to her both decide on a solution together. If all else fails, look for another place to live.

WANTED

Need assistance with chemistry project!
Need 1 biology & 1 physics student to help with project. Call Dave at 432-9189

2 chemistry students in need of partner from either physics or biology classes to help with science project. Call Tanner at (515) 386-2235 evenings after 6 p.m.



Something Missing?

Maybe we can help you find it!
You can find other college students at the First Evangelical Free Church 1407 Kate Shelley Drive, Boone 432-7690 and at our college class called TWENTYSOMETHING which meets every Sunday at 9:45 a.m.

YOU'RE LOOKING AT OUR SECOND SHIFT!



Take advantage of after-hours banking with our convenient ATM.

It's the little things!



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Old Codger:



CODGER RETURNS!

Holy Cow, Batman, the semester has just begun and I am already tired of cracking my three books. I can see my goal in sight but from this point on it's all up hill, or so it seems! This term I have chosen to make up for all the lost time before graduation because I'm taking, Cost Accounting, Intermediate Accounting I, and History (From the beginning to 1715). Unfortunately I chose the times for these classes to follow one right after the other so there's little or no time to socialize with my fellow smokers outside at the, sometimes wet, tables in the front of the school.

NO TIME FOR FRIENDS

I wasn't smart enough to pick times for my classes where there was a 20 minute spread between them so I'd have an opportunity to talk with my fellow students, sit down or stand around, and have a cigarette or three while catching up on the latest rumors and gossip. Take it from someone who has learned the hard way, be sure to allow yourself enough time to do the things in life that are necessary between classes when you look next semester for those bread and butter courses!

Well, our student newspaper will have a new look if the current editorial gang has their way. I think it would be appropriate to give the paper a new look. After all with so many new students parading through the halls nowadays, their heads bursting with joy at being in college, and their young faces still smiling because the first real tests haven't been given, and their eyes radiating

with eagerness to see and learn, I believe newness and change in appearance will do the paper good.

OLDEST STUDENT HERE

It seems like a thousand years ago when I was in their position walking down the halls looking for the room I was supposed to be in at such and such a time! In fact, it more than likely was...a thousand years ago. Since I am almost without a doubt the oldest student here, and because my history class is in reality mostly a review of past events for me, I feel like I can advise now and again. In fact, I'm old enough, or mature enough, to have filed for my retirement and young enough to be impatient enough not to be able to wait for the government to approve my claim.

The campus of good ol' DMACC-BOONE is in the process of changing right before our eyes! If you haven't noticed all the construction going on outside the front door, take a minute and look. There will be more class rooms, more space, lots of real academic atmosphere around here real soon. During the middle or late fall there will be noise in the halls, dust in the air, and four letter words wafting over head as some of the present instructor's offices are moved and removed to varying new locations throughout the innards of the main building.

NEW CAMPUS LANGUAGE

One thing I have noticed about our new crop of students is the form of "NEW SPEAK" they use to communicate with each other. George Orwell would have been very much intrigued by the choice of words being selected to describe, inform, categorize, classify, and otherwise convey an idea or thought. "SUCK" is one of those words. "This sucks!" "That sucks!" "How did your day go so far? It sucked!" This single word is used as a NOUN, VERB, ADJECTIVE, ADVERB, PARTICIPLE, and in sundry other grammatical connotations. I'm confused to say the least! Actually, I'm frightened, because I truly

understand the use of the word in all its contexts. Maybe I'm becoming attuned to campus life. Maybe I'm being absorbed by the younger culture because I associate with so many of my younger fellow students. Whatever. It's exhilarating to me to be among some of our future leaders!

URGED TO VOTE

Speaking of leaders. I hope everyone will take advantage of the ballot box this coming November and cast their vote for....

Notice, please, that I don't recommend any one candidate, party, philosophy, lobbying group, etc. I just want as many of my fellow students, who happen to be younger than me, to be to vote for some one because I want them to share the blame for whoever gets elected! And, speaking of a forever job... Did you know that we, as tax payers, pay for the health care of our government officials? It seems strange that they can get us to pay for them but when it comes to someone paying for us, they can't seem to find anyone to pay but US! All the wonderfully rewarding, and enriching, benefits they vote themselves come out of our pockets and in order to protect themselves they make laws making it damned near impossible for US to get some of our taxes back in the form of benefits like theirs... THERE'S SOMETHING THAT SUCKS!

MISSES AIDS AWARENESS POSTER

Well, those are the ruminations of this Old Codger for now. As you read this column remember what I've always said, "ARS SCRIBENDI NON FACILIS EST!" Don't forget to take advantage of the Academic Achievement Center for help with those subjects that are difficult for you. The people in there are part of your education too. I don't see that poster on the walls or bulletin boards that said something to the effect that "If you have AIDS you and your driver's license could both expire at the same time." NOW, THAT REALLY SUCKS!

