



The Bear Facts

Volume XVII Issue 1

Des Moines Area Community College, Boone Campus

Sept. 28, 1988

Boone Campus welcomes you

Des Moines Area Community College and *The Bear Facts* staff extend a hearty welcome to you!

This first issue of *The Bear Facts* should help you become better acquainted with DMACC - Boone Campus.

The Bear Facts is created by members of the Journalism 123 publications production class. In the coming months, we will strive to keep you informed about what is happening at Boone Campus.

We will offer you features, photos, regular coverage of sports, various club news and much more.

You will also want to keep your eye on our advertisements which will often offer you special discounts.

Reporters are Angie Brelsford, Charlotte Brown, Dawn Ellis, Tracey Herrick, Marilyn Jepson, Lisa Miller and Travis Patterson. Patterson is the staff photographer, and Miller is the advertising representative. Jill Burkhart is the faculty advisor.

The Bear Facts stories are typeset at *The Ogden Reporter*, while layout work is completed at the *Boone News-Republican*.

The Bear Facts will be published monthly and is distributed free of charge to students, faculty, staff and friends of DMACC.

We welcome news stories and ideas. We also accept signed letters to the editor. Simply place letters, stories or ideas in *The Bear Facts* box in the main office.

Happy reading!

Graduation applications are due

Boone Campus students are reminded that candidates for graduation at the end of fall semester must submit an application for graduation by Oct. 1, 1988 in the main office.

A graduation fee must also be paid at this time.

If you have a question, you may contact one of the counselors.



Snack bar workers, from left, Jennifer Gibbs, Lee Strain (manager), and Amy Warnock take a break from working in the new kitchen facility in the Student Center. See story for details. Photo by Travis Patterson.

Student Center has a new kitchen

by ANGIE BRELSFORD
Staff Writer

Students this year are lining up at the newly remodeled kitchen facility in the lounge to purchase very reasonably priced delicious food items.

Kitchen hours are Monday through Friday, 7:15 a.m. to 1 p.m.

The kitchen was remodeled and expanded this past summer to better serve Boone Campus students.

Lee Strain, kitchen manager, believes more students are eating on campus and will continue to do so when the weather gets

colder. The kitchen offers breakfast, lunch and various snacks. The menu consists of soup, sandwiches, desserts, fresh bakery and produce items and much more.

Strain admits the big sellers are hamburgers and ice cream. Students should also look forward to seeing fresh oven favorites such as cinnamon rolls and cookies in the future.

"I really like to work with the kids," Strain comments.

Students currently working in the kitchen are Amy Warnock and Jennifer Gibbs.

SAB elections are set

Nominations for the Boone Campus Student Action Board (SAB) are now being accepted in the main office.

Nominations are to be handwritten and turned in during the week of Sept. 19-22.

Elections will be the following week, Sept. 28-30. A voting machine will be in the main office.

Election winners will be contacted by George Silberhorn Sept. 30 and the first meeting will be set.

Meetings will be held once a month.

The board consists of 10 members. Six are chosen at large, and the others are selected from various clubs recognized by the school including athletics, Nursing Students United, leisure studies, PBL and Rotaract. New members may be added if new clubs are started.

SAB

Continued on page 4

Cancelled classes pose problems for many

by MARILYN JEPSON
Staff Writer

Due to low enrollments in a number of classes this fall, 39 DMACC - Boone Campus classes were cancelled creating schedule changes for both students and faculty.

While the matter seems frustrating to those affected by the cancellations, Kriss Philips, dean of Boone Campus, said cancelled classes aren't uncommon here. In fact, he said there are usually more cancelled classes at the completion of registration than there have been this fall.

"Cancelled classes could be kept to a minimum if we only offered the core classes to our students; however, we do a certain amount of experimenting (in course offerings) to check out their needs," Philips said.

"Community college students are unique; they are trend setters," he added.

By offering a wider variety of course offerings to the students, Philips feels the administration can better understand and accommodate their needs.

The decision to cancel a class rests on Philips' shoulders. If a class doesn't have approximately 12-13 students enrolled, it is probably cancelled.

Exceptions are made. Experimental classes which do not have the minimum number of students usually run anyway, as do classes needed by students to fulfill their graduation requirements.

Contracted teachers are also taken into consideration when dealing with cancelled classes. Philips says he has an obligation to maintain enough units of work for them to fulfill their contracts.

Part-time teachers feel the blunt of class cancellations. In protecting the contracted staff, part-timers are the first to go.

"It's very disappointing to them," Philips said.

He cited a typical example this fall when a part-time teacher had been making preparations for a class for the past three months, only to have it cancelled. Parttimers realize,

however, there are no guarantees to their jobs.

Students feel the direct impact of cancelled classes as they are suddenly juggling their classes and making schedule changes.

Such was the case for Angie Brelsford and Lisa Miller, freshmen at Boone Campus. Both had registered for JNAD 125, principles of advertising, only to have the class cancelled after the instructor's first lecture.

Miller signed up for the class because she wanted to get a feel for advertising as a career. She was really disappointed by the cancellation.

"Now I'm kind of stuck. I wanted to be sure advertising is what I want to do," Miller said.

Brelsford, who commutes from Grand Junction, felt she had been let down because of the cancellation.

"I was really upset. When signing up for classes, they told me nothing about the possibility of cancellation, just that the class would be small. The only clue about cancellation to me was when the bookstore clerk told me to wait to buy the book because the class might be cancelled," Brelsford said.

The cancellation affected both of the girls' schedules. Miller switched her schedule around and picked up JNAD 123, publications production, but she also had to make some changes because of a class she's taking at Iowa State University.

Brelsford wasn't as lucky. "Now I have a two-hour wait between classes. I tried to add a class, but one was filled and I felt it was too late to join the other one," she said.