AAC Offers Help

By Sonja Galvan
Bear Facts Staff Writer

Having a hard time in your classes? There's a place you can go to get help. The Academic Achievement Center, also known as the Learning Center, is located in room 102 on the Boone Campus, next door to the bookstore.

It's open Monday - Thursday, 8 a.m. to 8 p.m., and Friday 8 a.m. to 3 p.m. All you need to do is walk in and ask for help or call 432-7203 extension 1020, 1021, or 1022 or call 1-800-362-2127.

Seven instructors and three clerks will show you where to go and what to do. Jinny Silberhorn, the director of the AAC, said, "We hope all new students will stop in to see about what services we provide for them and we welcome any

suggestions students and staff might make to help us better serve the students."

A few of the subjects they will help with are math/finite, research papers, reading, English, composition, study skills, and more. If you need a tutoring assistant, they can find you one for statistics, finite math, accounting, or Spanish. For more information about the tutoring, come to the AAC and talk to someone. The center also has programs, such as, *Plato*, *Choices*, and *Where There's a Will, There's an A*.

Plato is a computer program that covers a wide range of subjects. It is used for review in math or English skills or you can use it for additional help in calculus, chemistry, and physics. *Choices* is another computer program. This one is designed to explore career options that will find your best skills for

What does the SAB stand for?

By Merridith Stone
Bear Facts Staff Writer

What is the student action board, and what is it all about? These are a few questions I set out to answer for the students, like myself, who haven't a clue what the S.A.B. is, or how they can become involved. The S.A.B., seemed to me almost non existent because of the lack of information. I found that it does exist and decided it was important to give out this general information to the student body.

The S.A.B. is responsible for the student activity budget and acts as the liaison between the students and the administrators. Members have the opportunity to voice their opinions and views on student related subjects, which means they are representing the student body as a whole. If you are not elected as a member, you will need to find one of these members to share with them your own views on subjects you feel involve you personally as a student.

The election will be held September 28 and 29. Applications for nomination should have been turned in by September 19. Ten members will be elected, and each member will also be asked to attend an all community college leadership conference which will be held on November 4, 5, and 6 in Des Moines.

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Moving forward a

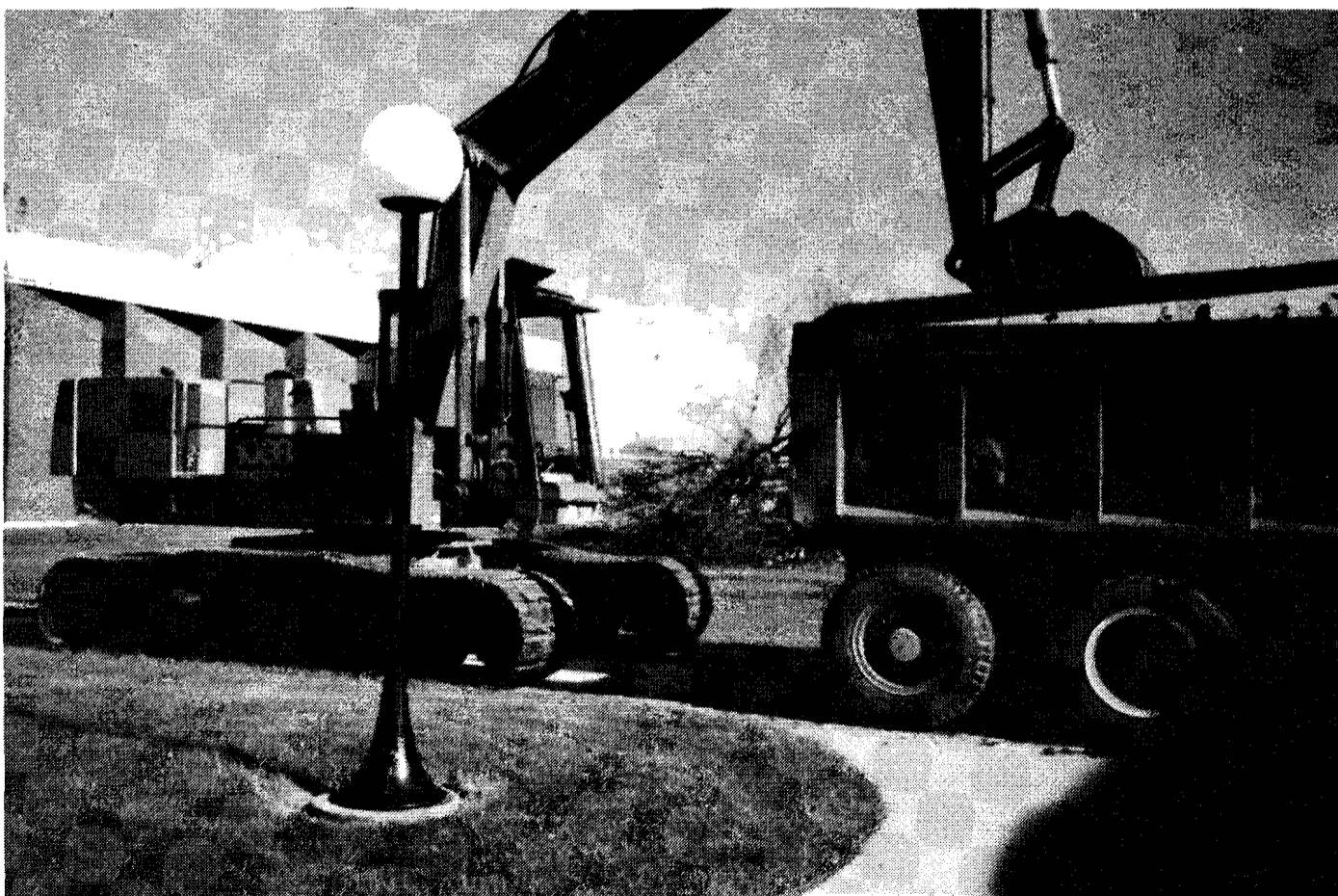
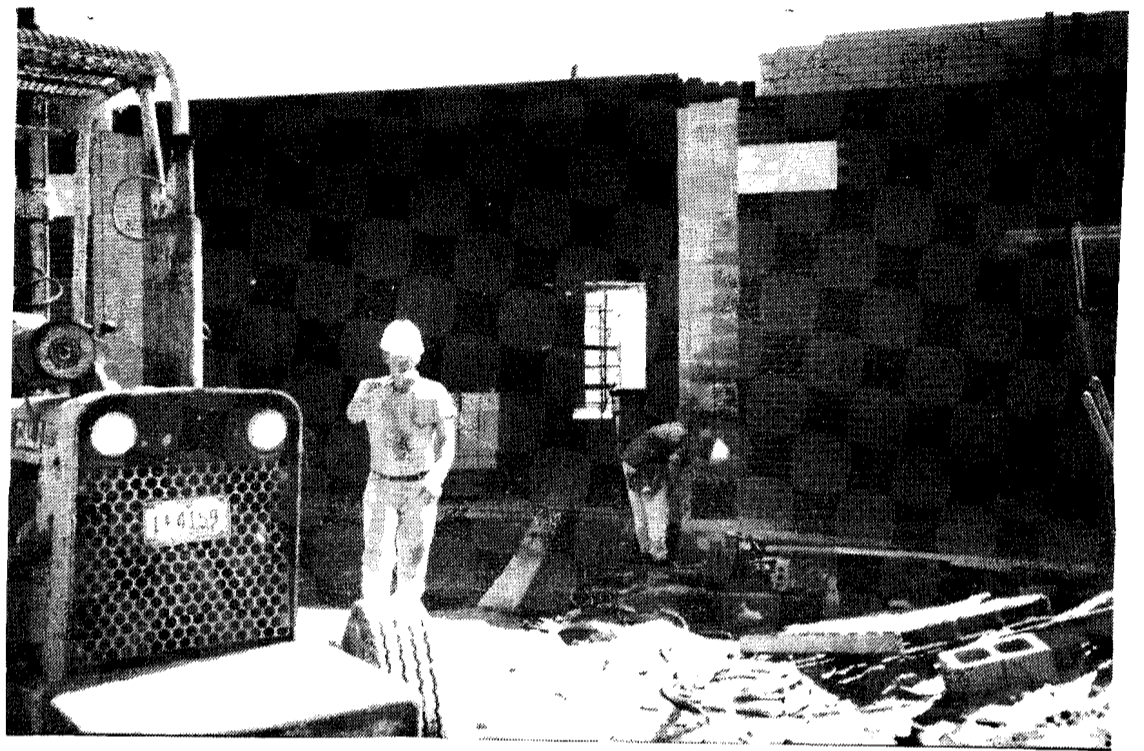
By Adam Wile
Bear Facts Staff Writer

You may know of the new construction outside of Des Moines Area Community College, Boone Campus, but some of you may not know what all of the construction is for.

The new construction is going to be a combination of a new student lounge and three new classrooms. The new building will connect the academic center to the athletic center. There will also be some remodeling in the academic center. This will consist of a new and bigger computer room which will be made out of the present student lounge. There will also be some remodeling in the office, making the office slightly larger.

All of this construction is being done by Sibel Construction out of Des Moines. They began construction at the beginning of May 1994. Sibel has been working on this project since then and has been on schedule. Executive Dean Kriss Philips from the Boone campus is rather pleased on how the construction has gone so far. The construction is expected to be done at the end of July 1995.

As far as the actual construction goes, Sibel had started out with the underground work. The underground work consists of putting in sewage pipes and some electrical works. And now that they have finished with that, they have started on the main body of this project. The main body is the hall that will lead from the academic center to the student lounge and then to the athletic center.