The cancellation has left Brelsford wondering.

"Will the class ever be a go? Will the other journalism classes be cancelled, too?" she questioned.

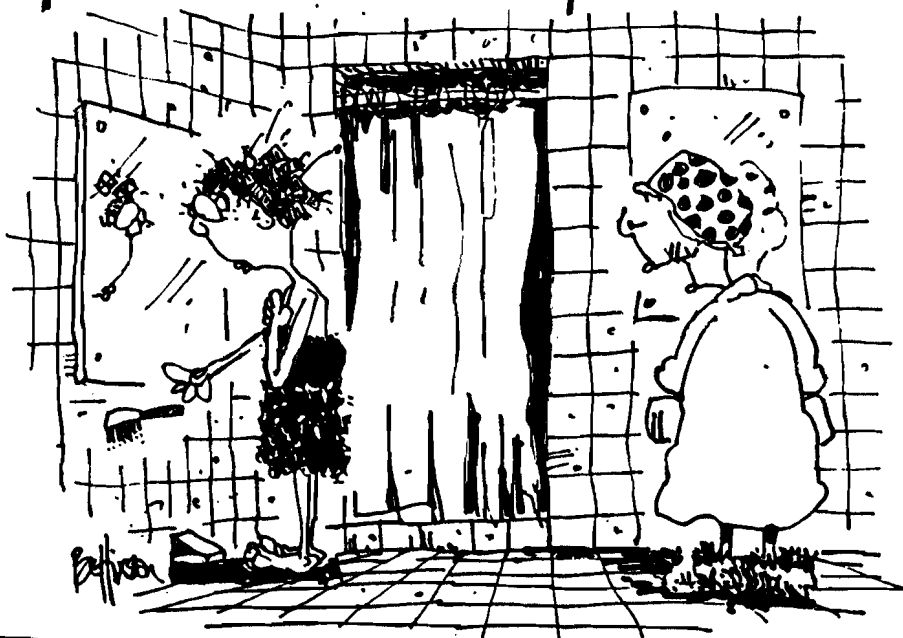
Jill Burkhart, instructor of principles of advertising, could

CLASSES

Continued on page 3

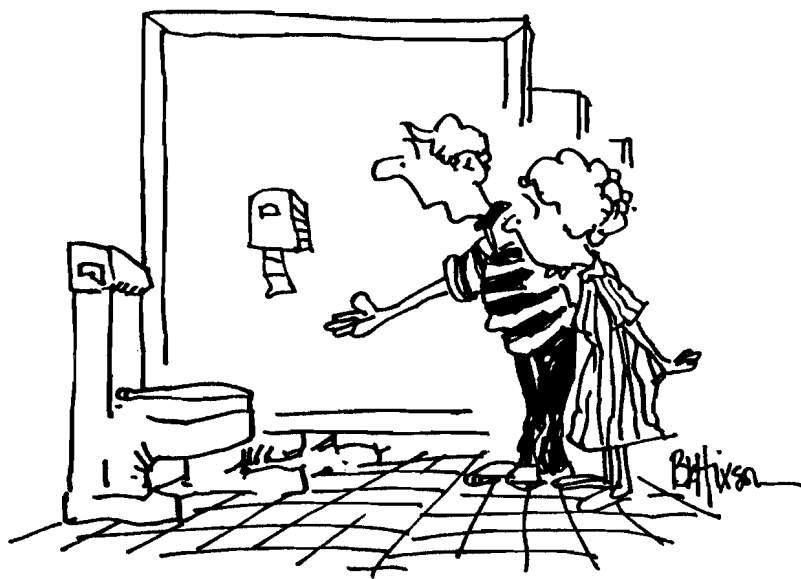
COMMENTARY

yer mamma didnt tell ya... — p.k. hixson



IT IS A UNIVERSITY REQUIREMENT THAT ALL FRESHMAN GAIN 15 POUNDS.

not required for graduation — p.k. hixson



THIS IS WHERE WE CRAM FOR MIDTERMS, CONTEMPLATE DECISIONS ABOUT THE FUTURE AND SPEND THE END OF 21 ST BIRTHDAYS.

Why did you choose Boone Campus?

by TRACEY HERRICK
Staff Writer

College is something that's become an important part of nearly everyone's professional life. People choose college for reasons such as training needed for a career, additional training for a job or to simply seek knowledge.

Fifteen DMACC students were recently asked why they chose to attend DMACC - Boone Campus. Here are their responses:

Gina Gilliam: To save money while living at home.

Missy Anderson: So I could keep working while carrying a full load (of credits).

Tony Cannon: Because it was cheap.

Kim Tonsfeldt: To enjoy the financial aid opportunities.

Carla Condon: For the benefit of living close to home.

Karel Engelstad: It's small, comfortable and easy to get around.

Darin Vote: Because it's close

to Ames.

Diane Duncan: It's a good point to start from.

Karon Gardner: Lack of funds.

Shelly Currier: It's a transitional period until I decide what to do.

Sabra Musser: You can take more specific classes here.

Carolyn Bonnicksen: It's inexpensive.

Amy Sprague: To establish a good GPA to take to a bigger school.

Kris Roselius: I didn't want the hassle of having loads of homework.

Marsha Miller: So I could go to school while my husband works.

Campus View

QUESTION: What do you like about DMACC?

by TRAVIS PATTERSON



JODI HUTCHISON

I like the smaller classes, and the teachers are easy to get along with.



DIANE DUNCAN

It will be an easier transition to Iowa State.



TAMI PORTER

I like the smaller classes and the friendly people.



ANGIE WEIGEL

It's a friendly place to be and classes are fun.

CAMPUS LIFE

Student Spotlight

by DAWN ELLIS
Staff Writer

Fast, red cars; long stemmed, red roses; and red, red wine are some of my favorites. Unfortunately, these are only things I dream of, but who knows what the future holds!" -Amy Warnock, Boone Campus student.

Amy Warnock, the subject of this month's Student Spotlight, was born in Storm Lake, Iowa April 17, 1969. Her parents are Toni and Tracey Warnock. Amy graduated from Humboldt Community High School in 1987, and is currently in her second year at DMACC - Boone Campus. Amy had only planned on attending DMACC for one year, but decided to get her associate arts degree before transferring to the University of Iowa. Her major is communications/public relations.

Finite math, American history, chemistry and sociology make up Amy's classes this semester. She said American history is her favorite class, even though it's a four-hour night class!

Besides having 15 credit hours, Amy holds down two jobs. She works over the noon hour in the Campus Center snack bar and also works at Godfather's Pizza in Boone. She admits two jobs, in addition to classes, are quite time consuming, but she feels learning the management techniques will help her in the long run.



AMY WARNOCK

One of Amy's biggest pet peeves is when people reach her answering machine and hang up!

Amy's long-term goals include finishing her college education, finding a stable job which she is successful at, and then beginning to concentrate on a family life.

She also wants to be happy because she sees so much sadness in our world. She will often smile or give a kind gesture to

bring a little happiness into someone else's day.

Amy said, "I feel honesty is one of the most important characteristics humans can possess. Manipulation, lies, and misconceptions only lead to an individual's downfall. People are very supportive and understanding if you are upfront with them, but when they feel deceived, it can permanently damage a relationship."

'Nurse Jane Goes to Hawaii' is fall play

by TRACEY HERRICK
Staff Writer

The Boone Campus drama department is pleased to announce practice for the fall production of "Nurse Jane Goes to Hawaii" is fully underway!

Director Kay Mueller recently held auditions with the following students earning parts:

Tami Porter, Mary Rhodd, Sean Santi, Jodi Mentzer, Paul Nelson and Kelly Dunphy.

The performance dates are Oct. 21-22 in the DMACC auditorium.

Watch for more details in the next issue of *The Bear Facts*.

Scholarship news

Here is some information regarding scholarships you may want to check out!

Scottish Rite scholarships

The Scottish Rite Charitable and Educational Foundation has allotted \$900 in scholarship aid for DMACC students. Awards will apply directly toward tuition and fees for spring semester.

Selection is on the basis of need and citizenship. Masonic affiliation is desirable, but not mandatory.

Applications are available in the Boone Campus main office. Deadline is Sept. 30, 1988.

Elks scholarship

The Elks National Foundation scholarship is open to any student planning to pursue an eligible voc/tech course. A high school diploma or equivalent GED is not required. This program is open to female and male students.

The program's main thrust is to reach the older prospective students who require training or retraining to enable them to become productive members of society.

The scholarships are in the amount of \$1,000 for two years.

Applications are available in the Boone Campus main office. Deadline is Nov. 25, 1988.

SUPPORT
THE
BEARS!

Soviet Union Year set

by MARILYN JEPSON
Staff Writer

DMACC campuses, including the Boone Campus, will be observing Soviet Union Year throughout the 1988-89 school year.

Administrators and staff members from the various DMACC campuses began meeting during the summer to share ideas and make initial plans for the event. Student members joined the committee in September.

Kriss Philips, dean, and Lee McNair, chair of the humanities department, are representing Boone Campus on the committee.

According to Philips, topics that will be covered to give students a better understanding of Russian culture are agriculture, food, education, health, sports, minorities and dissidents, literature, and industry and economic development.

In past years, DMACC has sponsored China, France, Japan and Mexico Weeks.

More information pertaining to Soviet Union Year will appear in later issues of *The Bear Facts*.

Cancelled classes here, affect students' schedules

(Continued from page 1)

do little to console Brelsford. Burkhart has been a journalism instructor at Boone Campus for about six years and during that time, JNAD 125 has run only a couple of times.

JNAD 125 is an elective at Boone Campus and doesn't directly affect a student's graduation status.

Philips said, "We struggle with electives because of a lack of demand."

There is a bright side to the students' plight. According to Philips, most students can work out their problems through the campus counselors.

"We try to hold problems to a minimum," he added.

Students enrolled in classes with several sections are often transferred to another section. Classes such as basic writing and math, with low enrollments, might be picked up and offered through The Learning Center.

At times, if it is feasible, two classes taught by the same instructor may run simultaneously. For example, Arts 102, fundamentals of drawing, had the required number of students

this semester. If some students had been interested in Arts 104, fundamentals of painting, the class would probably have been left open and the students would have met at the same time.

Philips sees no way of alleviating the problem without taking away from what Boone Campus, as a college, sets out

to do. He likes most everything about his job, but when it comes to cancelling a class, he said, "It's the most distasteful thing I have to do."

Philips added, "I think this is the best beginning of a fall term. We have about 800 students, about 100 employees; we've had minimal problems and we're growing!"



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Can you find the hidden Olympic events?

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| HANDBALL | SKIING |
| HOCKEY | SOCCER |
| JUDO | SWIMMING |
| LONG JUMP | TRIPLE JUMP |
| LUGE | WEIGHTLIFTING |



The Bear Facts

THE BEAR FACTS is the official student publication of the Boone Campus of the Des Moines Area Community College. The staff welcomes suggestions and contributions, which should be submitted to the editor. The newspaper is published nine times a year and is distributed free to the students, staff and friends of the school.