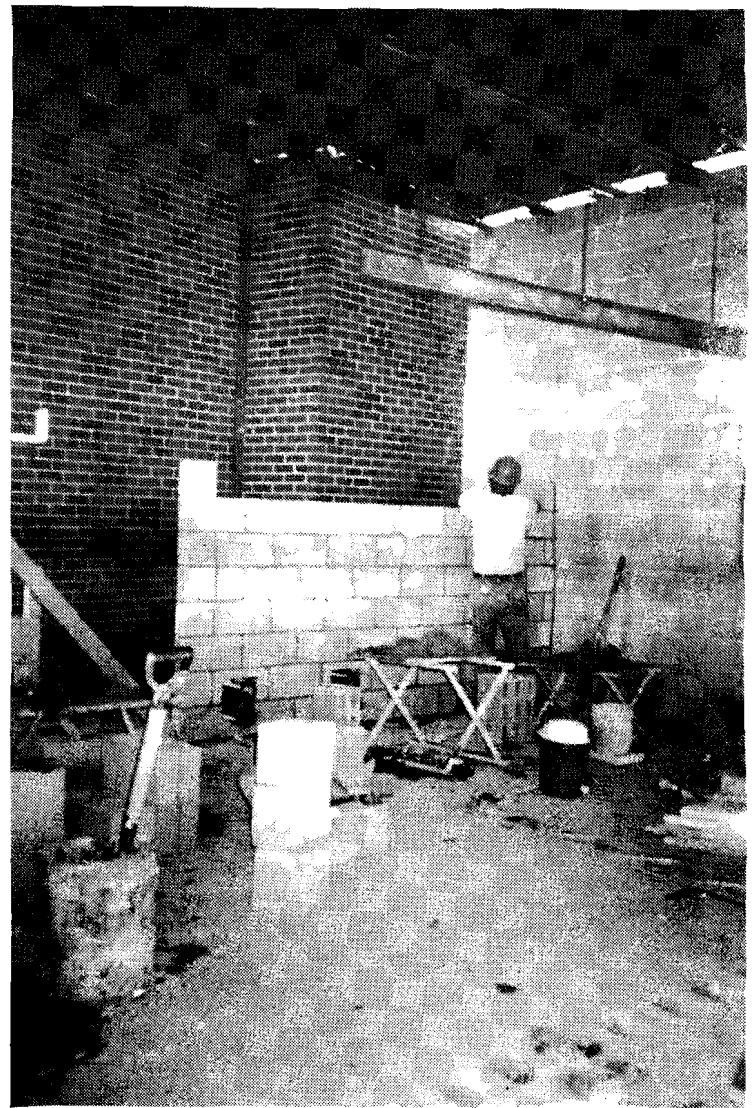
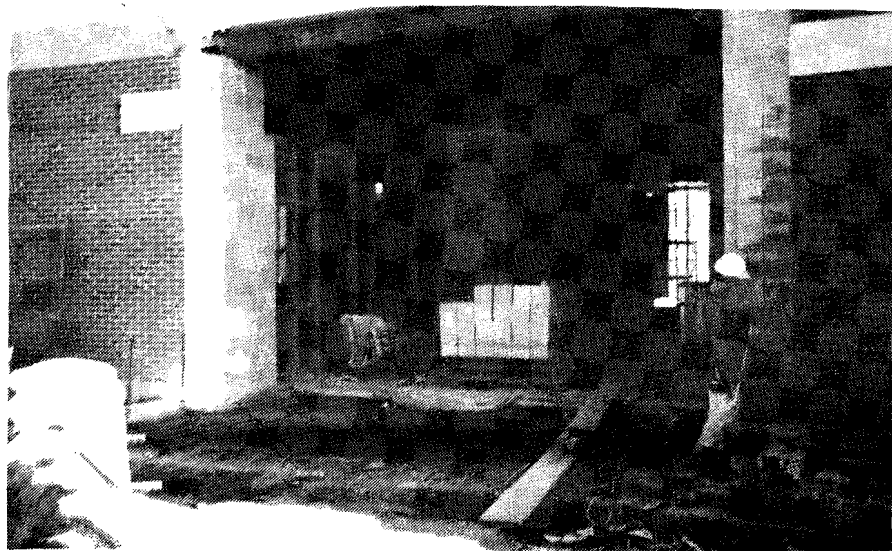


Cover photo by Adam Wile

He

*Stop by ou
about wha
through ou*
S

and looking back at Boone Campus



Count the pics
&
pick a prize!

How 's your toothpick counting skills?