REPORTERS: Angie Brelsford, Charlotte Brown, Dawn Ellis, Tracey Herrick, Marilyn Jepson, Lisa Miller and Travis Patterson.
PHOTOGRAPHERS: Travis Patterson.
ADVERTISING: Lisa Miller.
ADVISOR: Jill Burkhardt

BOONE CAMPUS, DMACC
 1125 Hancock Drive
 Boone, Iowa 50036

Displaced Homemakers Ctr. begins second year here

Beginning its second year, the Boone Campus Displaced Homemakers Center - Project Self-Support, continues to provide services to single parents, displaced homemakers (those who are divorced, separated, widowed, or with a disabled spouse), and homemakers who have worked primarily in the home and have diminished marketable skills.

Career assessment and counseling are available as well as academic, pre-enrollment, and financial aid counseling for those considering enrollment at DMACC.

Program coordinator Maggie Stone makes every effort to be aware of existing financial assistance programs which can aid students in reaching their career goals. The Center has been awarded grants from both the Department of Education and the Department of Human

Services to provide services as well as financial assistance toward childcare and transportation expenses to qualifying students.

"I encourage all students who feel they might qualify to check with me if they are experiencing financial difficulty with childcare or transportation costs.

"Also, if you are experiencing difficulty with the balancing act of home and school, I'm available to listen and to pass along suggestions from others who have been there. Sometimes it just helps to talk. I'm here for that, too," Stone said.

The Displaced Homemakers Center will be sponsoring various workshops throughout the year. A pre-enrollment workshop for adults who are considering enrollment will be offered fall and spring semesters,

and a pre-employment workshop with job search training will be offered each semester.

Currently being developed is a workshop entitled "Women and Cars." This will present tips on buying a used car, winterizing and general maintenance procedures.

Stone added, "Our goal is to assist displaced homemakers in their transition from home to the working world - whether that is to help them find employment with the skills they already have, or to develop a plan for further education."

For further information regarding the Displaced Homemakers Center, contact Stone in Room 128. Office hours are 8 to 11 a.m. and 11:30 a.m. to 2:30 p.m. Monday through Friday, with hours until 4:30 p.m. Wednesday.

Toll-free number provides student aid information

The Federal Student Aid Information Center's toll-free telephone service provides information about federal student aid programs to students, parents, and educators.

Through the use of computer terminals, the Center's operators can access a student's application after it is processed, and can tailor the conversation to the student's specific situation.

The Center is staffed by trained professionals with expertise and experience in the areas of financial aid and higher education. The information specialists have undergone rigorous training in all phases of the federal student aid programs and are prepared to offer updated information on regulations and procedures.

Services of the Federal Student Aid Information Center include:

- Providing information about federal student aid programs through assistance in completing an application, names of schools participating in the programs, student eligibility, purpose of the Student Aid Report (SAR), explanation of the Student Aid Index (SAI) and Family Contribution (FC), and assistance with student loan and payment problems.
- Providing information about verification and assistance in filling out verification forms, and explanation of verification

process and procedures.

- Mailing publications of the U.S. Department of Education including The Student Guide, application for federal student aid, and many other publications.

The Federal Student Aid Information Center toll-free number is 1-800-333-INFO. You may call Monday - Friday from 8 a.m. to 4:30 p.m.

From *Education Update*, June, 1988.

Free catalog is now available

The U.S. Government Printing Office produces and distributes a free catalog featuring hundreds of new and popular government publications available for sale. The illustrated and annotated catalog features publications about energy, history, health, space, science, vacations, and much more.

The free *U.S. Government Books* catalog is being offered to the public and is part of an extensive program undertaken by the Government Printing Office to make the American public aware of the information and enjoyment available through U.S. Government publications.

The catalog is available for your viewing in the DMACC - Boone Campus Library.

SAB elections Sept. 28-30

(Continued from page 1)

Each member of the board must maintain a 2.0 cumulative GPA and have a minimum of nine credit hours.

SAB has a budget of about \$7,000 per semester. Supported by the budget are athletics, *The Bear Facts*, campus recreation cheerleading, drama, honor society, intramurals, maintenance of campus center, Nursing Students United, PBL, recreation club, Rotaract activities and student government.

Subsidiary boards are formed to aid in decision-making. These boards are programming campus life and athletics, professional development, and special events.

The programming board plans events such as concerts, parties, and dances.

The campus life and athletic board provides information concerning parking, library services, intramurals and the student newspaper.

The professional development board recommends lecturers and leadership groups while the special events group plans homecoming and spring fling.

This is your chance to voice your opinions! Vote for the candidate of your choice!

CLUBS

Rotaract plans for new year

by MARILYN JEPSON
Staff Writer

Rotaract, a Boone Campus and service community club, is planning its annual membership drive and other events for the new school year under the direction of last year's officers and Lee McNair, advisor.

The club, the campus division of Rotary International, has been in existence for 20 years. It has always been a coed organization even though its counterpart, the Rotary Club, has been a men's club and only opened its doors to women in the past year.

The main objectives of Rotaract are to develop leadership among its members and to expose them to community and campus services. The club also sponsors social activities.

In the past, the Boone Campus division of Rotaract has conducted a food drive at Thanksgiving. The drive often carries over into Christmas with a clothing and toy drive for needy individuals and families in the area. These activities are in conjunction with the Boone County Food Pantry and The Salvation Army.

In the spring, members visit the Boone County Care Facility sharing in games, dance exercises and fellowship with the residents. Also in the spring, the group sponsors a campus cleanup.

Last year's fundraiser for Camp Sunnyside brought about additional rewards. After receiving the club's gift, a Camp Sunnyside representative volunteered to deliver a slide and oral presentation to the Boone Campus group. After hearing the presentation, Boone Campus Rotaract member and officer, Alenia Osland, made the decision to work at Camp Sunnyside for the summer.

Anyone who is interested in becoming involved in campus and community services and would like to become a member of Rotaract, should contact Rotaract officers Alenia Osland or Rosie Moorman or advisor Lee McNair (Room 123) for more information.



The Bear Facts staff

This semester's *Bear Facts* staff, eager to "get the scoop" on all that's happening at Boone Campus, is, front row from left: Lisa Miller, advertising; Charlotte Brown, reporter; and Angie Brelsford, reporter. In back: Tracey Herrick, reporter; Travis Patterson, photographer; Dawn Ellis, reporter; and Marilyn Jepson, reporter. Jill Burkhart is staff advisor.

Attention adult students!

REZOOMERS to meet

The Boone Campus REZOOMERS is an informal group which meets during lunchtime from 11:30 a.m. to 1 p.m. the first Wednesday and third Thursday each month. Sponsored by the Displaced Homemakers Center, the meetings are for all adult students who are returning to school after some years away from an academic setting.

The group's first meeting of the year will be Wednesday, Oct. 5.

Students are encouraged to brown bag-it or buy lunch in the Student Center and meet in the Library Conference Room 131.

"This is a time to share ideas and feelings about returning to school, and to compare notes on how to juggle both home and school," Maggie Stone, club sponsor, said.

"Adult students may arrive when they can and stay as long as their schedules permit. It's a great way to get acquainted with other adult students," she added.

The REZOOMERS plan to sponsor mini-workshops of interest during some of their meetings throughout the school year. Other meetings will be simply for visiting and getting better acquainted.

For further information about REZOOMERS, watch for posters on campus or contact Maggie Stone in the Displaced Homemakers Center, Room 128.

PBL organizes for the 1988-89 year

by DAWN ELLIS
Staff Writer

Many of you may have heard of PBL since taking classes at Boone Campus, but you may not know exactly what it is.

PBL (Phi Beta Lambda) is a Boone Campus group of men and women who are interested in business as a career and the activities that involve businesses.

All students are invited to attend PBL meetings. A schedule will soon be posted.

A \$10 membership fee is required from those who wish to participate in local, state and national activities.

Group activities include sponsoring the Boone Campus

Christmas dance, making favors for nursing home residents, fundraising for the club, bake sales, and other community activities.

PBL also organizes the annual business workshop held at Boone Campus in the spring for high school students interested in business. Many Boone Campus business students from the area may have attended the workshop when they were in high school.

Two important conferences for the club this year are the PBL fall leadership conference, Oct. 7-8 in Newton for all Iowa clubs, and the PBL state leadership conference to be held April 14-15, 1989. The state conference will be sponsored by the

DMACC - Boone and Ankeny Campuses and will be held in Ankeny.

Officers were recently selected for the new year and include Beth Best, president; Bonnie Anderson, vice president; Janet McCaskey, secretary; Angie Wiegel, treasurer; and Lisa Seeman, historian.

Advisors for the club are Mary Jane Green, Vivian Brandmeyer and Gary Stasko.

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Nursing students urged to join nursing club

by ANGIE BRELSFORD
Staff Writer

All Boone Campus nursing students are eligible and welcome to join Nursing Students United.

NSU, led by President Pat Triska, is not only a social organization, but also a support club.

The club has no dues and provides a chance for first and second year nursing students to

get to know each other.

This past summer, NSU held many fundraising activities. The agenda consisted of a garage sale and a bake sale at Boone Campus. A potluck held in August welcomed nursing students and their families.

NSU plans to schedule a meeting soon. Watch for details.

COUPON

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COUPON

Go ahead! Enter the DMACC writing contest

Works may be submitted for the annual DMACC writing contest beginning Monday, Oct. 3, according to Rick Chapman, communications/humanities, Ankeny Campus.

Papers will be accepted through Monday, Dec. 7, 1988. Any DMACC student enrolled this fall may participate.

Awards

The awards include a tuition scholarship of \$250 for fall term, 1989, by the Ankeny Campus Student Action Board

(the contest's chief sponsor).

Cash awards include \$100 for best story and \$50 for runner-up and \$100 for best poem and \$50 for runner-up.

"We hope that all students, those returning, as well as those graduating or transferring, will feel welcome to enter their work," Chapman said.

Publication

Award-winning manuscripts and those receiving honorable mention may be published in Expressions.

Judging

Judges from DMACC will evaluate the manuscripts and award the prizes. They and the coordinator reserve the right to determine if prizes will be awarded in all categories.

Entries will be judged anonymously, for each contestant's work will be number-coded during the evaluation process.

Please keep copies of your work. Entries will not be returned.

Manuscript Standards

Participants must submit at least three original manuscripts and may submit up to five. The purpose of this requirement is to select the best writers, not just the best works.

Although no thematic guidelines must be followed, manuscripts must take the form of poetry, short fiction or personal essay (narrative only). (For those writers most interested in publications, the shorter the work, especially fiction, the more likely its publication.)

Manuscripts must be typed (double-spaced) and accompanied by a single cover sheet including the titles of the pieces, the author's name, college program, home address and phone number and a signed statement as follows: "The following pieces of writing are solely my own work. I am cur-

rently a student at DMACC (if you're interested in the scholarship, add that you plan to be enrolled in fall, 1989). I do not object to the publication of my writing if it is properly acknowledged."

Title each piece, but leave your name off since each will receive your entrant number to ensure your anonymity.

Routing

Send your work to: DMACC Creative Writing Contest, Rick Chapman - Contest Coordinator, Humanities and Public Services Dept., Building 2 - Ankeny Campus, 2006 S. Ankeny Blvd., Ankeny, IA 50021.

More Information

If you need more information or have a question about the DMACC creative writing contest, see your composition instructor or Sunny Powers in The Learning Center.



Keep your skin looking healthy

(Editor's Note: Beginning with this issue, The Bear Facts will run monthly articles entitled "Skin Deep" which will pertain to various aspects of caring for your skin. The stories are by the American Academy of Dermatology and will be found on our health page.)