1st Prize

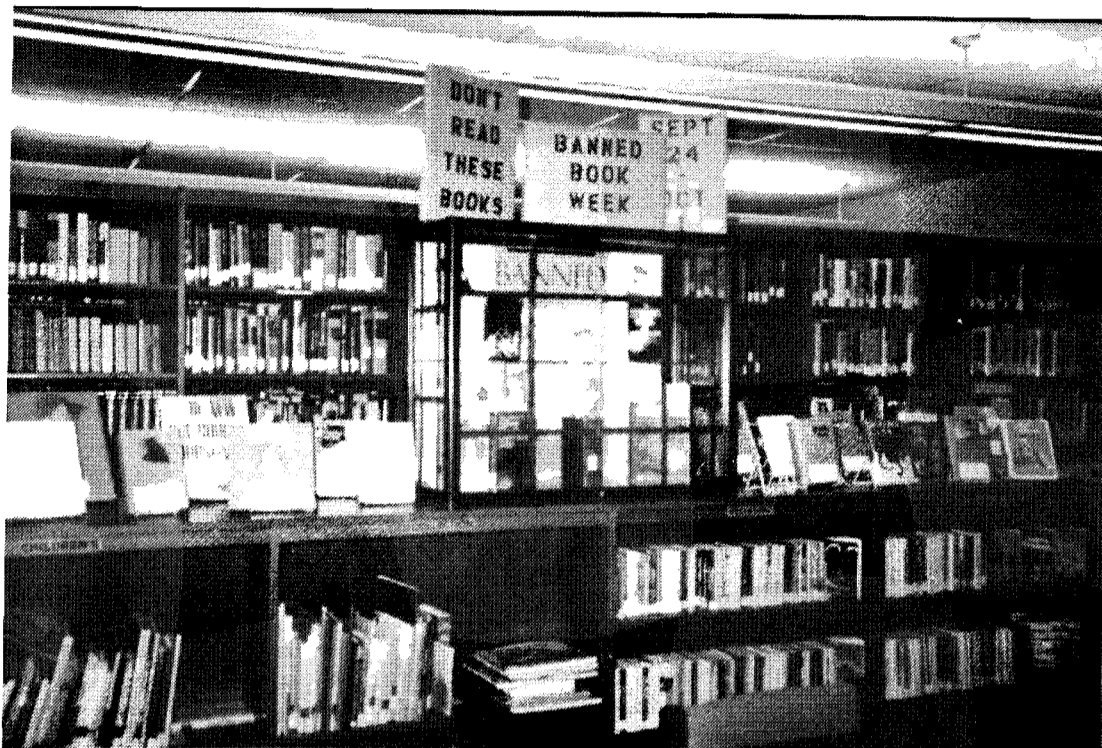
3ft. party sub from SUBWAY

at the table, make your guess and find out
how many we are and how much fun we have
had this year with projects and activities.

September 26th and 27th (Mon&Tues)
In front of the BEAR pit.



Library takes part in Banned Book Week



BY ERIN ELLIS

"Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press, or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances."

"The First Amendment"

Banned Book Week, a nation-wide promotion to celebrate the freedom to read, is scheduled from Sept. 24-Oct. 1. The event is sponsored by the Intellectual Freedom Committee (IFC) of the American Library Association.

The DMACC-Boone Campus Library is participating in the 13th annual promotion by displaying books that have been banned or challenged across the United States. In the past year alone, 158 books have been placed on the Challenged or Banned Book List. A list compiled by the IFC named 1098 books which have been considered dangerous, over the centuries, worldwide.

Ann Watts, librarian at DMACC-Boone Campus, stated, "People from the far right to the far left have challenged books. Parents have the right to know what their children are reading and

then take care of it, but they don't have the right to tell other children [what they can read]."

DMACC has never pulled a book due to offensive material, according to Brothers Grimm. Excessive violence, negative portrayal of female characters, and anti-Semitic references.

The issue of banning books has been touched on right here in Boone, IA. The *Outsiders* by Susan E. Hinton was challenged at the Boone School District in 1992 because the book glamorizes smoking and drinking and uses excessive violence and obscenities.

Winston Churchill stated, "Everyone is in favor of free speech. Hardly a day passes without its being extolled, but some people's idea of it is that they are free to say what they like, but if anyone else says anything back, that is an outrage." Fifty years later, Churchill's words are still true.

Watts.

"The whole point of a library is to represent all points of view," said Watts.

Everything from the Bible, to children's books, to dictionaries have been banned or challenged.

Banned Books: 1994 Resource Guide by Robert P. Doyle gives some examples of standard, award-winning, challenged books:

vulgar words.

-Handford,

Martin. *Where's Waldo?*

There is a tiny drawing of a woman lying on her stomach at the beach wearing a bikini but no top.

-L'Engle, Madeline.

A Wrinkle in Time. New age and satanic references. "The book sends a mixed signal to children about good and evil."

-Silverstein, Shel.

Where the Sidewalk Ends. A poem titled "Dreadful" talks about how "someone ate the baby." Challenged at the Fruitland Park Elementary School library in Lake County, FL (1993) because the book "promotes disrespect, horror and violence."

-Grimm, Jacob and

Grimm, Wilhelm K. *The Complete Fairy Tales of the*

The Holy Bible.