Even though acne happens mostly to teenagers and young adults, it is the most common skin disease in the U.S. Studies have shown about 85% of people between the ages of 12 and 25 years are affected to some degree by the disease.

If acne is such a common problem, it would stand to reason that the skin condition would be well understood. Not true. Despite extensive efforts by dermatologists, myths and misconceptions about acne are still with us.

Tops on the list of myths is that food causes acne. For many years, foods such as chocolate, peanuts and cheese were felt to aggravate acne. That's just not true. The degree of acne a person suffers is pretty much genetically determined. That means if your parents didn't have bad problems with acne, you probably won't either.

If the degree of acne is pretty much predetermined, then the most important thing a person can do is use basic skin care to control it. The skin should be washed twice a day with a mild soap and rinsed with water. This removes the excess bacteria, an oily substance called sebum, and dead skin cells. Some cosmetics and hair products can also block pores. Stick to major brands, since these are most likely to have been tested, and use them only when needed. The skin should not be rubbed a lot or cleansed with scrubs because that could aggravate acne.

A number of over-the-counter acne preparations are available in drugstores and pharmacies without a doctor's prescription. Some contain an ingredient called salicylic acid, which helps to unblock pores and allows them to drain. Other acne preparations contain benzoyl peroxide which penetrates skin pores and kills the bacteria involved in the formation of pimples. The benzoyl peroxide products are available in either 5% or 10% concentrations and may cause the skin to dry out. If that happens, a moisturizer may be helpful. Be sure to look for one that says "non-comedogenic" on the label. That means it doesn't contribute to acne.

In some cases, acne will not respond to these fairly simple skin care steps. That's when it is necessary to talk to a dermatologist, a physician who specializes in skin problems. A dermatologist can put together a treatment program using antibiotics, drugs made from vitamin A, or hormonal therapy to suit an individual's specific needs.

A prescription drug that has been making a lot of news lately is Accutane (TM) or isotretinoin. Isotretinoin is made from vitamin A and taken in pill form. Available since 1982, isotretinoin is reserved for patients with a severe form of acne known as nodulocystic acne, which does not respond to conventional acne therapy. Isotretinoin is very effective against this form of acne, but there are side effects. Women who are pregnant or become pregnant while taking isotretinoin are likely to have babies with severe birth defects. Physicians who prescribe isotretinoin need to make women aware of this and to ensure they are on some form of reliable birth control.

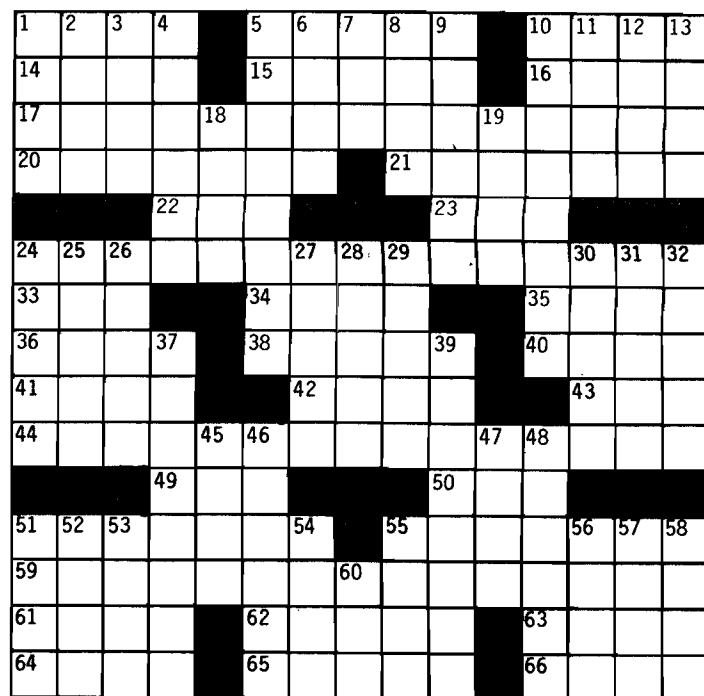
Despite being so common and, in most cases, limited to a specific period in a person's life, acne is an important disease because many cases are so severe that they affect the sufferer emotionally. People with bad cases of acne tend to be more withdrawn and think poorly of themselves compared with those who don't suffer much from the disease.

Acne occurs mainly on the face, chest and back because these areas of the body have large numbers of oil glands known as sebaceous glands. At the time of puberty, when the human body is maturing from child to adult, hormonal changes cause sebaceous glands to get bigger and produce increased amounts of sebum.

Despite the fact that millions suffer from acne, it is still a frustrating problem. Over-the-counter preparations are available and helpful. Individuals who don't respond to these products should consult a dermatologist.

For more information about acne, write Skin Deep, American Academy of Dermatology, P.O. Box 3116, Evanston, IL 60204-3116.

collegiate crossword



© Edward Julius

ACROSS

- 1 French head
- 5 Basketball move
- 10 Raise —
- 14 October's birthstone
- 15 One-celled animal
- 16 '50s song, e.g. (var.)
- 17 Republican election nightmare (2 wds.)
- 20 Tyrants
- 21 Tennis tournament favorite (2 wds.)
- 22 Mr. Whitney
- 23 Common tattoo word
- 24 House of —
- 33 Be human
- 34 Inter — (Lat.)
- 35 Mr. Waggoner
- 36 Eat —
- 38 Undeliverable mail or water sprite
- 40 Chicken —
- 41 First-rate
- 42 Word of warning
- 43 Compass point
- 44 Former Time Magazine "Man of the Year" (2 wds.)
- 49 To be announced: abbr.

- 50 Grecian —
- 51 Classroom need
- 55 Stupid
- 59 Party meeting of sorts (2 wds.)
- 61 Footnote abbreviation
- 62 Miss Comaneci
- 63 Neon —
- 64 Yield
- 65 Inexperienced
- 66 Do in, as a dragon

DOWN

- 1 Mary — Lincoln
- 2 Fencing sword
- 3 Scottish caps
- 4 Romeo or Juliet, e.g.
- 5 Party supporter
- 6 " — corny as..."
- 7 Certain doc
- 8 Newspaper section, for short
- 9 Washington seaport
- 10 Dairy product (2 wds.)
- 11 Opposite of aweather
- 12 — fixe
- 13 The Big Apple's finest (abbr.)
- 18 Mr. Porter
- 19 "Out, damned —..."
- 24 Part of some newscasts
- 25 Diamond bungle
- 26 Lying flat
- 27 Omit in pronunciation
- 28 VP in '53
- 29 Tarnish, as a reputation
- 30 Competing
- 31 Actress Verdugo
- 32 The — Sisters
- 37 " — Story"
- 39 Of ancient W. Italy
- 45 Casino words
- 46 Adventurous
- 47 Assam silkworm
- 48 Invalidates
- 51 The Odyssey, for one
- 52 Ceremonial garment
- 53 Put — on (cover up)
- 54 Dermatological mark
- 55 "I cannot tell —"
- 56 Suffix for poet
- 57 Legendary Roman king
- 58 Catch sight of
- 60 Suffix for block

Enrollment is up 2%

by MARILYN JEPSON
Staff Writer

DMACC - Boone Campus set another enrollment record for the fall semester, according to figures released Thursday, Sept. 8 by Paula Trowbridge, secretary to the dean.

Approximately 789 students are registered at Boone Campus this fall, representing a 2% increase over last fall's enrollment of 771.

Dean Kriss Philips, who began at Boone Campus 6½ years ago, said there has been continuous growth during his tenure with student enrollment increasing from less than 600 to nearly 800.

What makes the Boone Campus increase in enrollment unique is the fact that the vast majority of students are full-time, according to Philips. This is in contrast to other community colleges which have a lot more part-time students.

Philips feels there are several reasons for the college's growth, including the Iowa recession several years ago which left many Iowans without work and depending on education to provide them with a means of finding a more secure job.

In addition, parents had to find a more economical way of providing a higher education for their children. Boone Campus and other community colleges provided an economical answer.

Philips said these families discovered DMACC offered students a quality education, so they continued to send their other children here even after the recession ceased.

"It has become more acceptable to attend community colleges, and we're doing a better job of promoting our campus," he said.

Philips also feels class size is a drawing card as most classes average 14-15 students with the largest having not more than 30.

With universities developing more stringent entrance requirements, many students have turned to Boone Campus. Philips feels this does not necessarily reflect the students' capabilities because the majority transfer to other universities and continue to be successful in their endeavors.

Philips doesn't look for any major increases in enrollments during the coming years.

"I think we've reached a plateau," he commented.

With Iowa's population decreasing, especially in the rural areas, it's difficult to expect any major growth, he said.

Philips isn't discouraged by this as he sees more women between the ages of 30-40 returning to school which should help balance the problems associated with Iowa's decreasing population and keep Boone Campus' enrollment steady.

Free AIDS pamphlet available

A free AIDS awareness pamphlet entitled "Let's Talk about AIDS," developed by the American Society of Internal Medicine, is now available.

The pamphlet encourages people to get the facts about AIDS and establish open and honest communication with

their personal physicians - one of the best sources of credible, accurate information about AIDS.

The easy-to-understand information in the pamphlet complements the Surgeon General's booklets mailed to households nationwide, by providing a

framework for discussion about AIDS with a personal physician.

It outlines clearly what patients should discuss regarding low and high risk sexual behaviors, whether or not to be tested, confidentiality of information and prevention of the

disease.

One pamphlet is available free to those who send a stamped, self-addressed, business-sized envelope to American Society of Internal Medicine, P.O. Box 96005, Washington, DC 20090-6005.

The party begins.

I can drive when I drink.

2 drinks later.

I can drive when I drink

After 4 drinks.

I can drive when I drink.

After 5 drinks.

I can drive when I drink

7 drinks in all.

I can't even handle a pen.

The more you drink, the more coordination you lose.
That's a fact, plain and simple.

It's also a fact that 12 ounces of beer, 5 ounces of wine and 1¼ ounces of spirits all have the same alcohol content. And consumed in excess, all can affect you. Still, people drink too much and then go out and expect to handle a car.

When you drink too much, you can't handle a car.
You can't even handle a pen.

A public service message from Will Rogers Institute

Student poets urged to enter contest

A trip to Hawaii for two is the new grand prize in the American Poetry Association's latest poetry contest. There is also a \$1,000 first prize. In all, 152 poets will win \$11,000 worth of prizes.

Contest entry is free.

"Students have been winners in all our contests," said Robert Nelson, publisher of the Association.

"I urge students to enter now. Later, they may be too busy with exams," he said.