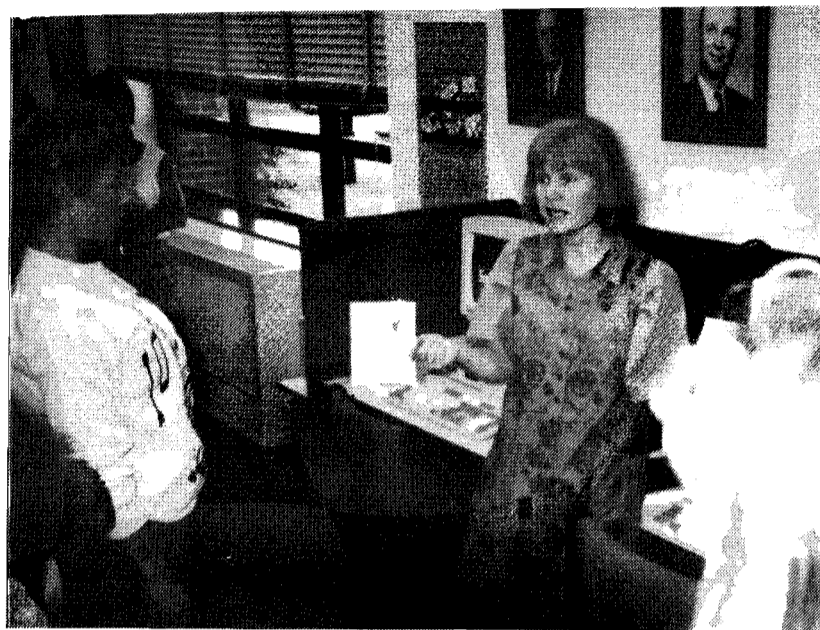
Challenged as "obscene and pornographic"; "contains language and stories that are inappropriate for children of any age," including tales of incest and murder. "There are more than 300 examples of 'obscenities' in the book."

-Webster's Third

New International Dictionary. One of the first unabridged dictionaries which included

Academic Achievement Center can help you pass that first test!

Watts energizes library



The new face in the library, here at the Boone DMACC Campus is Ann Watts. Watts, after receiving her bachelor's degree from Iowa State University, went on to the University of Iowa for her master's degree. She has been working in public libraries along the East Coast and in Iowa and said that this is her first experience working in an academic setting.

Enrollment figures in

By Rich Parizek
Bear Facts Staff Writer

Enrollment for Fall 1994 semester totaled 1097 students, compared to last fall's total of 1099 students. Enrollment for arts and sciences students totaled 888, and career education students totaled 209. Fall '93 totals were 900 and 199 respectively.

According to Executive Dean Kriss Philips, "Just as many full-time students are enrolled, but more students are taking just one class."

The total number of credits this fall is down 5.0 % from the previous fall. According to Philips, the credit decrease is due to an increase in the number of part-time students this semester. The average number of credits per student is also down from 9.75 in Fall '93 to 9.24 credits this semester.

"We had a very smooth and organized start, which was a tribute to the student body and a tribute to the Boone Campus employees," said Philips.

Rezoomers welcome 20

From the Rezoomers Club
DMACC, Boone Campus

The REZOOMERS CLUB welcomed over 20 new and returning adult students with free coffee and cookies on the opening day of classes in the Library Conference Room 131. The club offers adult learners the opportunity to meet others who are coming back to school after an absence of 2 to 20 or more years. The informal meetings are held the first Wednesday and the third Tuesday of each month in the Library Conference Room. Members eat lunch together (brown bag or from the Student Center), and come and go as classes permit between 11:30 a.m. and 1:00 p.m.

Short programs of interest to the group are presented during the year.

Club sponsor, Maggie Stone from the Displaced Homemakers Center, states, "REZOOMERS is a great way for new adult students to get acquainted. The group provides the opportunity to talk with others who are juggling school along with many other responsibilities. I encourage all adult students, both those who are new this fall as well as those who have been here previously, to attend our meetings."

October meetings will be held Wednesday, October 5, and Tuesday, October 18. For additional information, contact Stone in Room 128.

NFL runs with the Fox

By Angela Cherryholmes
Bear Facts Staff Writer

With the beginning of a new NFL season many changes will take place. New players, new coaches, and an innovative way of spending Sunday afternoon will be broadcast into our homes.

The creative approach to the otherwise ordinary Sunday afternoon broadcast is courtesy of Fox Broadcasting. This new approach is intended to entice and capture younger viewing audiences. Yet, Fox also wants to please the traditional NFL fan. Fox has a variety of ways they plan on doing this according to Vice President, General Manager Will Davis.

Already for the first two games of the season Fox has recorded a twenty percent increase in audience viewing. In comparison with the first two games of last season broadcasted on CBS. Not only did the game increase but Fox NFL Sunday earned twenty-eight percent more viewers than CBS' NFL Today for the same week one year ago.

Overall, audience response has been positive for Fox Broadcasting. With one exception of audiences reacting

negatively concerning Fox's choice of showing the Minnesota vs. Green Bay game instead of Tampa vs. Chicago. Mr. Davis said that shouldn't be a problem in the near future because Fox will soon be installing a system that will allow viewers to call and vote for the game they wish to see in their region. Though he guarantees if you're a Packers, Bears, or Vikings fan Fox has got you covered. These three teams are crucial in this region.

Even towards the end of the season Fox has more in store for you. They will be broadcasting all of the playoff games including the NFC championship game. This game could classify as the Superbowl itself only because in the past few years the Superbowl Champions have won the NFC. Though Fox may not be telecasting the Superbowl this year they can say they have great half-time entertainment. A few years ago Fox televised a live "In Living Colour" during the half-time of the Superbowl. That telecast received a larger viewing audience than the actual Superbowl half-time show. Mr. Davis guarantees Fox will again be very competitive at that time. For now Fox can look forward to and begin planning for their first Superbowl broadcast, in 1997.

Final four for college football

By Ryan Petersen
DMACC Bear Facts Staff

There is a definite problem in college football. Every year, 107 Division I football teams scratch, claw, and fight for a national championship only to be disappointed because of a vote. Yes that's right, the most diplomatic, but not always accurate way to decide who's number one.

For some strange reason coaches and newspaper and television reporters feel that they are qualified enough to say who the national champion should be. The fact is that many coaches vote against their rivals and rank teams that beat them much higher, making the poll very biased and inaccurate.

Here's how the system works: every week sports writers and coaches from all over the country rank the top twenty-five teams in the country (number one being the highest rank). The higher a team is ranked, the more points they receive. The scores from the Associated Press poll and the coaches' poll are then tabulated and the team with the most points is awarded the number one spot, the team with the second most is number two, and so on.

This system seems very nice and innocent until these self proclaimed sports geniuses have differences in their opinions. For example, during the first week of the season Florida was ranked number one and Nebraska was

number two. Florida went on to defeat New Mexico State by a whopping forty-nine points while Nebraska didn't even play. The following week the pollsters began messing with our minds by magically declaring Nebraska as the number one team despite the fact that Florida crushed their opponent. Chances are that this will happen again this year but hopefully it will not effect anyone's chances at a national championship.

This voting system has effected the declaration of a champion several times in the past few years. In fact, there has only been one undisputed champion within the past five years. Last year Florida State won a controversial game against Nebraska, while Notre Dame had no trouble defeating Texas A & M. Each team had only one loss, but the real controversy was that Notre Dame beat Florida State during the regular season and Florida State was awarded the national title. All of this happened because of only one reason, the college football poll.

If college football wants to compete with other exciting, money making playoff systems from other sports, then they must produce a true champion year after year. If college football is to survive in an extremely competitive market, then they need to let the players decide a championship on the field and tell the voters to leave their ballots at home.



What are your feelings on the baseball strike?

Sean Clubine --
They should stop being greedy -- get this thing over with and play ball.

Eric Olson --
I think the fans should go on strike because if nobody buys the tickets then nobody gets paid.

JoAnn Mosley --
They should come to a resolution soon because the players have families to support. So much time has passed and I think that they are out of focus.

Travis Stram --
They should at least try to get it settled and finish the season before the winter. I also think a salary cap would hurt the game.

Mary Muessigmann --
The players are being selfish and they should settle. Football has a salary cap, so why shouldn't baseball.

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432-5218

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monthly, summer-fulltime.

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Sales, Deck Hands, Casino
Workers.

No experience
(602) 453-4651

DMACC SOCCER TEAM

Now forming on the Boone Campus
to participate in tournament
sponsored by ISU

If you are interested, please contact:
Tawfik Maudah (515) 292-1212

or

Leave your name and number in the main office.

Poetry contest gets underway

The National Library of Poetry has announced that \$12,000 in prizes will be awarded this year to over 250 poets in the North American Open Poetry Contest. The deadline for the contest is September 30, 1994. The contest is open to everyone and entry is FREE.

Any poet, whether previously published or not, can be a winner. Every poem entered also has a chance to be published in a deluxe, hardbound anthology.

To enter, send ONE original poem, any subject and any style, to The National Library of Poetry, 11419 Cronridge Dr., P.O. Box 704-1981, Owings Mills, MD 21117. The poem should be no more than 20 lines, and the poet's name and address should appear on the top of the page. Entries must be postmarked by September 30, 1994. A new contest opens October 1, 1994.

Help offered for homemakers

**From Displaced Homemakers Office
DMACC Boone Campus**

Beginning its eighth year, the Boone Campus Displaced Homemakers Center, Project Self-Support, continues to provide services to single parents, displaced homemakers (those who are divorced, separated, widowed, or whose spouse is disabled), and single pregnant women. Each year, approximately 100 persons are served by the Boone Center.

Career assessment and counseling are available as well as academic, pre-enrollment, and financial aid counseling for those considering enrollment at DMACC.