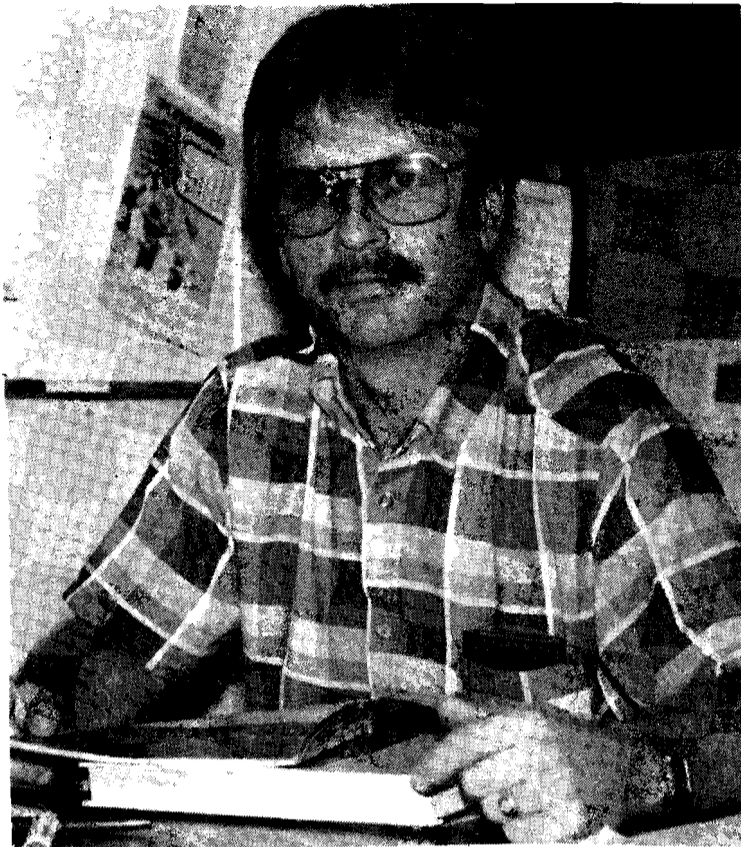
Poets may send up to five poems, no more than 20 lines each, with name and address on each page to American Poetry Association, Dept. CN-74, 250 A Potrero Street, P.O. Box 1803, Santa Cruz, CA 95061.

Poems are judged on originality and sincerity. Every poem is also considered for publication.

In the last six years, the American Poetry Association has sponsored 27 contests and awarded \$101,000 to 2,700 winning poets.

Poems postmarked by Dec. 31 are eligible to win. Prizes will be awarded by Feb. 28, 1989.

Teacher Feature



JOHN DORAN

Doran finds DMACC just the right size

by DAWN ELLIS
Staff Writer

When asked to comment on his favorite thing about DMACC, John Doran replied, "I like the size of the campus, and the enrollment is not too big or too small; it's just right."

Doran, the subject of this month's Teacher Feature, teaches finite math, statistics, and calculus. He started teaching at DMACC - Boone Campus in the fall of 1980. Before coming here, he sold quality insur-

ance for Motorola.

Doran decided to become a teacher because of the variety involved and the fact that something different happened every day.

John did his undergraduate studying at UNI in Cedar Falls, receiving a BA there and then continuing his studies at San Diego State University, earning his MA.

Originally from Tama, Iowa, John resides in Boone. He has two children, Jennifer and Jeffrey.

NEWS BRIEFS

Open gym

Open gym at the DMACC - Boone Campus gymnasium will be held every Tuesday, Thursday and Sunday evening from 7 to 9 p.m., according to Sabra Borich, intramurals coordinator.

"Also, watch for more intramural activities to be held Sunday evenings. Announcements and signup posters will be posted on the wall near the Campus Center," she added.

Singers welcome!

All students, faculty and staff are welcome to join the Boone Campus Singers!

There is no fee, no auditions are required and no credit is earned.

The group meets Tuesday and Thursday from 12:50 to 1:20 p.m. in Room 116.

"We sing for fun," Mr. Loos, music instructor, commented.

A performance will be scheduled later in the year. Those interested should contact Loos, Room 116.

Hours you should know

For your convenience, important hours of various areas on campus are listed below.

The Learning Center hours are: Monday - Thursday, 8 a.m. to 8 p.m.; Friday, 8 a.m. to 3 p.m.

The library hours are: Monday through Thursday, 7:30 a.m. to 8:30 p.m.; Friday, 7:30 a.m. to 4 p.m.

The bookstore hours are: Monday through Friday, 8 a.m. to 12:30 p.m. and 1 to 4:30 p.m.

Main office hours are: Monday through Friday, 8 a.m. to 4:30 p.m.

Summer enrollment down

Summer enrollment at DMACC - Boone Campus fell slightly, according to an Aug. 17, 1988 release from Kriss Philips, dean, Boone Campus.

Approximately 384 were enrolled in summer classes, compared to last summer's enrollment of 390.

New teachers welcomed

by TRACEY HERRICK
Staff Writer

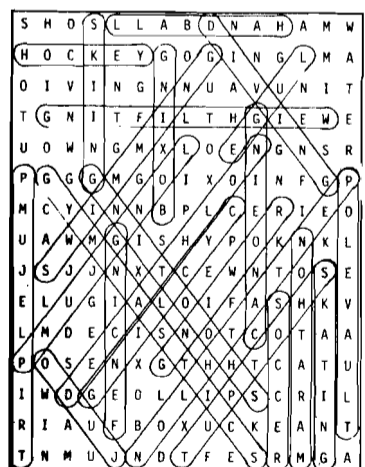
DMACC - Boone Campus would like to welcome the following full- and part-time teachers to the Boone Campus.

Part-time teachers, their classes, and office numbers are:

- Loren Bawn, Composition II, Room 136.
- Janice Benson, adjunct nursing instructor, Room 222.
- Rebecca Diane, human services, Room 136.
- Michael Hanna, composition instructor, Learning Center employee, Room 106.
- Glen Kietzman, health science anatomy, Room 136.
- Michael King, composition, Room 136.
- Barb Vaske, art instructor, Room 123.
- Cecilia Garcia Wall, Spanish, Room 136.

New full-time teachers are Lou Blanchfield, an adjunct nursing instructor, Room 129, and Bruce Kelly, who teaches political science and history/government, with his office in Room 122.

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COMMUNITY
COLLEGE



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OPAL AMEBA OLDY
DEMOCRATICS WEEP
DESPTS TOPSEED
ELI MOM
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ERR ALIA LYLE
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