Program coordinator, Maggie Stone, makes every

effort to be aware of existing financial assistance programs which can aid students in reaching their career goals. The Center has been awarded grants from both the Department of Education and the Iowa Commission on the Status of Women to provide services as well as financial assistance toward childcare and transportation to qualifying students.

"I encourage all students who feel they might qualify to check with me if they are experiencing financial difficulty with child care or transportation costs. Also, if you are experiencing difficulty with the balancing act of home and school, I'm available to listen and to pass along suggestions from others who have been there. Sometimes it just helps to talk. I'm here for that, too," Stone said.

The Displaced Homemakers Center will be sponsoring various workshops throughout

the year. A pre-enrollment workshop for adults who are considering enrollment will be offered during the fall term, and a pre-employment workshop offering job search skills will be offered in the spring. There will also be two hands-on computer workshops offered during the year.

Stone added, "Our goal is to assist displaced homemakers in their transition from home to the workworld...whether that is to help them find employment with the skills they already have, or to develop a plan for further education."

For additional information regarding the Displaced Homemakers Center, contact Stone in Room 128. Office hours are 8 a.m. - noon and 12:30 - 4:30 p.m. Monday, Tuesday, and Wednesday.

Enjoy a free classic movie

**By Rich Parizek
Bear Facts Staff Writer**

Every Wednesday starting at 6:00 p.m. in the auditorium, all staff and students are welcome to join Humanities 115 (Introduction to Film) in watching a movie. The public is also welcome to watch the films on Thursday's in room 206 starting at 12:50 p.m.

This semester's theme deals with film making and Hollywood in general. The class is taught by Jim Bittner.

Following is a list of the scheduled films and the dates they are to be shown:

- 9/21 *Singin' in the Rain*
- 9/28 *Sunset Boulevard*
- 10/5 *The French Lieutenant's Woman*
- 10/12 *The Purple Rose of Cairo*
- 10/19 *Icicle Thief*
- 10/26 *All About Eve*
- 11/2 *Cabaret*
- 11/9 *Chinatown*
- 11/16 *Blue Velvet*
- 11/30 *Bedroom Window*
- 12/7 *The Player*

If this sounds like you, don't ignore it.

Seeking help on National Depression Screening Day™ could change your life.

- Feelings of sadness or irritability
- Loss of interest or pleasure in activities once enjoyed
- Changes in weight or appetite
- Changes in sleeping pattern
- Feeling guilty, hopeless or worthless
- Inability to concentrate, remember things or make decisions
- Fatigue or loss of energy
- Restlessness or decreased activity
- Complaints of physical aches and pains for which no medical explanation can be found
- Thoughts of death or suicide

If you have several of the symptoms on this list for two weeks or more, you could have clinical depression. It's a medical illness that can be effectively treated in four out of five people who seek help.

On Thursday, October 6, 1994, depression screenings by mental health professionals will be available free of charge in communities across the country.

For Depression Screening locations in your area, call us at 1-800-262-4444 (after September 1).

An outreach event during
Mental Illness Awareness Week



TIPS

Buy recycled toilet paper. Recycling cannot work if there is no market for the recycled product. Complete the loop.

Please send your tip to:
GREENTIPS, 4830 W. Kennedy Blvd.,
Suite 280, Tampa, FL 33609

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FACT

American use enough toilet paper each year to stretch to the moon and back almost 670 times.

Three Learned Ones Quoted

A	R	E	N	A	O	N	C	E	L	A	C	E		
L	I	N	E	S	F	O	U	R	I	C	A	N		
L	O	D	G	E	F	U	R	N	I	T	U	R	E	
					L	A	T	E	N	T	R	T	E	S
					F	O	E	I	R	S	P	A	L	
O	U	N	C	E	S				O	N	E	A	C	T
S	T	A	T	S	B	U	M	P			N	O	R	
C	U	B			T	I	S	S	U	E	S	O	W	E
A	R	E			D	E	A	D	A	T	B	A	Y	
R	E	T	I	R	E				T	O	W	E	R	S
					M	A	S	Y	E	A	O	L	D	
P	A	A	R		H	O	D	G	E	S				
D	A	N	G	E	R	O	U	S		T	H	I	N	G
E	S	N	E		N	O	T	E		C	O	R	F	D
E	T	E	S		A	T	H			H	F	A	I	S

TONY'S

PRESENTS A GOOD TIME EVERY NIGHT

DMACC SPECIALS

MON. Free Pizza 8p.m. to 10p.m.

TUES. All the tap beer you can drink from 10p.m. to 2a.m. only \$4

WED. Tacos are only \$1.60 to 10p.m.

THURS. is the Tues. special

FRI & SAT. live music 9 to 1p.m. NO COVER!

SUN. Karaoke every other Sun night starting Oct. 16th 7 to 11 p.m.

COMING SOON DMACC TUESDAY NIGHTS

- * Fully automatic scoring
- * Restaurant & Lounge
- * Bumper bowling & game room

313 West 3rd St. Boone 432-6820

